

FREEZE *the* FALL



HARD ROCK BAND

MEDIA KIT



FreezetheFallBand.com



YouTube



ABOUT US

Hailing from the heart of Western Canada's music scene, **Freeze the Fall** brings a fresh blend of nostalgia and innovation.

Led by Quinn (18) on vocals and guitar, Aria (17) on bass and backup vocals, and Jonah (17) on drums, this trio embodies extraordinary musicianship.

Inspired by bands like *Bring Me The Horizon*, *Evanescence*, *Spiritbox*, *Architects* & *Paramore*, they compose songs that delve into the complexities of the human experience.

With emotive vocals, thunderous bass lines, and blistering riffs, they pay homage to '90s grunge while pushing the boundaries of modern rock.

ORIGINAL MUSIC

Following up on their debut EP, *Thrones* (July 2024), *The Red Garden* marks a leap forward in musical complexity and songwriting prowess. The concept album features 6 original tracks and an instrumental intro (Denial) that kicks off a captivating storytelling journey. **Look for: Rot, Hypothermia, VHS, Aurora, Oubliette & Lace** – on all streaming platforms.

DID YOU KNOW...

Freeze the Fall has been playing some of Canada's most prominent festivals and stages in 2025 including:

- NXNE, Toronto
- Junofest & Khatsalano, Vancouver
- Breakout West, Winnipeg
- Laketown Shakedown, Vancouver Island – with Nickelback
- PeachFest, Penticton

Quinn Mitzel
Jonah Goncalves
Aria Becker



"A Rising Force in Modern Rock – What sets FREEZE the FALL apart is their cinematic approach to songwriting. Each track stands as a chapter within a larger narrative – one that reflects the chaos, uncertainty, and fragile beauty of the human experience. Their lyrics wrestle with disinformation, isolation, emotional vulnerability, and personal rebirth, all wrapped in a heavy but melodic sonic palette.

With *The Red Garden*, FREEZE the FALL have not only refined their sound but elevated their artistic vision. It's a release that challenges, captivates, and lingers long after the final note fades." ~ *Music-Rebels.com*

"FREEZE the FALL may still be a young band, but *The Red Garden* proves they are operating with both ambition and clarity of vision. This EP is sure to help cement them as one of Canada's most exciting rising heavy rock acts." ~ *CrucialRhythm.com*

FREEZE the FALL has also been featured in esteemed publications such as *Decibel Magazine*, *FemMetal* and *Ghost Cult Magazine*

PROUD TO SHARE STAGES WITH...

Freeze the Fall has had the honour of sharing stages with rock titans, including:

- Nickelback
- The Glorious Sons
- Sam Roberts
- Toque
- Brkn Love
- Royal Tusk
- Unto Others
- And coming up... Nazareth and Econoline Crush!



CONNECT, COLLABORATE & CREATE WITH US

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