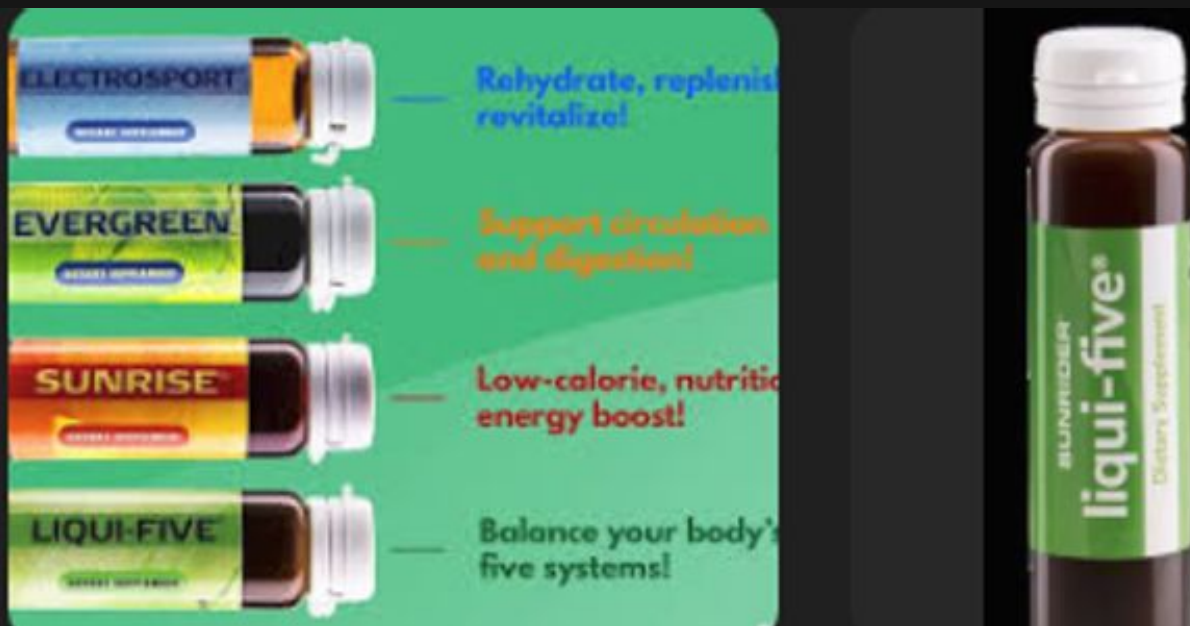


The 5 WOWS - "LIQUI GOLD"



LIQUID FOOD IN "VIALS" FOR IMMEDIATE
ASSIMILATION

EVERGREEN – Liquid Chlorophyll - Purify, Alkalize, & Oxygenate- Healthy Blood, Gut, & most challenge (pdf)[Download](#)

ELECTROSPORT – Instant Electrolyte Replacement "Mineral Toddy" TRUCK carries nourishment into cells. (pdf)[Download](#)

SUNNYFRESH - Excellent For Throat, Coughs, and Respiratory System...Delicious! (pdf)[Download](#)

SUNRISE - Fuel for Overcoming Hurdles, “On the Go” Energy Booster. (pdf) (pdf)[Download](#)

VITAFRUIT - Exotic Fruits – Many Exotic Fruits – Skin & Internal Tissue Repair. (pdf) (pdf)[Download](#)

LIQUI 5 - Liquid Quinary + more Immune Food – see Quinary. Almost immediate nourishing. (pdf) (pdf)[Download](#)

Evergreen—The Life Essence (Blood) of Plants...Purify and Alkalize Your Body!



- **Evergreen** is a refreshing alkaline liquid made of concentrated chlorophyll, the same ingredient in plants that captures sunlight and converts it into energy.
- **Evergreen** is a highly assimilable chlorophyll source. The key word is assimilable! One vial of **Evergreen** contains as much usable and assimilable chlorophyll as an entire quart of other liquid chlorophyll.
- The highly concentrated chlorophyll in **Evergreen** addresses the body's circulatory system and fortifies the blood. It helps bring oxygen and then repair to the cells.
- The chlorophyll in Evergreen is very healing to the digestive system—it's like a super AloeVera. It improves the absorption of nutrients and neutralizes gas.
- Dr. Chen began researching **Evergreen**, understanding that the human body can only use chlorophyll in its natural, oil-soluble state. However, to remain stable and not spoil, all other liquid chlorophyll supplements are chemically altered into a water-soluble state during processing, and the body does not receive as much benefit from them. **Evergreen is unique in that it enters the body in the oil-soluble form.**
- **Evergreen** is the first chlorophyll product to utilize Dr. Chen's exclusive purity-sealed single-serve bottle design, thus naturally preserving this concentrated chlorophyll source. This technology allows the chlorophyll to remain in a natural oil-soluble state, which the body can use. One vial of **Evergreen** is more potent and digestible than a whole bottle of most water-based chlorophyll products available commercially.

