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a catalyst breaks bonds.........
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......and lets other bonds form


## Catalyst

## enzyme, agitator, incendiary, incentive, Means, vehicle, method, mechanism, reagent.

## Catalyst

Enzyme, agitator, incendiary, vehicle, method, channel, medium, means, means of expression, agency, agent, instrument, mechanism, organ, apparatus, structure, machine, machinery, stimulus, stimulation, motivation, motivating force, fillip, encouragement, influence, muse, goad, spur, lift, boost, incentive, incitement, impulse

## Catharsis (for)

purgation, purification, release, expurgation, ablution, Emotional release: The process of releasing strong emotions through a particular activity or experience.

# Catharsis 

 release, relief, emotional release, freeing, deliverance, exorcism, ridding, expurgation, ablution, The process of releasing strong emotions through a particular activity or experience.
## Basic Terminology

- Cranial - the head or towards the head
- Caudal (tail) - the tail or towards the tail
- Anterior - the front section or towards the front
- Posterior - the back section or towards the back
- Ventral - the front or anterior surface
- Dorsal - the back or posterior surface


Caudal
(posterior) Tail, rear, hind, back, hinder, rearward


## Caulk

seal, lock, latch, jam, trammel, barricade, Make boat watertight. To fill in the cracks or gaps in something such as a pipe or a window frame using a waterproof material

Seal, lock, latch, jam, trammel, barricade, block up, bung up, stop, stop up, plug, seal, close, clog, clog up, choke, obstruct, occlude, dam up

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## Centennial

decennial, ceturial, carnival, expo, festival, celebrations, Of century, occurring every hundred years, Birthday

# Centennial 

Decennial, ceturial, carnival, expo, festival, celebrations, Of century, occurring every hundred years, Birthday

## Certain

(confident), believing, satisfied, undisturbed, calm, secure, sure, Convinced,

Certain
(Confident), believing, satisfied, undisturbed, calm, secure, Convinced, unquestionable, sure, definite, beyond question, not in question, not in doubt, beyond doubt, unequivocal, indubitable, undeniable, irrefutable, indisputable, incontrovertible, incontestable, obvious, patent, manifest, evident, plain, clear, transparent, palpable, unmistakable, conclusive, recognized, confirmed, accepted, acknowledged, undisputed, undoubted, unquestioned, unchallenged, uncontested, sure, very likely, bound, destined, predestined, fated, trusted, assured of doing something, inevitable, assured, destined, predestined, fated, reliable, dependable, trustworthy, sound, foolproof, tested, tried and tested, effective, efficacious, guaranteed, sure, unfailing, infallible, unerring

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## Chastise

scold, censure, chide, whip, punish, To punish or scold somebody, Reprimand, rebuke

Chide, whip, punish, To punish or scold somebody, scold, upbraid, berate, reprimand, reprove, rebuke, admonish, chide, censure, castigate, lambaste, lecture, criticize, pull up, take to task, haul over the coals, bring to book

## Chimerical

imaginary, unreal, fanciful, fictious, unrealistic, absurd, deceptive

## Chimerical

## Imaginary, unreal, fanciful, fictious, unrealistic, absurd, deceptive

## gentlemanliness, courtliness, gallantry, politeness, courtesy, graciousness

 <br> \section*{\title{Chivalry
}} <br> \section*{\title{
Chivalry
}}

Gentlemanliness, gallantry, politeness, courtesy, graciousness, knight errantry, the knightly code, knighthood, courtly manners, knightliness, courtliness, nobility, magnanimity thoughtfulness, attentiveness, consideration, considerateness,

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DNA double helix

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Histone proteins

## Chromosome

## DNA, Heredity, Gene <br> Code, Genetic material, <br> RNA,

# Chromosome 


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# Churn 

(out, up)
shake, stir, swirl, Splash violently, Stir milk or cream, make butter, splash violently, moil, roil, feel unsettled processor, liquidizer, stirrer, beater, churn, whisk, be turbulent, heave, boil, swirl, toss, seethe, foam, froth

