

TVL CROSS COUNTRY 2024-25

- **Preseason Dead Period: July 15
- **Practice Begins: August 5
- **1st Scrimmage Date: August 16
- **1st Contest Date: August 23
- **Last Contest Date: Wednesday, Nov. 2

Meet start time 3:30 p.m.
Final Meet 3:00 p.m.

Three Meets with all schools participating.

League Champion is determined as follows: 1 point for each team a school finishes ahead of in the first two meets, and 2 points for each team a school finishes ahead of in the final (3rd) meet. The team with the highest total points is the League Champion.

Wednesday, Sept. 4 3:30 p.m. Meet One-All teams @ Ceres River Bluff Regional Park,
Hatch Road, Ceres

Wednesday, Sept. 25 3:30 p.m. Meet Two-All teams @ Ceres River Bluff Regional Park,
Hatch Road, Ceres

Wednesday, Oct. 30 3:00 p.m. Final Meet-All teams @ Ceres River Bluff Regional Park,
Hatch Road, Ceres

Cross Country TVL Rep. Shawn Kwietkauski, Livingston High School
Athletic Director Rep. Joel Bernard, Hughson High School

Subsection: Saturday, Nov. 9 @ Angels Camp
Section: Saturday, Nov. 16 @ Willow Hill, Folsom
State: Saturday, Nov 30 @ Woodward Park