

Get Excited & Get Started!

Simple & Practical



Step 1

Let's get started! Make sure you wear a comfy pair of shoes, have a positive attitude, garbage/recycling bags and a donation box. Be sure to turn on your favourite tunes! Take a BEFORE picture.

Step 2

Pick a space that REALLY makes you crazy! I suggest you start with a public space such as the entrance, you likely don't have an emotional connection to these items. Set a timer based on the time you can commit to this project. Maybe 15 or 30 minutes.

Step 3

Start with garbage/recycling and donations. DON'T try to organize, take anything that does not belong in that area to the right place. Don't make piles for later, if you get distracted or need to stop you are not stuck with another mess.

Step 4

Remember you are aiming for BETTER not PERFECT! Don't make organizing decisions in this step, continue to ask yourself the key question; where would I look for this first? If you can answer that question, bring it there now. If it is a donation, in the box it goes.

Step 5

If the location is full remove any garbage or donation to make room. Return to your project space and continue. Once the timer goes off YOU ARE DONE! Be sure to take an after photo. Step back and enjoy your refreshed space!