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## Circulated

(make known), bring out, broadcast, distribute, publicize, promulgate, disseminate, disperse,

# Circulated 

(Make known), bring out, disperse, spread, spread about, spread around, pass around, pass on, communicate, disseminate, transmit, make known, air, put about, bandy about, make public, broadcast, publicize, advertise, publish, post, propagate, promulgate, blazon abroad, noise abroad, distribute, give out, issue, purvey

## Joint Movement - Rotation \& Circumduction

- Rotation - Movement
around a long axis
- Circumduction Combination of flexion, extension, abduction and adduction


www.salmanulwaheed.com (rotation), moving, around, wheeling, encircling, revolving, ring, surrounding, a circular movement of a limb or eye, motility, motion, move
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# Circumduction 

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## Clamorous

vociferous, uproarious, stentorian, booming, loud, Blatant, clamant, strident,

# Clamorous 

Uproarious, stentorian, booming, Blatant, clamant, strident, noisy, loud, vocal, vociférons, raucous, rowdy, rackety, tumultuous, shouting, shrieking, screaming, importunate, demanding, insistent, vehement

## Prof. Salman ul


(faster), grip, hold, snap, catch, lock, vice, A mechanical device with movable jaws, fasten or fix with a clamp, fasten, fix, secure

## Clamp

(Faster), grip, hold, snap, catch, lock, vice, A mechanical device with movable jaws, fasten or fix with a clamp, fasten, secure, fix, clip, attach, make fast, screw, bolt, clasp, fastener, bracket, holdfast, mute, capo, suppress, prevent, stop, put a stop to, put an end to, stamp out, crack down on, come down hard on, limit, restrain, restrict, check, keep in check, control, keep under control

Proi Salman ul


## Clement

kind, gentle, calm, humane, Mild, moderate, soft, showing mercy or leniency

# Clement 

Calm, Mild, showing mercy or leniency, merciful, sparing, forgiving, forbearing, tolerant, moderate, charitable, humane, indulgent, easy-going, magnanimous, sympathetic, compassionate, pitying, kind, kindly, kind-hearted, benevolent, gentle, mild, temperate, summery, calm, tranquil, fine, pleasant, benign, soothing, soft, pod, husk, covering, protector, Covering, outside, exterior, sheath


## Close

near, adjacent, adjoining,
End, stop, finish,
terminate, cease

# Close 

Adjoining, End, stop, finish, terminate, cease, near, adjacent, in close proximity, close at hand, near at hand, dense, compact, tight, close-packed, tightly packed, packed, solid, condensed, compressed, concentrated

## Cluster

(group of something), band, batch, array, collection, gathering, a grouping of a number of similar things, swad, tuft, agglomeration, tussock, clump

## Cluster

Array, tuft, agglomeration, tussock, bunch, clump, collection, mass, knot, group, clutch, bundle, nest, crowd, group, knot, huddle, bunch, gathering, throng, swarm, flock, pack, troupe, party, band, body, collection, assemblage, congregation
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## Coast

shore, beach, seaside, coastline, ,seashore, seaboard

## Coast

Seaboard, coastal region, coastline, seashore, shore, shoreline, seaside, beach, sand, sands, foreshore, waterside, water's edge, waterfront, pod, husk, covering, protector, Covering, outside, exterior, sheath

## Proi Salman ul

dim eq
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## Cobble <br> (with)

mend, repair, renovate, fix, bushel, doctor, furbish up, restore, touch on

# Cobble (with) 

Mend, repair, renovate, fix, bushel, doctor, furbish up, restore, touch on prepare hastily, prepare roughly, make hastily, make roughly, put together hastily, put together roughly, scribble, improvise, devise, contrive, rig, rig up, patch together, jerry-build
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## Coccyx

tailbone, dorsal, region, lower, back, A small triangular bone at the base of spine

Coercive
bullying, threatening, force, duress, Powerful, using force to make somebody do something against his or her will

# Coercive 

Bullying, threatening, force, duress, Powerful, using force to make somebody do something against his or her will, overbearing, authoritarian, imperious, highhanded, high and mighty, autocratic, autarchic, pod, husk, covering, protector, Covering, outside, exterior, sheath