Among many chlorophyll benefits:

- Promotes better circulation and digestion, renews tissues, promotes healthful intestinal flora, cleansing and healing to the intestinal tract, improves liver function, helps cleanse radiation, inhibits bacteria and fungus (such as Candida), sweetens the breath, neutralizes body odors,
- **Evergreen** is an effective internal and external antiseptic, cell stimulator and rejuvenator, and red blood cell builder.
- It is valuable in lubricating the ileocecal valve and preventing constipation. This is so essential to life!
- **Enhances the immune system, helping to ward off infection**
- **Evergreen** is excellent for allergy sufferers.
- **Evergreen** is like a lubricant for the whole body to run smoothly; it moisturizes and even smoothies the skin.
- Great for athletes and for everyone to keep fit and healthy!

- A healthcare professional tested **Evergreen** and compared it to *Barley Green* by putting it on a scale of one to ten. *Barley Green* tested out as a three in terms of health benefits. **Evergreen** tested as a 13.
- Because Evergreen is so concentrated, it is much darker, and the liquid is thicker and richer than many other chlorophyll products.
- **“Evergreen” July 2006 TOTM** Dr. Steven Smith says: “Think for a minute of what is chlorophyll’s function. It is made through photosynthesis and is similar to the oxygen-carrying Hemoglobin molecule in our blood. Think of how animals graze on some fashion of chlorophyll-laden plants by which they stay extremely healthy. I have researched this chlorophyll phenomenon, which must have foundational beneficial effects. I inspire my clients to take it as well. Sunrider’s half an ounce of concentrated liquid **Evergreen** is, in my opinion, equal to a quart and a half to 2 quarts of fresh organic carrot juice. I mix a vial of Sunrider’s **Evergreen** in a cup of water and get the exact same feeling of health and energy that I derived from all the juicing I used to do.”
- **Morning Zinger:** An excellent morning drink upon rising to flush the kidneys and keep them functional is warm water, some organic lemon juice, and some **Evergreen**. This will break up crystals and stones while it cleans out uric acid. This morning’s “zinger” is perfect if you have a propensity toward kidney or bladder infections. 1 Vial + 8 lemons squeezed and drunk slowly within half an hour is great for dissolving stones.
- **Evergreen** begins to lose its nutritional effectiveness once the bottle is opened. Therefore, it is recommended that the **Evergreen** be consumed within 24 hours of opening the vial. Add one vial of **Evergreen** to one or two eight-ounce glasses/cups of Calli, Fortune Delight, or water. The ideal intake is two to three vials per day.

Ingredients: Copper Chlorophyllin (from Alfalfa), Peppermint Oil, Zinc Amino Chelate, Iron Amino Acid Chelate.

Rich in minerals, it is an excellent substitute when it is difficult to include the 4-5 suggested greens in a daily diet.

ElectroSport—“Gatorade” (Electrolyte) Replacement...“Mineral Toddy



- **ElectroSport** is a complete integration of 10 minerals/electrolytes carefully formulated to create water balance inside and outside the cell walls while aiding in the absorption and utilization of nutrients.
- **Electrolytes** act as catalysts in the metabolic process; nutrients bind with electrolytes to be carried into and utilized within the cells. Therefore, **effective electrolytes are the TRUCK needed to transport nutrition into the cells.**
- **This makes all your other SR foods more effective if you can add some ElectroSport to your beverages.**
- The minerals (electrolytes) in *ElectroSport* **nourish and help restore our electrical system**
- This mixture is very healing when the body is under stress of any kind. When the body perspires because of physical activity, when in high temperatures, when under stress, and in high altitudes, it upsets the water balance inside and outside the cell walls. **ElectroSport** acts quickly to restore the electrolyte balance. So the body can function unimpaired.
- It is an ionized solution containing no sugar, sweeteners, preservatives, or artificial ingredients

How to enjoy:

Because of its high mineral taste, most people mix 1 vial of **ElectroSport** with 2 quarts of any liquid, preferably **Fortune Delight** or **Calli**. **Lemon Fortune Delight** is an excellent super-charged electrolyte and mineral drink for hydration. Consume within 24 hrs.

