



Hampshire Fire Protection District Foreign Fire Insurance Tax Board

Meeting Minutes for
April 15, 2024 10:00 am

Attendance: E. Larson, D. Ramirez (via phone), M. Serrano (via phone), T. Herrmann, Z. Rice (via phone), J. Morgan, and J. DePauw

Absent: C. Best and S. McBride

Employees Present: None

-Meeting was called to order at 10:00 hours.

-Previous Meeting Minutes: Meeting minutes were sent out for review from the previous meeting.

-Treasurer Report: E. Larson supplied the spending report for the current fiscal year. Current expenditures totaled \$20,282.65 from June 1, 2023 – April 15, 2024. The total in the current account is \$45,276.44 with another \$12,400.00 in items awaiting purchase.

Old Business:

- **Deadlift Mat:** J. Anderson is on a leave of absence so someone will be found to take this over.
- **Fitness Bike:** E. Larson just needs someone to get an updated price so that we can ensure there is enough on the credit card for the purchase. D. Ramirez will do it.
- **Uniform Rain Coats:** C. Best was not present for a report. J. DePauw will contact him and figure out what is going on.
- **Position Re-Elections:** C. Best, D. Ramirez, and Z. Rice are all up for re-election. E. Larson will send out a survey monkey for elections.
- **Station Logos:** J. Anderson also was heading up this project. L. Black has taken it over and is making progress.
- **Forcible Entry Prop:** An amount of \$11,000 has been allocated for this purchase in previous meetings. M. Serrano is working on picking out a company to move forward with. The prop will be delivered to Station 2 and will be housed there.

New Business:

- **Fitness Room TV's:** Z. Rice proposed purchasing a new television to replace the two in the fitness room. He would like a smart television so they can watch workout videos. He would only like to see one television rather than the two. A motion was made by Z. Rice to purchase one smart television with mount, not to exceed \$500.00. The motion was seconded by M. Serrano and the motion passed.
- **Coffee Beans:** M. Serrano brought up the idea to purchase a coffee bean subscription to ensure we have enough coffee beans in stock. Currently, personnel are buying them out-of-pocket. Personnel will look into a coffee subscription. In the meantime, D. Ramirez made a motion to purchase coffee beans for Station 1 and 2, not to exceed \$400.00 until a subscription can be selected. The motion was seconded by Z. Rice and the motion passed.
- **Elliptical Machine:** J. DePauw proposed purchased a new elliptical machine for Station 1. The previous one was decommissioned due to it being in poor shape. He found a Life Fitness machine for \$2,900.00. Z. Rice brought up purchasing a machine for Station 2 as well since we are already purchasing one. J. DePauw will research a brand and model and make the purchase. Z. Rice made a motion to purchase 2 elliptical machines, not to exceed \$6,500.00 once J. DePauw finds one. The motion was seconded by J. Morgan and the motion passed.

Adjournment: A motion was made by Z. Rice to adjourn the meeting. Motion was seconded by M. Serrano and the motion passed. Meeting was adjourned at 10:25 am.

Next Meeting : **June 19, 2024 at 10:00 am**

DATE	VENDOR	DESCRIPTION	AMOUNT
	Fiscal Year 2023 - 2024 Starting Balance		\$ 40,537.77
6/9/2023	Verizon Wireless	Monthly i-Pad Service	\$ (231.40)
6/10/2023	Costco	Station Commodities	\$ (147.17)
6/23/2023	JLT Photography	Department Photos	\$ (3,500.00)
7/7/2023	Verizon Wireless	Monthly i-Pad Service	\$ (231.40)
7/11/2023	Vista Print	Personnel Duffle Bags	\$ (2,212.38)
7/11/2023	Amazon.com	Shower Towels	\$ (187.37)
7/25/2023	Costco	Station Commodities	\$ (133.17)
8/18/2023	Amazon.com	Fitness Scale	\$ (89.99)
9/1/2023	Verizon Wireless	Monthly i-Pad Service	\$ (231.49)
9/29/2023	US Allied Plumbing	Ice Machine Plumbing	\$ (728.38)
10/8/2023	Costco	Station Commodities	\$ (133.17)
10/13/2023	Verizon Wireless	Monthly i-Pad Service	\$ (231.49)
11/8/2023	Annual Deposit		\$ 25,021.00
11/10/2023	The Fitness Connection	Fitness Equipment Servicing	\$ (150.00)
11/10/2023	Verizon Wireless	Monthly i-Pad Service	\$ (231.67)
11/14/2023	Amazon.com	TV Wall Mount	\$ (45.99)
12/1/2023	ABT Electronics	70" Television	\$ (547.99)
12/8/2023	Verizon Wireless	Monthly i-Pad Service	\$ (231.67)
12/10/2023	Home Depot	Shop Vac	\$ (119.00)
12/15/2023	Costco	Station Commodities	\$ (211.19)
12/21/2023	Costco	Pots & Pans	\$ (903.12)
1/2/2024	Verathon, INC	Glidescope Equipment	\$ (3,872.00)
1/5/2024	Verizon Wireless	Monthly i-Pad Service	\$ (231.67)
2/16/2024	Verizon Wireless	Monthly i-Pad Service	\$ (231.67)
3/14/2024	Costco	Station Commodities	\$ (433.19)
3/15/2024	Advocate Sherman Hospital	Glidescope Equipment	\$ (378.12)
3/15/2024	Air One Equipment	Extrication Gloves	\$ (1,475.00)
3/15/2024	Amazon.com	Coffee Maker	\$ (2,299.90)
3/26/2024	Fast Frame	Badge Shadow Box	\$ (862.74)
			\$ 45,276.44

