

May 4, 2023



ST. STEPHEN THIS WEEK

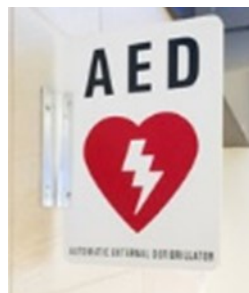
St. Stephen Lutheran Church Newsletter



LEARN HOW TO SAVE A LIFE

In our fellowship hall, we have an AED – an Automated External Defibrillator. It can revive a person from sudden cardiac arrest, if someone around knows how to use it. So we're going to learn how from Dr. Rudy Hehn, St. Stephen member and longtime physician/teacher. All members, visitors and guests are invited. "We hope the training is never needed," Rudy said, "but it will be good to know we have people in our midst who can save a life." Here are the details:

- *Sunday, **May 21**, 11:30 a.m., at church.
- *Snack **lunch** and intro.
- *Hands-on training in **Basic CPR**.
- *Demonstration of how to use a **defibrillator**.



"I've done CPR at the hospital, many times with success," Rudy said. "One person I remember well was a 60-year-old man in the Emergency Department with chest pain. As I was taking his history, he literally stopped talking mid-sentence and lost consciousness. He was in ventricular fibrillation. We started CPR and quickly defibrillated him, with the classic total-body spasm response. Within 30 seconds he was conscious and trying to figure out what the heck had just happened. Thankfully he had an excellent recovery."

The good news is that you don't need a medical background to use an AED or perform CPR. You just need a good teacher, and a good opportunity to learn. We have both. RSVP to sslc@ststephenlutherantally.com or call 850-385-2728

MEET EMMA

By Lynn Gunderson

I have been up in Michigan. We just had a new grandbaby! This is Emma Lynn Newman, daughter of my son Thomas and Amanda. We are so happy.

But I am glad to be home. I got home last Thursday, feeling a little worn down. My mom had broken her leg, and Dad fell and broke a bone in his knee. So I stayed longer than expected to take care of them.



MORE CAMPING NOTES

A week ago, as the newsletter was about to go out the door, I asked Colin Hackley to confirm where our St. Stephen campers had just camped. St. George Island, he reminded me. He also provided other colorful details from the trip. Afterward, reading the newsletter, Colin was chagrined – thinking about the people he had failed to mention. (And regretting that we hadn’t double-checked the spelling of Tami Allen’s name.) So here’s a camping P.S. from Colin:

Tami and Fred also contributed large servings of chili and potato salad, and stalwart chili-contributors Terri Schmitt and Beth Alexander also had offerings for Saturday dinner.

I didn’t mention any of the regulars or this year’s MVP, Mark Greeley, who single-handedly figured out that he could reserve all the sites if he went in early and reserved them for longer stays in advance of when we needed them, and then released the unneeded days later. He also put all the reservations on his credit card ... and we’re eager to reimburse him soon.

That made the whole reservation thing a “non-drama” compared with previous



years, where 11 months out from our camp date we all sat in front of our computers starting just before 8 a.m. and repeatedly tried to grab reservations for particular sites as the

reservation window opened. Mark also masterminded the shopping lists and campsite distribution. It was an impressive use of his engineering skills.

Breaking news: The St. Stephen Camping Advisory Council has selected April 19-21 as the camping dates for next year’s outing. We hope to book St. George soon and then wait to see what happens once campground reservations open at Cape San Blas. If you’re interested, please let Mark or me know soon so we can try to get the proper number of campsites. *(Photo of Ceilia Greeley by Beth Alexander, who said: “One benefit of camping is no walls or doors. So when Ceilia or Violet literally runs by, she might drop by for a swing in Dwight’s hammock or get some hot water for chocolate Santas. Who knows what conversation may follow?”)*

A BEEKEEPER IS BORN

By Rudy Hehn

Last month we noticed a swarm of honeybees were taking up residence in our front-porch ceiling. I love bees, but this would've created a sticky mess on our



porch, so I called our neighbor Gary, who's an amateur beekeeper. He brought over a hive baited with lemongrass oil and sat it next to the porch. Within three days the bees had moved in, furniture and all! (Just kidding about the furniture.)

I slowly moved the hive to our backyard, and the bees are doing their thing. We inspected the hive last week, and I'm happy to report that my bees are happy and the hive is vigorous. The only sad news is that a honey harvest is months away.

