"Hear this, both rich and poor together, there is no price one can give to God for life." AMEN!

It is early in the morning and a farmer wakes to tend to the cows and get started on daily chores.

A nurse checks a few patient charts before the morning shift arrives, one in particular she pauses to hold the patient's hand, knowing it is likely they'll die before her next shift.

The store clerk pulls into an empty parking lot to unlock the food market.

An emergency alarm sounds and firefighters, paramedics and police spring into rescue mode.

While daycare workers, greet their
6 am parents dropping off tired children
still sleeping or quietly crying since
parent needs to leave them there and
get to work.

Teachers load work into their car

and head to the classroom to prepare students for life.

Streets fill with cars, people fill into buses and commuter trains as workers and students get to places they need to be.

Road workers head out to repair bridges and potholes and keep infrastructure safe while in a neighborhood people exit their homes to exercise by walking or jogging.

Tourists pack to go to beach, mountain, and historical sites hoping to see all they can during their short vacation and still get the much needed rest and relaxation. (Pause)

"What do people gain from all the toil at which they toil under the sun?

A generation goes, a generation comes.

We are busy with unhappy busy-ness that God has made us busy with.

It's all a chasing of wind, a striving to grasp at vapor that vanishes.

This also is vanity."

The haunting words of the teacher from Ecclesiastes.

The writer/preacher is a keen observer of the human condition, with reflections that concern our struggle to find meaning in the daily life that reverberates across ages and souls... from generation to generation.

One might be tempted to languish in its appearance of depression, insignificance, or just take a gloomy outlook when reflecting on the wisdom from Ecclesiastes,

but that would be a shame to get stuck there because the text offers insight for its readers to gather into the space of the universe God created and consider a mortals place in it. (Pause)

First some history about Ecclesiastes...

Scholars place the book to have likely been written between 450 and 350 b.c.e.

Author and rector Denise Yarborough wrote that "the economy of the day was a mercantile system,

that is, one that is money based and money driven.

The people worked hard in urban settings.

For the first time in Israelite history, average people were in debt."

Loans were made for good ideas and some people got rich while others fell into financial collapse.

Was it good luck or bad luck?

Was success a product of hard workers and failure the result from lazy people?

Was it a matter of those with or those without connections?

The questions and the similarities to that world and ours are not hard to miss.

We are constantly told that there's
equal opportunity to anyone to
be rich and happy, just dream big,
work hard and to take risks to
get the reward. (Pause)

Whose mailbox is full of credit card ads,

debt consolidation loans, and home improvement loan ads?

We get catalogues that offer the purchase of any item under the sun can be ours and potentially make us happy, finally... happy, if we just buy it.

Yet, we know that promised happiness is fleeting...

Vanity.

The quest for financial security and for happiness is all so very exhausting.

Those who live on fixed income wonder how they'll be able to keep up with inflation?

Single and married parents worry how they'll pay for skyrocketing college expenses?

Graduating students wonder how they'll pay back the financial aid they must acquire to get a degree?

It's harder and harder to buy a first home, take a vacation, or even put food on the table these days.

We, also face the question of the teacher in Ecclesiastes... "What's it all for?

Why am I even trying to do all this anyway?"

The answer is in there but it's not included in the assigned text.

The reading stops at the gloomy questions without the gift of an answer.

But the answer comes when the teacher says:

There is nothing better for humans than to eat,
to drink, and to find enjoyment in their toil.

In other words, there's nothing better than keeping it simple.

With words of comfort the teacher goes on to say, how these simple, but not average things, please God and from this,

God gives wisdom and knowledge and, yes, joy.

A Buddhist would explain it as mindfulness.

"A state of awareness and appreciation for the present moment."

The here, the now, the breath...

The teacher in Ecclesiastes calls us to live life in the moment, for the moment.

To take time to gain perspective on the work we do and notice the activity of our daily lives;

to practice stepping back from them
to see the bigger picture and recall the
activity of God in what we do,
what we say, and how we think.

And to know that God is in control and that the quality of love that pours from God leads us to enjoy each moment as it comes.

The author's continued usage of "All is vanity," is not voicing despair so much as being realistic and accepting in the realities of our place and our order.

And just as we think deeply about this truth, or even consider the notion that we somehow "get it," the writer then says wait!

That, too, is a chasing after vanity, hunting a vapor, or trying to capture a breath...

because even in our greatest
knowledge or wisdom or joy we will
still not fully know everything God
has done from beginning to end.

We are finite, we can only endure so much, but God endures forever.

Nothing can be taken from God nor added to God.

And since God endures forever, then somehow so will we.

"Eat, drink, and take pleasure in all their toil.

It will bring about wisdom, knowledge and joy."

These are things that anyone can acquire. (Pause)

Have you noticed the last few Sunday's while in Luke's gospel we have been walking through instances of distraction?

"Martha, Martha. Why are you so distracted?"

Then last week, the distracted disciples need Jesus to teach them how to pray.

Now today, the rich man is distracted by his wealth and possessions.

Luke leans in gently to whisper in our ear, to recognize how we too can be distracted by good things, we can also be taught to let go.

What would it mean for us to say "no" and let go the distractions?

Even the good ones?

Martha's work and service of hospitality was good, but she was distracted from letting herself be near Jesus... let go, Martha.

Prayer is good, but the disciples were distracted from intimate conversation with Jesus and desired a formulaic prayer...

Let go, followers of Jesus.

Now today, wealth and possessions, are not in themselves evil, but they become powerful agents that distract us from God... let go...

They bolster the worst parts of humans

when we seek them for our own use, our own power, fooling ourselves to believe we are the controllers... let go...

(Pause)

As another day passes and people return to their homes for dinner, tend to self and family, watch television, do some reading, and finally come to rest and sleep to begin it all again...

We, in the presence of one another and with God, take time to hear these words of wisdom:

Eat, drink, and find enjoyment in our toil.

AMEN!