Amounts spent from 06/01/2023 - 04/15/2023 based on vendor.

ABT Electronics	\$	547.99
Advocate Sherman	\$	378.12
Air One Equipment	\$	1,475.00
Amazon.com	\$	2,623.57
Costco	\$	1,961.01
Fast Frame	\$	862.74
Fitness Connection, The	\$	150.00
Home Depot	\$	119.00
JLT Photography	\$	3,500.00

US Allied Plumbing	\$	728.38
Verathon, INC.	\$	3,872.00
Verizon Wireless	\$	1,852.46
Vista Print	\$	2,212.38
	\$	<u>20,282.65</u>

Items Approved, Awaiting Purchase		
APPROVED	ITEM	AMOUNT
5/9/2023	Fitness Bike	\$ 900.00
11/29/2023	Station Logos	\$ 500.00
11/29/2023	Forcible Entry Door	\$ 11,000.00
4/15/2024	Coffee Beans	\$ 400.00
4/15/2024	Fitness Room TV	\$ 500.00
4/15/2024	(2) Elliptical Machines	\$ 6,500.00
		\$ 19,800.00

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		\$ 12,400.00



Hampshire Fire Protection District

Foreign Fire Tax Expenditure Proposal Form

The following form must be completed and submitted for any and all expenditures proposed by members of the Hampshire Fire Protection District and will be evaluated for compliance and adherence to the parameters expressed by state law, specifically Chapter 24, paragraph 11-10-2:

"As part of the annual audit, these funds shall be audited to verify the purchases are for the maintenance, use, and benefit of the department."

Please type or print: Elliptical workout machine
Date: 4/14/24
Proposed By: John Delauw
Reviewed By: _____
Cost: \$2,899.00
Extended: _____

Nature of Expenditure: _____ Firefighting / EMS needs
_____ In-Station / Personnel needs
x Other

Brief explanation of expenditure: Elliptical cross trainer for Physical Fitness.

Treadmill is rough on the older members knees. Studies show an elliptical is better on your joints for cardio.

Goal and/or Objective:

Please provide at least three (3) estimates showing both cost and provider:

1. _____
2. _____
3. _____

If less than three, please explain: (for example, Sole supplier)

Detail any maintenance, service or repair contracts or warranty information and associated costs.

Discuss and/or explain how this expenditure is "... for the maintenance, use and benefit" of the Hampshire Fire Protection District.

Additional information: Please add or attach any supportive documentation, i.e. photos, drawings, correspondence, etc., for consideration by the committee.

IMPORTANT: Incomplete forms will NOT be considered.

Signature: _____ Date: _____

Foreign Fire Tax Expenditure Proposal Form – continued

BUILD YOUR DREAM HOME GYM

CARDIO

STRENGTH

ACCESSORIES

OUTLET

TOOLS

FOR FACILITY

[Home](#) / [Cardio](#) / [Ellipticals](#) / E1 Elliptical Cross-Trainer

LIFE FITNESS

E1 ELLIPTICAL CROSS-TRAINER

(43) Questions & Answers

\$2,899.00

Starting at \$121/mo or 0% APR with [affirm](#). [See if you qualify](#)

Console:

Go Console

Track Connect 2.0

☐ Add-On Premium Equipment Mat \$115.00

ADD TO CART

SKU: E1-XX00-0105; GC-000X-0105

VIEW IN 3D

VIEW IN AR

Step-up Height: 6.5 inches

Stride Length: 20 inches

Resistance Levels: 20

Key Feature: WhisperStride Tech.

DESCRIPTION

The E1 Elliptical Cross-Trainer offers a low-impact, total-body workout for home exercisers of all fitness levels. Years of Life Fitness innovation and research yielded an inviting elliptical cross-trainer that merges smooth and natural motions with outstanding durability and extremely quiet operation.

