

HEALTHY HOME



Clean with confidence. Your family's home is your sanctuary, the place where you come together to relax and recharge. Trust Sunrider's non-toxic, pH-matched, cost-effective home products to help keep every inch of your home safe, clean, and comfortable. You and your housekeeper will love these products.

FRUIT & VEGGI RINSE - protect your family - cleaner, brighter, tastier produce - plus 30 other use (pdf)[Download](#)

SunBright Superclean: HOUSEHOLD: one product truly replaces ALL your cleaning products... (pdf)[Download](#)

SUNBREEZE: Miracle in a bottle! It comes in oil or balm for instant pain relief. Soothe, relax, etc. (pdf)[Download](#)

SunBright Superclean LAUNDRY: feel and smell difference, non-allergenic, no buildup, no softeners (pdf)

SunSmile Fruit & Vegetable Rinse—Be Confident About What You Eat—Clean...Safe + 30 Other Uses



- We have had several public alerts concerning pesticide and insecticide use on our crops, especially the fruits and vegetables we receive from Mexico and Central America during winter months. These have contained high levels of carcinogenic sprays that are not under the control of the EPA. In addition, various germs and parasites exist on produce. We have the answer --
- Naturally derived from coconut and corn and powerfully concentrated, the ***SunSmile Fruit and Vegetable Rinse*** is formulated with herbal ingredients to gently clean fruits, vegetables, grains, legumes, and meats of external pesticides, harmful bacteria (salmonella, E. coli), parasites, worms, larvae, fungus, and even waxy coatings. (***SunSmile Fruit and Vegetable Rinse*** dissolves the natural waxy protective coatings on bugs, causing their death, making it a natural herbicide/pesticide.)
- Using ***SunSmile Fruit and Vegetable Rinse*** results in clean, safe food that stays fresh longer! ***SunSmile Fruit and Vegetable Rinse*** prevents dehydration; it naturally preserves the color and flavor of fruits and vegetables. Saves produce \$\$\$ because produce lasts so much longer!
- ***SunSmile Fruit and Vegetable Rinse*** is environmentally safe for daily use. Its trial size is ideal for travel: one capful to a sink full or a gallon of water. Food does not need to be rinsed again. The rinse water retains its effectiveness for one hour only outside the original, concentrated bottle.
- Sanitize your home! In an emergency, ***SunSmile Fruit and Vegetable Rinse*** disinfects water for drinking (1-2 drops, short-term only), cooking, bathing, and washing dishes (one trial-size capful per gallon of water). Tests verify that 5 ml of the rinse mixed with one gallon of water will eliminate or destroy 99% of E. coli, salmonella, and other organisms.
- ***Fruit and Vegetable Rinse*** melts the waxy coating on the tops of foods and then cleans up the pesticides, chemicals, bacteria, and viruses under the wax.
- Fruit: A bleach bath significantly slows down ripening, and F & V slows down but doesn't stop the process.
- Meat: soak 5 min or more to help remove parasites and anything else....meat is more tender.
- Vegetable Greens are considered the dirtiest and deadliest of all vegetables. Ninety percent come from Arizona and California, which are heavily irrigated by rivers.
- Vegetables, Fruits, nuts, and legumes: 1-3 minutes in 1 capful to 1 gal—no need to rinse. It washes off the waxy coating and kills E. coli, salmonella, pesticides, chemicals, etc.
- Foods stay fresh longer and taste soooooo much better.

Below are multiple practical uses for FV Rinse:

- Acne: Wash with f & V, can follow with Sunbreeze
- Air Freshener: Spray to kill germs and viruses in the air, or rub a little in the nose when congested or possibly infected—flu, COIID, etc.
- Appliances – spray or wash down kitchen counters, appliances, cutting boards, and bathroom tubs & sinks & counters

