VitaShake...Nutrition Packed Whole food Meal

- **Looking for** a way to feed your family with whole foods packed with nourishment?
- Wondering if organic is really worth the extra cost?
- Done gardening but found it time consuming and the harvest not too abundant?
- Concerned because our soils are depleted requiring more supplementation?
- Have food cravings that indicate not enough good nourishment and good bacteria in the gut?
- Tried weight loss but because the body was not healthy and didn't have enough internal energy, the weight just came back? Tried vitamins, but realize that the body needs whole food rather than isolates to really be healthy?

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• Been looking for real whole food?

VitaShake to the Answer! My body loves it. Felt the difference almost immediately? **Best Hot chocolate ever!**

- No stimulants
- No sugar
- Wonderful whole foods loaded with nutrients
- All in hot chocolate
- For those that don't like chocolate Fruit Shake
- Seven whole foods NuPlus our "Manna" whole food concentrated 8-10

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- There are **44 vitamins** and minerals **BONDED** onto the food so the body recognizes these additions as part of the whole foods vs. isolates simply added vitamins. Isolates can really upset the delicate balance of the body.
- Plus a wonderful fiber that acts like a **PRE** biotic for a healthy gut.
- **Healthy Soy** not like the typical soy that so many have problems with
 - Never GMO
 - Prepared with a slight fermentation
 - Prepared in Oriental cultures for centuries no problems with negatives of soy

How to enjoy:

- Add: to some Calli or
- Add: to some water
- Add: some Sunnydew
- Blend: 2 c. Calli /bag