



## ANESTHESIA INSTRUCTIONS for CHILDREN

Your child has been scheduled to receive dental treatment under anesthesia. The medications that will be administered to your child will allow him/her to undergo their dental treatment safely and comfortably. The following instructions must be followed. **FAILURE** to follow these instructions could put your child at unnecessary risk and result in the **CANCELLATION** of the appointment.

### **EATING AND DRINKING**

- **NO** solid food by mouth after **MIDNIGHT**.
- **WATER UP TO 4 MEASURED OUNCES MAXIMUM** may be consumed up to **4 HOURS** prior to the appointment.
- **NO MILK OR OTHER DAIRY PRODUCTS** may be consumed. Breastfeeding should be stopped **6 HOURS** prior to appointment.
- If your child has a **FEEDING TUBE**, please contact our office first.

### **CLOTHING**

Please have your child in comfortable, loose fitting clothes. **NO ONESIES PAJAMAS**. All children up to **5 YEARS OF AGE** need to have diapers or pullups to avoid any bladder accidents. Please **AVOID ALL JEWELRY, MAKE-UP, AND NAILPOLISH** as it can interfere with the procedure.

### **MEDICATIONS**

**IF YOUR CHILD IS TAKING ANY MEDICATIONS**, please contact our office **FIRST** before your appointment so that the anesthesiologist can tailor your child's anesthesia plan accordingly.

- If your child has **ASTHMA** or other breathing problems, please inform our office to discuss our pre-treatment regimen as it applies to your child.
- If your child has **DIABETES** and is **INSULIN** dependent, please inform our office to discuss our pre-treatment regimen as it applies to your child.

### **SICKNESS**

Please contact our office as soon as possible to report any changes in general health, persistent-fever, productive cough, illness, etc.

### **ESCORT**

At the completion of the appointment, at least **1 ADULT** is required to take the child home. At home, if there are other children, please make sure there is 1 adult supervising the child **EXCLUSIVELY** for at least **3 HOURS**.

**NO PARENT OR FAMILY MEMBER** is allowed to remain in the treatment area after your child is asleep. At least **1 ADULT** must remain at the office during the procedure.

### **EXTRAS**

Please bring a pillow and blanket for the ride home. Do not change your child's daily routine prior to the appointment. Please **DO NOT HAVE THEM STAY UP LATE** the night before the appointment or have them eat too late.

If you have any questions or concerns about these instructions, please contact our office.