- Animals
 - ears: spray into ears approx. 3 drops per cup.
 - teeth: spray onto teeth and brush
 - food: spray onto or mix in
 - fleas: put on any infestation or add to shampoo or just rub into fur and skin, repeat for any eggs that have hatched
 - eyes pussy: into the eye, very effective
- Athletes foot: soak in water with F & V
- Burns: Clean and disinfect, effective with chemical burns
- Carpet: Stains, smells, germs – wash or spray on
- Cancer-looking spots: repeated dabbing with strong activated (a little water) rinse
- Cuts: Nasty cuts, full of bacteria, wash with f & v(activate with water)
- Colds, Coughs, sore throat – gargle with F&V water; Cough: 15 drops/oz. – gargle and then swallow 3xs a day (2-3 days) – follow with Vitadophilus (optional)
- Dandruff and cradle cap – add F&V to shampoo
- Diarrhea – drink appx. 3 drops in a cup of water
- Dentist: Brush with F&V before and following a dental appointment; instruments not always sanitary
- Deodorizer – pet smells, sour clothes, any smells – pour into laundry tub with the wash
- Use with anything going on in the digestive tract: A squirt of FV in ½ c water and a squirt of SunnyDew (cover the taste) cleans up anything in the digestive tract. An hour or so later, follow it with Vitadophilus.
- Disinfectant – surgeries, belly buttons, wounds
- Eating out: Salads, meats etc, add a couple drops in your drinking water
- Ear aches, infections: strong to diluted drops into ear, cotton ball to keep from running out
- Ear wax: Flush ears with appx. 3-4 drops in ½ c. water. F&V melts wax.
- Fever: Add 3-4 drops or more to a cup of water. A fever means the body is trying to burn up the poisons and toxins. Help it out.
- Food poisoning: appx. 3 drops in a cup of water
- Fungus-Toe nails: F&V on cotton swab on or under nail- secure & repeat
- Head Lice: add to shampoo, repeat in several days (eggs)
- Flying: Spray or wipe down seating, clean up the air, spray or wipe up the nose.
- Hotel: add to water in a small spray bottle – spray everything: neutralize chemicals- sprayed on rugs, duvet cover, linens, remote control, phone, door knobs, all bathroom items.
- Humidifier, diffuser: add Sunbreeze and/or F&V – keep germs down in the air
- Insect Bites: F&V, then Sunbreeze, Wasp, Brown Recluse, Black Widow, Mosquitos etc.
- Insects Exterior: Story: Wash down condo patio – no bugs appeared on patio (1 gal/ 2 caps full,
- Insects /Interior- House spray: ½ cap to 1 quart – spray baseboards or where needed, Hornets nest
- Itchy: Spray or wash with F&V – something is coming out of your skin
- Mold: Destroys! Spray in air &/or apply directly, cutting boards
- Nasal spray or wash out nose: appx. 3 drops 1 oz. of water
- Nonhealing injury: story: washed with F & V, next morning significant healing
- Parasites: Full moon—the day before, full moon, and day after; parasites rapidly reproduce, 3 drops in ½ c. water 3 days in a row. Enjoy a Vitadophilus each evening.
Parasites can live within the cells. The white blood cells try to kill the parasites, but they can't because they are hidden.
- Pedicure, manicure: A few drops in the water prevent fungal infection

- Pets – fleas – put on the eggs or any infestation or add to shampoo or just rug into fur and skin
- Infections, tumors, overall health – used calli bags and F/V rinse
- Pink eye, sty – wipe eyelids
- Plants: Fungus & Insects – spray ½ cap to 1 quart water
- Poison Ivy, Oak: - washed and in 15 min. no burning
- Sinus infections – spray or nose gargle
- Rashes: rinse or soak
- Ring Worm: Dampen and pour a few drops directly on
- Stains: Put right on a stain, rinse out
- Toothbrushes: especially when traveling
- Travel: several drops in water or drink – (traveled in India and never got sick), wash toothbrush.
- Vomiting: appx. 3 drops in a cup of water
- Warts: wet wart, squirt directly onto wart, cover with Band-Aid (1 week will probably remove it)
- Wax removal: Pour straight on – story: tablecloth and brick hearth from dripping candles.
- Water: Bottled, City, Well, Streams
- Wounds/cracks: washed wounds and cracks, healed up quickly

Key Notes:

- F & V activates with a little water
- Full effectiveness for 1 hr. after adding f & v to water
- It is not designed for internal use but can be used safely. SunSmile drops are designed for internal use.
- Can follow use with Vitadophilus – probiotic if unsure of killing good bacteria along with harmful substances
- It kills 100% of fungi, viruses, and bacteria and promotes healing. It will bubble like peroxide, but Peroxide is damaging to the tissues.
- Melts waxy coatings
- Made from coconut and corn -
- Available in 1 oz and 16 oz bottles
- Can put into Capsules: to not taste the rinse, fill capsules and swallow – hurry, they dissolve the capsules or add some Sunnydew - forget caps
- Demonstration: Washing 2 broccoli heads in 2 dishes of water, one with appx. 2-3 drops in water and other just water: 1 min. Notable differences – color, the way the water drains off of it, etc. Wash Kale – show how bright green
- “F & V is like a fire – everything thrown into it, it consumes,” Dr. Chen.

No product is equal to SunSmile® Fruit & Vegetable Rinse. Dr. Chen considers this one of his best formulas and uses it in our manufacturing facilities.

Sunbreeze Oil... Instant Relief!...One bottle does it all! Heavenly Smell! Ancient Chinese Wisdom & Modern Technology



Sunbreeze is the number-one essential oil and balm formula on the market. It is distilled from flowers, bark, roots, peels, seeds, and herbs and is uniquely based on herbal manuscripts of ancient Chinese emperors.