Choose from console options including the new Track Connect 2.0 with upgraded connectivity and seamless integration with your favorite devices, or the Go Console for a simpler experience.

[Learn More About the Consoles](#)

WEST COAST: Lead times may increase 2-3 weeks.

 Arrives in 5-7 weeks

 [View Spec Sheet](#)

 [View Spec Sheet](#)

 [Standard Warranty Included](#)

 [Standard Warranty Included](#)

 [View Spec Sheet](#)

 [View Spec Sheet](#)

 [Standard Warranty Included](#)

 [Standard Warranty Included](#)

CUSTOMERS ALSO ^LIKED



Foam
Roller

From
\$27.00

[Quick
view](#)

[Quick
view](#)





Connects to Apple Watch® and Samsung Galaxy Watch®



Bluetooth Heart Rate Compatible

RSTRIDE TECHNOLOGY



Bearings reduce friction and ensure nearly silent operation, which is ideal for home use.

Sync with Life Fitness Connect and other apps using FTMS



Integrated Smartphone/Tablet Compression Rack



4 User Profiles



15 Pre-Loaded Workouts + 3 Custom Workouts Per Profile



3 Year Warranty

The Track Connect 2.0 with enhanced Bluetooth® allows you to bring all your workout data into one place with seamless integration with your favorite devices including your Apple Watch® or Samsung Galaxy Watch® as well as Apple® or Android™ smartphones.

Sync with Apple Health or Fitbit by enabling proximity login on the Life Fitness Connect app. Or, connect with other apps using FTMS.

The upper Entertainment Zone with the integrated smartphone/tablet compression rack is at eye level for easy viewing as you follow along with your preferred fitness app or stream the latest episode of your favorite show, while the lower Workout Zone allows for easy setup and in-workout control.

Specifications



Stride Length	20 in (51 cm)
Resistance Levels	20
Integrated Accessory Tray	Yes
Pedals	Oversized Non-Slip Pedals
Heart Rate Monitoring	Contact heart rate hand sensors on ErgoGrip stationary front handlebars
Dimensions (L x W x H)	82 in x 30 in x 59 in (209 cm x 77 cm x 150 cm)
Weight	211 lb (96 kg)

Max User Weight

400 lb (182 kg)

Step Up Height

6.5 in (17 cm)

Power Requirements

All major voltage configurations (outside U.S. may vary)

Power Cord

6 ft., back of unit

WhisperStride Technology

Yes

Warranty

Lifetime on frame; 5-year on parts; 3-year on console; 1-year on labor (outside U.S. may vary)

Delivering to Hampshire 60140
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EN ▾

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[& Orders](#)

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Customers who viewed this item also viewed

Sponsored

Schwinn Fitness Elliptical
Machine

6,241

\$662⁷⁰ - \$1,533⁹⁹Niceday Elliptical Machine,
Elliptical Exercise Machine for
Home with Hyper-Quiet

2,761

\$499⁹⁹ - \$799⁹⁹NordicTrack T Series: Perfect
Treadmills for Home Use,
Walking or Running Treadmill

32,921

\$599⁰⁰ - \$1,799⁰⁰[Sports & Outdoors](#) ▸ [Exercise & Fitness](#) ▸ [Cardio Training](#) ▸ [Elliptical Trainers](#)

Roll over image to zoom in

Life Fitness Club Series
Elliptical Cross-Trainer
(Renewed)[Visit the Amazon Renewed Store](#)[Search this page](#)Price: **\$4,098.00**Pay **\$341.50/month for 12 months**, interest-free
upon approval for Amazon Visa

Delivery & Support

Select to learn more

Ships from
Fitness
Superstore
Inc.Eligible for
Return,
Refund or
Replacement...Customer
SupportThis product is inspected, tested, and
refurbished, as necessary to be fully functional
according to Amazon Renewed standards.[Learn about Amazon Renewed](#)

Brand	Life Fitness
Maximum Weight	110 Kilograms
Recommendation	
Maximum Stride Length	18 Inches
Item Weight	235 Pounds

About this item

- This Certified Refurbished product is tested and certified to look and work like new. The refurbishing process includes functionality testing, basic cleaning, inspection, and repackaging. The product ships with all relevant accessories, and may arrive in a generic box. Only select sellers who maintain a high performance bar may offer Certified Refurbished products on Amazon.com
- Home version of Life Fitness popular health club cross trainer, total body workout with synchronized upper- and lower-body movement

Refurbished - Excellent

\$4,098.00

\$399 delivery May 23 - June 4.

