



ATHLETICS AND FITNESS ASSOCIATION OF AMERICA

# RECORD OF COMPLETION

this record confirms

**Mary-Lou Capobianco**

has completed the following course:

**Pilates-Based Postural Assessment**

□□□□ This course is □□ approved for 2.0 continuing education hours (2.0 AFAA | 0.2 NASM)

03/03/2017

---

Completion Date