## **TVL CROSS COUNTRY SCHEDULE**

2025-2026

Preseason Dead Period: July 1-14, 2025 Practice Begins: August 4, 2025

1<sup>st</sup> Scrimmage: August 15, 2025 1<sup>st</sup> Contest: August 22, 2025

**Last Contest Date: Saturday November 1, 2025** 

Meet start time 3:30pm Final Meet 3:00pm

Three meets with all schools participating

League Champion is determined as follows: 1 point for each team a school finishes ahead of in the first two meets, and 2 points for each team a school finishes ahead of in the final (3<sup>rd</sup>) meet. The team with the highest total points is the League Champion.

Wednesday September 3, 3:30pm. Meet One – All teams @ TBA

Wednesday September 24, 3:30pm. Meet Two - All teams @ TBA

Wednesday October 29, 3:00pm. Final Meet - All teams @ TBA

Sub Section – TBA
Section – TBA
State - TBA
TVL Cross Country Representative
TVL Athletic Director Representative

Joel Bernard, Hughson High School Justice Futch, Hughson High School