PIZZA & CRAFTS

Don't forget about the evening of crafts and pizza at 6 p.m. Friday, May 12. Everyone is invited! Just let Rita Ford or Margaret Bowers know. You'll find their info in St. Stephen's Instant Church Directory – or you can ask the church office.



HEY, OWLS – LUNCH AND A GUEST SPEAKER

The next OWLs lunch will be at 11:30 a.m. this coming Tuesday at The Egg Cafe & Eatery (on Austin Davis Drive, off Capital Circle North-east). OWL-in-chief Margaret Bowers says, "We're hoping to have a special guest, Tom Buchanan, talk about what happens at 7:30 Tuesday nights at the American Legion on Lake Ella." Tom is a member of the Thursday Night Music Club, also known as "Tallahassee's Community Big Band." Let Margaret know if you plan to attend.



WANTED: SUMMER SCIENCE TEACHER

Beth Alexander knows someone who's looking for a part-time science teacher this summer. Here are the specifics, including contact information if you know of a qualified candidate who's interested and available.

High Touch High Tech, premier provider of hands-on science programming, is seeking a part-time summer science instructor. Teaching experience preferred but not required. Details: Working with Title 1 schools in their summer programs, providing 1-hour hands-on science classes 5-10 hours/week, starting at 9 a.m. but no later than noon Monday-Thursday June/July, exact dates TBD. \$25/hour. Paid training at \$15/hour. Level 2 background check and LCS badge required (paid by employer). Call or text Judy Alexander at 850-321-6886 and/or send resume and why you'd be an excellent candidate to jalexander98@comcast.net.



hightouch hightech
Science Made Fun!

MONTHLY FINANCIAL SNAPSHOT (TIMES 2)

March:

- Total giving = \$22,379.77
- Total expenses = \$21,556.20

April:

- Total giving = \$15,448.00
- Total expenses = \$20,390.12

Year-to-date*:

- Total giving = \$77,940.77
- Total expenses = \$75,760.32
- \$2,180.45 in the black

We raised \$503 for the International Refugee Committee! Thank you for your generosity in giving, St. Stephen!

Designated giving/expenses are not included in the above totals.



COMING UP

- This Sunday: Deadline to RSVP for Ladies Tea Party
- May 9: OWLs luncheon
- May 12: Pizza and crafts
- May 14: Ladies Tea Party (Mother's Day!)
- May 21: CPR and AED session
- May 28: Pentecost (choir's last anthem until after summer)
- July 30: Congregational meeting
- Oct. 29: Bishop Suarez visits us on Reformation Sunday



MORE MIDWEEK UPDATES



- **CALLING ALL GRADS!** Each year we try to list all of the St. Stephen people who are graduating from high school, college or any other program. We want to celebrate with you, so please send us your name, where you're graduating from and what your next steps are.
- Brenda Christie, outreach coordinator at New Mt. Zion AME Church, invites St. Stephen members to the third annual Unity in the Community program. It's set for 3 p.m. Sunday, May 28, at Allen Temple CME Church, 849 Kissimmee St.
- Do you have an anniversary, birthday or special memory you'd like to honor? Celebrate the occasion by sponsoring the flowers for our service. Sign up on the flower chart in the narthex. The cost is \$35, which you can place in the offering plate.
- Have any questions for our Church Council members? They're listed on our website, <https://ststephenlutherantally.com/about-us>.
- Have anything to add to a future newsletter? Email Lori at sslc@ststephenlutherantally.com or call 850-385-2728.





UPCOMING BIRTHDAYS

Emily Jennings - 05/07
Eva Mustian - 05/08
Claire Claussen - 05/09
Eunice Muchuruza - 05/16
Jennifer Dritt - 05/21
Paxton Oates - 05/23
Sandy Larson - 05/24
Jake Hartung - 05/25
Blake Simmons - 05/25

IN THE WEEK AHEAD

Sunday, May 7:

9a.m. - Book study
9:30 a.m. - Choir practice
10 a.m. - Worship, Fifth Sunday of Easter

Tuesday, May 9:

11:30 a.m. - OWLs luncheon at The Egg Café & Eatery

Wednesday, May 10:

7 p.m. - Choir practice



If you have news or photos to share,
please send them to Lori at
sslc@ststephenlutherantally.com.

Don't forget our Facebook page:
<https://www.facebook.com/ststephentallahassee>.

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