

## ***Sunrise - Natural Energy Booster – Overcoming Hurdles***



- **Sunrise** is for overcoming hurdles, whether as an athlete or with any physical (health) challenge. It gives the body extra strength to overcome weaknesses and naturally boosts energy throughout the day.
- **Sunrise** is a high-energy, high-impact food that provides a quick start, increases stamina and endurance, warms up or cools down muscles, and reduces recovery time. It is great for athletes or any exercise program and will help you go the “extra mile.”

- It helps refresh your body before or after a hard workout or following a hard day's work.
- **Sunrise** is especially helpful when under mental, physical, and emotional stress.
- We have seen benefits in auto-immune challenges. In Chinese medicine, chronic fatigue is deficient spleen Chi (Energy.) Feed the spleen **Sunrise** for energy!
- **Sunrise** is great for helping children grow strong.
- *As we age, add 1-3 vials of **Sunrise** daily.* It is very regenerative and promotes longevity!
- The Chinese believed that if the spleen and digestion are out of balance, the muscles lose tone and appear thin or even wasted. Developing muscle tone and definition will be a struggle, no matter how hard you work. If digestion is harmonious and adequately transports nutrients to the muscles, the muscles will respond well to exercise.
- Formulated from herb food extracts in the liquid form, it is digested quickly and rapidly absorbed into the body system.
- **Enjoy many ways: Experience even more significant results when you:**
  - Drink your **Sunrise** immediately after drinking *Liqui-Five*.
  - Drink **Sunrise** with *Quinary* (or *Liqui-Five*) and *NuPlus* for Peak benefits
  - Add to *Calli*, *Fortune Delight*, smoothies, or sip on this vial
  - Combine with *MetaBooster* for a clear mind and energy!
  - *Sunrise* enhances the benefits of the *SportCaps* when eaten together.
- **Key Ingredient of Lycii & its benefits: (Note Lycii Fruit is #1 Ingredient in NuPlus also)**
  - renewing cells
  - balancing blood pressure & restoring kidneys
  - balancing blood sugar & increasing acidophilus in the intestines
  - assisting organs and functions
  - increasing body strength and endurance
  - strengthening male sexual stamina
  - strengthening the bones
  - quicker illness recovery

**Ingredients:** Water, Lycii Fruit, Leek Seed, Boschniakia Herb, Chinese Ginseng, Eucommia Bark, Mongoliavine Fruit, White Cornel Fruit, Cnidium Seed, Mushroom, Lemon Fruit Extract.

***“We all experience life’s hurdles at times...remember Sunrise” Donna***