[Details](#)Delivering to Hampshire 60140 -
[Update location](#)Usually ships within 3 to 4
weeks

Quantity: 1

[Add to Cart](#)[Buy Now](#)

Ships from	Fitness Superstore Inc.
Sold by	Fitness Superstore Inc.
Returns	Eligible for Return, Refund or Replacement within 90 days of receipt
Payment	Secure transaction

Add a Protection Plan:

☐ 2-Year Protection for
\$149.99[Add to List](#)

Sponsored

- 18 Workout programs, seven personalized workouts, a race mode, and goal workouts
- Oversized pedals accommodate feet of all shapes and sizes, change programs without restarting or losing your current workout information

[Report an issue with this product or seller](#)

Sponsored

Buy it with



+



Total price: \$4,149.84

Add both to Cart

This item: Life Fitness Club Series Elliptical Cross-Trainer (Renewed)
\$4,098⁰⁰

SuperMats Heavy Duty Equipment Mat 12GS Made in U.S.A. for Treadmills Ellipticals...
\$51⁸⁴

One of these items ships sooner than the other.
[Show details](#)

4 stars and above

Sponsored



Niceday Elliptical Machine, Cross Trainer with Hyper-Quiet Magnetic Driving...
2,761
\$599.99



Teeter FreeStep LT1 - Recumbent Cross Trainer and Elliptical (LT1)
1,952
\$799.00



GUGTTR Under Desk Elliptical, Electric Seated Pedal Exerciser, Quiet & Compact Mini...
569

Limited time deal
\$129.99
List: \$199.99 (35% off)



Sunny Health & Fitness SF-E902 Air Walk Trainer Elliptical Machine Glider w/ LCD Mo...
11,443
\$78.00



Sunny Health & Fitness Elliptical Cross Trainer Exercise Machine, Full Body Low-Imp...
3,500
\$599.99

Save \$50.00 with coupon (some sizes/colors)



Sunny Health & Fitness Stepping Elliptical Machine, Total Body Cross Trainer wi...
19
\$299.99

Save \$50.00 with coupon (some sizes/colors)

Products related to this item

Sponsored

Current Status : ✓ Fully Operational ✓ Curbside Pickups ✓ Full Delivery Service ✓ Open to Public

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Home & Commercial Gym Equipment up to 70% off MSRP

[Home](#) > [Ellipticals](#) > [Life Fitness Ellipticals](#) >

Life Fitness 90x Elliptical Cross-Trainer (Remanufactured)



Like 0 Share



Price: USD \$3,599.00

Condition: Remanufactured ([What Does this Mean?](#))

Grade: Commercial ([More Info](#))

Warranty: 1 Year Parts & On-Site Labor w/Ext. Warranty Options ([More Info](#))

Ships: Fully Assembled

Processing Time: Leaves our Warehouse in 2-4 Weeks ([More Info](#))

Stock Status: Available to Order

[affirm](#) [afterpay](#)

As low as \$125 / month or 0% APR ⓘ

Product Code: 90X

Choose your options:

[Click ? for more details](#)

Processing Time*:

Leaves our Warehouse in 2-4 Weeks ▼

Warranty: ⓘ

1 Year Parts & Labor Warranty ▼

Full Assembly & Installation: ⓘ

No Thanks, Curbside Delivery Only ▼

Mat: ⓘ

No Thanks ▼

Paint Color: ⓘ

Standard Colors (As seen in Primary Picture) ▼

Qty: 1

ADD TO CART

SHIPPING AND TAX: To Calculate, add to cart, then go to cart and enter zip code for options

 **California Residents see Prop 65 WARNING**

Description

Life Fitness 90x elliptical cross trainer is one of the industry's smoothest, most comfortable total-body cardiovascular machines feature the most comprehensive line up of cardio training options. Life Fitness' research-based biomechanical comfort and results for users. Ready to use for 15 hours per day, this machine is ideal for fitness centers. The Life Fitness 95x. Although you get less programs with the Life Fitness 90x, you still get the same stable, smooth workout.

FEATURES

- Exercise Programs: Manual, Quick Start, Interval, Hill, Random, Cross Trainer (2), and Customized Cool Down
- Display Readout: Elapsed Time, Total Calories Burned, Calories Burned per hour, Watts, METs, Resistance Profile
- Accessories: Reading Rack, Water Bottle Holder, and Accessory Tray
- Handlebars: Stationary and Moving
- Oversized Non-Slip Pedals
- Rear Wheels
- Power Requirements: Self Powered, Cordless. It uses an Alternator and Battery for Power

TECH SPECS

- Max User Weight: 300 lbs
- Weight: 286 lbs
- Dimensions: 85" L x 27" W x 64" H