

Spirulina...Whole Food...Easy to Digest Protein...Nourish & Cleanse



Spirulina is an edible Blue Green Micro-Algae. It contains all the essential and non-essential amino acids and is a very easy-to-digest protein. It is a balanced whole food.

- **NOURISHES AND CLEANSSES:** *Because of its rich chlorophyll content, Spirulina* is unique in that it nourishes and also cleanses.
- **NATURALLY OCCURRING VIT AND MINERALS:** As a whole food, it does so much more for our health than taking vitamins and minerals. It is rich in the B vitamins and Pro-Vit. A, which is converted to Vit. A by the body, high in chlorophyll, iron, carotenoids, antioxidants, micronutrients, trace minerals, and lipids – all naturally occurring.
- **ANSWER TO MALNUTRITION:** Because it provides 20 times the amount of protein as that of soybeans on an equal land area and is effective against a series of viruses, it is being studied as the answer to underdeveloped countries' malnutrition.
- **HYGENIC CULTIVATION:** *Unlike* many brands, **Sunrider's** blue-green algae, **Spirulina**, is cultivated in hygienic tanks and ponds under the latest scientific conditions and then concentrated 4xs. It also smells fresh.
- **HEAVY METALS:** **Spirulina helps** carry heavy metals out of the body (especially aluminum) so they do not settle elsewhere. Chelate with strong Calli, followed by weaker Calli throughout the day, and 3-4 Spirulina caps.
- **SO MANY BENEFITS:**
 - excellent for weak **digestive** systems & **glandular**, particularly the **thyroid**, needs
 - detoxifies the **kidney** and **liver**, builds and enriches the **blood**, cleanses the **arteries**
 - feeds the beneficial **intestinal flora**; inhibits the **overgrowth of fungi, bacteria, and yeast**.
- **Key Facts:**
 - Healthy Blood – the world's richest natural source of B₁₂ needed for healthy blood cells.
 - Meat Protein - 300 percent more protein than fish, meat or poultry, without the cholesterol
 - Assimilable Protein - 62 percent amino-acid vegetable assimilable protein, the highest known source., more protein than tofu, yet easy to digest
 - Amino Acids- perfectly balanced essential amino acids in almost the same proportions as in the human body.
 - Iron-rich spinach - more energy-boosting iron than spinach.
 - Calories - virtually no calories.
 - Endorphins - neuro-peptides—food for the brain and nervous system to produce endorphins.
 - Carrots for fighting cancer - 10 times more cancer risk-reducing carotenoids and beta carotene than carrots
 - Calcium - 26 times more calcium than milk.
 - Immune system - GLA (gamma-linolenic acid) essential fatty acid—feeds the immune system (studied in arthritis)
 - Bone Marrow – stem cells - rich in Phycocyanin, which affects the stem cells found in bone marrow.
 - Eye health - contains Zeaxanthin and Lutein, which support eye health

“Such an easy way to eat enough green vegetables,” Mori