Applied topically:

ElectroSport is very healing to any wound, cut or burn. It even helps the body heal chronic hemorrhoids or anal fissures. Mix ¼ vial in 2 tablespoons of water and a few drops of **SunnyDew** and apply with a cotton ball.

Ingredients: Water, Chloride, Calcium, Potassium, Sodium, Magnesium, Zinc, Iron, Manganese, Chromium, Selenium, Lemon Oil.

“I hop on this “Truck” to deliver Sunrider to my cells.” George

Sunny Fresh—Excellent for Throat, Coughs, and Respiratory System...So Delicious!



Respiratory System's Godsent! Sunny Fresh is a delicious mint liquid extract designed to soothe and invigorate the **mouth, throat, and upper respiratory tract (promoting more unrestricted breathing).**

- **Fresh is great for singers and public speakers or those who just like to talk!**
- It is excellent for coughs. It contains 20% honey, compared to most loquat cough syrups, which contain 70% honey.
- It supports the respiratory system. It is incredibly delicious and effective in a cup of hot Calli. It can also be mixed with **SunBreeze** and applied topically to relieve chest congestion.
- This skin and throat food is very rich in antioxidants, so it is very regenerative throughout the entire body.
- In the five-element tradition, the Chinese taught that the elements are pairs; for example, the health of the lungs (metal element) is related to the health of the skin. Thus, **Sunny Fresh** helps enhance the skin's natural beauty.
- **Sunny Fresh** has also been effective in relieving food poisoning, as it has traditionally been used to aid digestion, soothe the stomach, and freshen the breath.
- **SunnyFresh** nourishes Qi, the breath of life! So **SunnyFresh** is very regenerative for everyone!

Key Ingredients:

- **Fennel Seed:** Used today primarily as an aid to digestion.
- **Loquat:** eaten to halt vomiting and thirst. Excellent for throat health!!!
- **Asparagus Root:** Used to regulate hormones for men and women, affecting emotions, helping prevent gastric ulcers, dyspepsia, and diarrhea, nourishing the liver and the nervous system, cleansing excess water and toxins from the body, and immune-enhancing effects.
- **Snakegourd Fruit:** used to help clear the lung.
- **Codonopsis Root (Pilosula):** one of the most famous and widely used Chinese Tonic herbs. It's blood-building for those weakened due to illness. Many women use it to build blood, which is ideally suited for nursing mothers, babies, and children, it builds strong muscle in children, builds Qi, strengthens the immune system, nourishes blood, and strengthens digestion & respiration.
- **Chrysanthemum Flower:** Chrysanthemum is associated with the Lung and Liver meridians. Its three main functions are to pacify the liver, to release toxins, and dispel wind and clear heat.
- **Licorice Root, Almond Nut Extract, Menthol, Mint Herb Extract Oil, Peppermint Oil, Cinnamon Bark Oil, and Clove Flower Bud Oil.**

I had lots of sore throats growing up; I keep this handy for the first signs of throat or voice issues...Lela

Sunrise—“The Energy Booster”



