

SMART GOALS

Instructions: For each goal, fill in the details according to the SMART criteria. This will help ensure that your goals are clear, focused, and actionable.

S	SPECIFIC DEFINING FAITH-DRIVEN GOALS	What specific goal do you want to achieve, and how does it align with God's vision for your life? (Proverbs 16:3) How do you sense God leading you to act on this goal? What specific outcome are you hoping to achieve in line with your faith?
M	MEASURABLE SEEING GOD'S HAND IN TANGIBLE PROGRESS	How will you measure progress toward your goal? (Philippians 3:14) What milestones or checkpoints can you set to track your progress and celebrate small wins? How will you know God is working through this journey?
A	ACHIEVABLE SETTING REALISTIC GOALS THROUGH PRAYER	What steps can you realistically take with God's help to achieve your goal? (Philippians 4:13) How might you rely on God's strength as you pursue this goal? What limitations or challenges do you need to consider, and how can you trust God to guide you?
R	RELEVANT ENSURING GOALS ALIGN WITH GOD'S PURPOSE	Is this goal meaningful to your faith journey, and how does it reflect God's purpose in your life? (Romans 8:28) How will achieving this goal bring you closer to God or align with your values? What would happen if you don't achieve this goal, and how might that impact your faith?
T	TIME-BOUND SETTING A GOD-HONORING TIMELINE	What timeline feels achievable and aligns with God's timing? (Ecclesiastes 3:1) How can you remain flexible to God's timing while staying committed to your goal? What deadlines or milestones can you set to stay motivated and accountable?

SMART GOALS

GOAL: _____

S	
M	
A	
R	
T	

BRINGING IT ALL TOGETHER

✓ DEFINE YOUR SMART GOAL – CLEARLY OUTLINE YOUR GOAL, ENSURING IT IS SPECIFIC, MEASURABLE, ACHIEVABLE, RELEVANT, AND TIME-BOUND. BREAK IT DOWN INTO PRACTICAL STEPS THAT ALIGN WITH YOUR FAITH-DRIVEN PURPOSE.

✓ INVITE GOD INTO THE PROCESS – SEEK HIS GUIDANCE IN EVERY STAGE, TRUSTING HIS WISDOM TO SHAPE YOUR PROGRESS. SURRENDER YOUR PLANS TO HIM, KNOWING HE WILL DIRECT YOUR PATH. (PROVERBS 3:5-6)

REFLECTION & PRAYER

✓ PAUSE FOR PRAYER – ASK GOD TO BLESS YOUR GOAL-SETTING JOURNEY, PROVIDING CLARITY, PERSEVERANCE, AND FAITH IN HIS TIMING.

✓ REFLECT ON FAITH IN ACTION – CONSIDER HOW THIS PROCESS STRENGTHENS YOUR TRUST IN GOD, TEACHING RESILIENCE, PATIENCE, AND DEEPER RELIANCE ON HIM. SETTING GOALS ISN'T JUST ABOUT ACHIEVEMENT—IT'S ABOUT WALKING IN ALIGNMENT WITH HIS WILL.