



Before Your Procedure- Please read these instructions carefully.

1. Do Not Eat or Drink

Starting at midnight the night before your procedure (unless directed otherwise by your provider):

- Do not eat or drink anything, including water. You may take any approved medications with a small sip of water.

2. Arrange a Ride Home

- You **must have a responsible adult drive you home** after your procedure.
- Someone should stay with you for the **first 24 hours** after sedation.

3. Let Us Know About Health Changes

Please call us before your appointment if you:

- have a **cold, cough, fever, or feel sick.**
- have **rash, redness, open wound, or skin irritation** where the procedure will be done.
- have recently been hospitalized or in the emergency department

4. Implanted Medical Devices

If you have an implanted device such as:

- Spinal cord stimulator
- Pain pump (IT pump)
- Pacemaker

Please bring the **remote control** for your device to your appointment.

Medication Instructions Some medications need to be stopped before your procedure (unless otherwise ordered by your provider).

Stop 1 Week Before

- Ozempic (semaglutide)
- Wegovy (semaglutide)
- Trulicity (dulaglutide)
- Mounjaro (tirzepatide)

Stop 3 Days Before

- Jardiance (empagliflozin)
- Invokana (canagliflozin)
- Farxiga (dapagliflozin)



Do Not Take on the Day of Your Procedure (If you take these at night, skip the dose the night before.)

- Losartan (Cozaar)
- Valsartan (Diovan)
- Lisinopril (Zestril, Prinivil, Qbrelis)
- Entresto (sacubitril/valsartan)
- Telmisartan (Micardis)

Blood Thinners and Anti-Inflammatory Medications

Some of these medications may be stopped prior to your appointment, including:

Aspirin (Excedrin)	Ibuprofen (Advil/Motrin)
Clopidogrel (Plavix)	Meloxicam (Mobic)
Warfarin (Coumadin)	Naproxen (Aleve)
Rivaroxaban (Xarelto)	Diclofenac (Cambia, Zorvolex)
Apixaban (Eliquis)	Ketorolac (Lodine)
Dabigatran (Pradaxa)	Nabumetone (Relafen)

Please call Santa Rosa Surgical Services if you take blood thinners or NSAIDs and have not received instructions from us.

If You Have Diabetes and take medication;

- Take **half of your usual dose the night before** your procedure.
- **Do not take your diabetes medication the morning of your procedure.**

Questions?

If you have any questions about:

- Eating or drinking restrictions
- Medication instructions
- Your procedure

Please call Santa Rosa Surgical Services. We are happy to help.

Phone number: 707-931-5599

Address: 1739 4th Street, Santa Rosa, 95404