Collage
collection, assemblage, Patchwork, hodgepodge, clutter montage,

# Collar 

(neck, attire), eton, choker, frill, jabot, ruff, torque, a band that fits around the neck and is usually folded over, neck opening, ruffle rabato, neck choker, facing, band,

## Collar



Attire), eton, frill, jabot, ruff, torque, neck opening, ruffle, rabato, neck facing, band, neckband, choker, apprehend, arrest, catch, capture, seize, take prisoner, take into custody, detain, put in jail, throw in jail, put behind bars, imprison, incarcerate, nab, nail, run in, pinch, bust, pick up, pull in, haul in, do, feel someone's collar

# Collateral 

(indirect, secondary), added, ancillary, auxiliary, concurrent, dependent, lateral, situated or running side by side, parallel, oblique, perpendicular

Collateral

(Indirect, secondary), added, anciliary, auxiliary, concurrent, dependent, lateral, situated or running side by side, parallel, oblique, perpendicular, security, surety, guarantee, guaranty, pledge, bond, assurance, insurance, indemnity, indemnification, pawn, backing, bail, hostage, pod, husk, covering, protector, Covering, outside, exterior, sheath

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(composite), aggregate, collated, gathered, joint, shared, mutual, done by or characteristic of individuals acting together, Corporate

# Collective 

(Composite), collated, gathered, done by or characteristic of individuals acting together, Corporate, common, shared, joint, combined, mutual, communal, united, allied, cooperative, collaborative, aggregate, cumulative, undivided, pooled

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Column
(line, procession), row, string, cavalcade, list, platoon, a line of units following one after another, file, single file, Pillar, Pilaster, stake, support

## Column

 salman uil Varicerndmn Pillar, post, pole, support, upright, vertical, baluster, pier, pile, piling, pilaster, stanchion, standard, prop, buttress, rod, shaft, leg, mast, tower, pylon, obelisk, monolith, article, piece, piece of writing, item, story, report, account, write-up, feature, essay, composition, study, review, criticism, critique, notice, commentary, editorial, leader, line, file, queue, procession, rank, row, string, chain, train, trail, progression, succession, cavalcade, parade, motorcade, carcade, cortège, convoy, pod, husk, covering, protector, Covering, outside, exterior, sheath
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## Comatose

## unconscious, Insensible, in a coma, <br> Cold, sleepy, drowsy, unable to <br> function

## Comatose

Cold, unable to function, unconscious, in a coma, insensible, senseless, blacked out, passed out, insentient, insensate, inert, torpid, inactive, lethargic, sluggish, lifeless, listless, languid, lazy, idle, indolent, shiftless, slothful, heavy, stagnant, sleepy, drowsy, somnolent, languorous, apathetic, passive, hibernating, sleeping, dormant, supine

combinations
(mixture, blend), amalgam, composite, connection, compound, a collection of things, amalgam, aggregation, collection, complexion, haplotype, color scheme, accumulation, assemblage

# Combinations 

A collection of things, amalgam, aggregation, collection, complexion, haplotype, color scheme, accumulation, assemblage, amalgamation, amalgam, merger, union, blend, mixture, mix, mingling, meld, fusion, fusing, compound, alloy, marriage, weave, coalescence, coalition, pooling, integration, conjunction, incorporation, synthesis, composite, composition, concoction
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## Comely

beautiful, cute, lovely, attractive, good-looking, Becoming (charming), comely, decent, decorous, seemly

# Comely 



Cute, decent, decorous, seemly, attractive, goodlooking, nice-looking, beautiful, pretty, handsome, lovely, stunning, striking, arresting, gorgeous, prepossessing, winning, fetching, captivating, bewitching, beguiling, engaging, charming, charismatic, enchanting, appealing, delightful, irresistible, sexy, sexually attractive, sexual, seductive, alluring, tantalizing, ravishing, desirable, sultry, sensuous, sensual, erotic, arousing, luscious, lush, nubile
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Commiserate
To sympathize with, to show sorrow for, or to offer condolences
Commiserate (with) sympathize, condole, console, ache, feel, everything, medley, sympathize with somebody, Feel for pity, compassionate, condole with

