



Plymouth Holistic Training
Swedish massage diploma course £395

All courses run by Plymouth Holistic Training are run in conjunction with Holistic Therapies Training in Bideford. For further details about this collaboration, please visit www.freedomtherapeutics.co.uk/training

Practical training is held at Plymouth Holistic Training, 118 Albert Road, Plymouth, PL2 1AF

Description:

This course in Swedish massage will develop your practical skills to enable you to offer this treatment to your clients. In addition, you will learn about health and safety, client care/communication plus relevant anatomy and physiology.

Pre-requisites (entry level):

An anatomy & physiology qualification.
(A&P is included free of charge with this course if you do not hold this qualification)

Course format:

2 days practical attendance + home study + case studies

- Day 1 - Practical learning
- Day 2 - Assessment
- Training material is accessed via our online portal

(The practical element of this course can also be broken down into 4 evenings – please contact us for practical training dates)



Course content:

With this body massage course, you also receive the following FREE courses:

- Anatomy & Physiology Online course - FREE
- Listening skills for therapists online course - FREE
- Health & safety for therapists online course - FREE

Attendance:

2 full day practical sessions or 4 evening practical sessions

Duration:

The home study can be started at anytime, please ask for available practical course dates.

Case studies:

You are required to complete 5 treatments as case studies.



Accreditation:

- The CMA - The Complementary Medical Association
- Professional Beauty Direct
- ABT - Associated Beauty Therapists
- IICT - International Institute for Complementary Therapists
- IPHM - International Practitioners of Holistic Medicine

Career Opportunities:

Self-Employed massage therapist working from home, salon, spa or mobile.

What's included:

- Course material accessed via online learning portal.
- Practical training
- Accredited certificate emailed to you on successful completion of course, including submission of case studies.
- Listening skills for therapists online course – FREE
- Health & safety for therapists online course – FREE
- Anatomy & Physiology online course - FREE

Additional Costs:

- You will need to purchase your own products & equipment to carry out your case studies.
- We recommend you purchase a text book to support your learning.



Accredited qualification gained:

Body Massage Practitioner Diploma

Certificate is emailed to you on successful completion of attending the practical training, completion of the online theory & submission of your case studies

Insurance:

- Please check with your current insurer that they will cover you to practice with this qualification.
- We work with a number of well know insurers that we can recommend if you need student or practitioner insurance.

If you have any further questions, please get in touch, I am happy to help.

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