- **Experience a Natural Energy Boost & overcome hurdles**
- **Sunrise** is for overcoming hurdles, whether as an athlete or with any physical (health) challenge. It gives the body extra strength to overcome weaknesses and naturally boosts energy throughout the day.
- **Sunrise** is a high-energy, high-impact food that provides a quick start, increases stamina and endurance, warms up or cools down muscles, and reduces recovery time. It is great for athletes or any exercise program and will help you go the “extra mile.”
- Formulated from herb food extracts in the liquid form, it is digested quickly and rapidly absorbed into the body system.
- **Sunrise** is excellent at helping children grow strong.
- It helps refresh your body before or after a hard workout or following a hard day’s work.
- **Sunrise** is especially helpful when under mental, physical, and emotional stress.
- *As we age, adding 1-3 vials of Sunrise a day can make a big difference.* It is very regenerative—and promotes longevity!
- We have seen benefits in auto-immune challenges. In Chinese medicine, chronic fatigue is deficient spleen Chi (Energy.) Feed the spleen **Sunrise** for energy!
- The Chinese believed that if the spleen and digestion are out of balance, the muscles lose tone and appear thin or even wasted. Developing muscle tone and definition is a struggle, no matter how hard you work.
- If digestion is harmonious and adequately transports nutrients to the muscles, the muscles will respond well to exercise.
- **Enjoy many ways: Experience even more significant results when you:**
 - Drink your **Sunrise** immediately after drinking *Liqui-Five*.
 - Drink **Sunrise** with *Quinary* (or *Liqui-Five*) and *NuPlus* for Peak benefits
 - Add to *Calli*, *Fortune Delight*, smoothies, or sip on this vial of delicious
 - Combine with *MetaBooster* for a clear mind and energy!
 - *Sunrise* enhances the benefits of the *SportCaps* when eaten together.
- **Key Ingredient:**
 - **Lycii Fruit**, which is noted for assistance in: renewing cells
 - balancing blood pressure & restoring kidneys
 - balancing blood sugar & increasing acidophilus in the intestines
 - assisting organs and functions
 - increasing body strength and endurance
 - strengthening male sexual stamina
 - strengthening the bones quicker illness recovery

Ingredients: Water, Lycii Fruit, Leek Seed, Boschniakia Herb, Chinese Ginseng, Eucommia Bark, Mongoliavine Fruit, White Cornel Fruit, Cnidium Seed, Mushroom, Lemon Fruit Extract.

“We all experience life’s hurdles at times...remember Sunrise” Donna

VitaFruit—Concentrated Chinese Fruit Extracts...Repair Juice!



- **VitaFruit** is the live “nectar” concentrated juice from many exotic herbs, many picked in the wilds of western China.
- **LIFE FORCE:** Dr. Chen, in his brilliance and technological expertise, extracts and concentrates this herbal fruit juice while retaining its “life force” and its rich content of vitamins, minerals, and amino acids.
- **VitaFruit** contains thousands of phytonutrients that have yet to be discovered. It is formulated without added enzymes, preservatives, artificial sweeteners, or chemical isolates from raw whole foods.
- **VitaFruit** is naturally rich in whole-food antioxidants, Vitamins A and E, a stable C, hundreds of bioflavonoids, B-complex, minerals, 2000-3000 carotenoids, amino acids, and *live fruit enzymes*.
- **NO PRESERVATIVES:** To keep the incredible amounts of **VitaFruit** micro-nutrients stable at full value, without the addition of isolates or preservatives, Dr. Chen preserves this very concentrated product in a honey base.
- **ANTI-AGING:** Unlike vitamin pills, which provide only known antioxidants, **VitaFruit** provides known and hundreds of unknown antioxidant nutrients in balanced amounts - Antioxidants, natural tissue protectors, are known to slow down the aging process, assist the body in healing, and stop the body from progressing to debilitating diseases.) Thus, **VitaFruit** is very anti-aging
- **TISSUE REPAIR:** **VitaFruit** is not a synthesized chemical product created and manufactured by man. Its most outstanding work is doing tissue repair to the damage done to the cells by free radicals.
- **IMMUNE FOOD:** **VitaFruit** increases the army of white blood cells in your bloodstream, making it a great immune system food.
- **FACE LIFT:** **VitaFruit** significantly benefits the skin and helps restore luster, radiance, and softness to prematurely aging skin for a more youthful and healthy appearance. **VitaFruit** is part of **Rebuild Cream** and **Supreme Emulsion!**

Legend has it that Genghis Khan discovered new fruits while conquering Asia. When he was in Mongolia, he fed his soldiers a combination of these rare fruits and noticed they had more energy, could march longer, and could cope with the heat and humidity. Dr. Chen reintroduced these fruits to the world and named the product **VitaFruit**.

VitaFruit is an excellent replacement for canned and frozen juices, bottled drinks, and sodas. You may also put **It** in any cold beverage or smoothie of your choice. It adds a tasty new flavor to fruit salads, smoothies, or as a fruit topping. Never heat. This destroys the live bioflavonoids, Vitamin C, and antioxidants. Since **VitaFruit** supplies so many nutrients for healing, we consider it part of our Sunrider Basics.

“3 boxes for a month -- for a facelift...” Donna