## VitaDophilus—Good, "Friendly" Live Bacteria...



**Sunrider's** superior lactobacillus acidophilus powder supplies the body with a minimum of 20 million live culture bacteria, embedding itself in the walls of the small intestine to help break down food and bring bacterial balance to the lower intestinal tract.

## Benefits of Good-Friendly Live Bacteria:

- Naturally occurring lactobacillus acidophilus in the digestive tract helps breakdown food, so the body can efficiently absorb the nutrients.
- The presence of this beneficial bacteria in the digestive system can help displace or decrease non-beneficial micro-organisms, some of which can lead to fermentation, thereby causing bloating and gas, or rob the body of necessary nutrients.
- Medical scientific data shows a high rate of cancer when the intestinal tract is lacking healthful bacteria.
- Promotes healthy digestion and good elimination.
- Helps control candida yeast overgrowth.

## The Sunrider Difference:

Sunrider's Vitadolphilus is encased in a tasty, protective apple coating, VitaDophilus gets the
good, live bacteria all the way into the small intestine, instead of the healthful bacteria breaking
down when it hits the stomach acids, as with many acidophilus products on the market.

## How to Enjoy:

- Each packet may be consumed right out of the package or dissolved in water. ViaDophilus can be sprinkled on cereal, included in salad dressings, or delicious added to mixed with Sunrider Herbal Beverages and Foods.
- Do not heat, as this would destroy the live cultures.
- **Digestion**: VitaDophilus eaten 30 minutes before meals promotes healthful digestion.
- **Elimination:** For maximum benefit in intestinal tract and to promote good elimination, eat one package every hour for two days or until normal elimination is resumed. Suggested maintenance would include one package upon arising and one at bedtime.
- Candida: Those with Candida yeast overgrowth and resultant conditions may choose to eat ten packages a day for ten days or so -then down to 4-5 a day for weeks. It can also be added to smoothies or cold beverages. It tastes like apple candy -- it is absolutely delicious!
- **Ingredients:** Apple Powder, Apple Flake, Acidophilus Bacteria. This product has always been made without genetically modified ingredients.

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