Sunbreeze essential oil molecules are small enough to quickly diffuse through the skin, penetrating deeply and efficiently into the tissues and circulatory system.

If you apply cool, it will turn cool. If you apply heat, it will turn warm.

It takes 200 lbs. of herbs to extract a single pint of **Sunbreeze Oil!**

Suggestions for Use:

- **On temples, forehead, and/or back of neck:** headache, muscle tension, drowsiness, motion sickness, insomnia
- **On area:** sinus congestion, strains/sprains, mosquito repellent, insect bites/stings, canker sores, toothache, muscle/back pain, around wounds, snoring, rheumatism, arthritis
- **On tongue:** sinus congestion, morning sickness, motion sickness, upset stomach, bad breath, heartburn, drowsiness, sore throat
- **Ears:** On Q-tip with drops applied to the ear for infections, water logging, wax buildup, motion sickness, and ear pain while flying
- **Burns:** Oil helps prevent blistering and relieve heat and soreness. If the skin is sore to the touch, mix it with lotion. Mix 10-15 drops of oil with water in a small spray bottle to spray or mist.
- **Air freshener:** Marvelous! Mist for cigarette smoke or other odors. You'll love it.
- **In shampoo:** Thinning hair, scalp problems, morning sluggishness, and headaches. Mix oil in shampoo or conditioner and wash as usual.
- **Delicate skin:** Mix with lotion for small babies, children, and the elderly; if the baby is constipated, apply to the abdomen and bottom of the feet.
- **In Calli:** It opens up sinuses, bowel cramping, sore throats, and upset stomachs. Put a couple of drops of oil in a cup of Calli and sip.
- **Please avoid contact with eyes;** it won't harm eyes, but it will burn and tear.

Ingredients:

Oil: Menthol, Cassia Oil, Mint Extract, Eucalyptus Oil, Camphor; **balm:** Menthol, Camphor, Cassia Oil (cinnamon bark tree), wax—uniqueness also in preparation.

"We love SunBreeze & always want it with us." Marty

"Sunbreeze is my number one essential oil formula!" Sheryl

SunBright SuperClean: Two Superior Formulas that are Safe, Gentle, & Effective!

***"I replaced ALL my Cleaning Supplies with these 2 remarkable products –
All my Laundry and Household needs," Nancy***

- Both SuperClean products have a pH of 5.5, rather than the high alkaline pH of most cleaning products. Therefore, this *SuperClean* is suitable for your skincare, too!
- It is a genuine all-purpose cleaner for all your household jobs, from stains to dishes to windows!
- SuperClean is a massive value for smart shopping! 0.08 per spray bottle.
- So concentrate: Fill a spray bottle with 1 tsp. SuperClean and the rest with water. You're ready to go—perfect for replacing all your cleaning supplies!
- It is phosphate and ammonia-free, non-corrosive, and non-abrasive.
- You'll love the smell! Contains no environmental pollutants that disturb the respiratory system;
- PH matched to your skin. It is so gentle and protective of your hands, and still, it really works!



HOUSEHOLD:

Use on Everything:

- Bathrooms, tubs, decks, potties, & mirrors
- Everything in the kitchen, even the dishwasher, All my
- Ovens (can make it stronger if needed)
- Dirty pots and pans
- Hardwood floors – cleans off other cleaners
- Carpets – won't attract dirt
- Horrible spills on carpet & upholstery (may need stronger/straight
- leather furniture
- Exterior siding – moldy
- Cars and Boats – won't take off waxes
- Pinesap on cars
- Greasy Work Hands
- Super clean + fruit and Veggi rinse – excellent insect repellant!

"My housekeeper loves this...so safe and gentle on her hands," Lori.

LAUNDRY:



- Beautiful, clean, fresh-smelling clothes, marvelous dryer smell.
 - Natural oils and extracts deodorize, leaving a clean, fresh scent.
- Not filled with chemicals & fillers
 - It is biodegradable, phosphate and ammonia-free
- Clothes last longer; non-irritating
 - It is not petroleum-based, reducing irritations and allergic reactions.
- No need for water softeners
 - Water conditioners clean and reduce calcium buildup.
- It cuts the grease, is great for stains, and is gentle on all your clothes!
 - Powerful enzymes remove protein stains, grease, and oil.
- Pre-treat Stains – spray diluted or concentrated on the stain for 5-min, rub, then launder
- No need for anti-static dryer sheets
- Sooooo cost-effective & safe: 220 loads per bottle, 2 tsp/load

"The most cost-effective, safe, and wonderful way to do my laundry," Donna