organizeyourspace.ca

# Cleaning Schedule

# Adapt the checklist for your schedule

### **SUNDAY**

- Do your Dishes
- Bed sheets
- Clean Bathroom (s)
- Sunday box-put items away

Don't forget your 15min tidy up before the night is over! Set your Timer & go!

### **MONDAY**

- Do your Dishes
- Clean kitchen, wipe down stove
- clean microwave
- Load of Laundry wash/dry /away

### **TUESDAY**

- Do your Dishes
- Tidy kitchen
- Tidy Entrance, sweep / vacuum
- Tidy bathroom counter and floor
- Load of Laundry wash/dry /away

### **WEDNESDAY**

- Do your Dishes
- Tidy Kitchen/Tidy inside the fridge
- Collect all garbage throughout the house
- Sweep /Vacuum main traffic areas

Pick up the day's clutter from the floor, tidy up the couch, fold blankets, pick up toys, tidy shoes/boots, tidy kitchen and bathroom counters

\*\*Sunday box, this is a small bin/basket where your mail & important papers and homeless items are placed during the week

## THURSDAY OR FRIDAY

- Do your Dishes
- Tidy kitchen
- Tidy Bedroom floors / Dressers
- Tidy bathroom counter and floor
- Load of Laundry wash/dry /away

### **SATURDAY**

- Do your Dishes
- Load of laundry wash/dry/ away
- tasks you missed through the week