Commiserate (with)
Ache, medley, Feel for pity, compassionate, condole with, offer sympathy to, be sympathetic to, express sympathy for, send condolences to, offer condolences to, condole with, sympathize with, empathize with, feel pity for, feel sorry for, feel for, be moved by, mourn for, sorrow for, grieve for, comfort, console, solace, give solace to


## Communicate

(give or exchange information), connect, interact, divulge, hint, acquaint, break, interconnect, link, transfer, lead into, converse

# Communicate 


(Give or exchange information), connect, interact, hint, acquaint, break, interconnect, link, lead into, convey, tell, impart, relay, transmit, pass on, hand on, transfer, make known, announce, report, recount, relate, set forth, present, divulge, disclose, mention, transmit, transfer, spread, carry, pass on, hand on, convey, talk, speak, converse, chat, have a conversation, have a chat, spread, disseminate, circulate, promulgate, proclaim, broadcast, make public


## Commute (for, to)

 drive, travel, voyage, journey, trip, jaunt, junketDrive, travel, voyage, journey, trip, jaunt, junket, travel to and from work, travel to and fro, travel back and forth, come and go, shuttle, exchange, change, interchange, substitute, swap, trade, barter, switch

Proi Salman uI


Compact
compressed, fit, condensed, succinct, laconic, Pack, dense, bundle, wad, arrange, set up

# Compact 

compressed, fit, laconic, bundle, wad, arrange, set up, dense, packed close, closepacked, tightly packed, pressed together thick, tight, firm, solid, concise, succinct, condensed, compendious, crisp, terse, brief, pithy, epigrammatic, aphoristic, elliptical, small, little, petite, miniature, mini, smallscale, neat, economic of space, fun-size

## COMPARTMENTS OF THE LEG

- The leg is subdivided into 3 compartments by the anterior and posterior intermuscular septa and the interosseous membrane between the interosseous borders of the tibia and fibula:

1. Anterior compartment: contains the extensor group of muscles.
2. Lateral compartment: contains the peroneal group of muscles.
3. Posterior compartment: contains the flexor group of muscles.


Compartments
(section, subdivision), portion, slot, chamber, carrel, carriage, cubicles, stalls, Booths

## Compartments

(Subdivision), slot, carrel, carriage, cubicles, stalls, Booths, section, part, partition, bay, recess, chamber, cavity, niche, nook, hollow, pocket, pouch, receptacle, domain, field, sphere, realm, area, department, sector, section, division, part, category, pigeonhole, bracket, class, group, set

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## Compatible (with)

agreeable, reconcilable, congruent, likeminded, rapport in accord, Harmonious, Congenial, congruous

# Compatible (with) 

 suited, suited, well matched, like-minded, of the same mind, in agreement, in tune, in harmony, reconcilable, consistent, reconcilable, consonant, congruous, congruent, fitting, in keeping, in accord, in tune, in step
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## Complacent (about)

pleased, satisfied, contented, serene, Selfsatisfied, self-complacent, eager to please

# Complacent (about) 

## S mm

Serene, self-complacent, smug, selfsatisfied, pleased with oneself, proud of oneself, self-approving, self-congratulatory, self-admiring, self-regarding, gloating, triumphant, proud, pleased, gratified, satisfied, content, contented, careless, slack, lax, lazy


## Complex

( involved, intricate), composite, mingled, multifarious, multiform, Multifaceted, compound, perplexing,

# Complex 

## Smn

Composite, multiform, compound,
multifarious,
perplexing, complicated, involved, intricate, convoluted, tangled, elaborate, serpentine, labyrinthine, tortuous, impenetrable, Byzantine, Daedalian, Gordian, difficult, hard, knotty, tricky, thorny, problematical
(parts, elements), factors, fixings, makings, plug-ins, segments, Mechanisms, Machineries, Apparatuses, Constituents

# Components 

Factors, fixings, makings, plug-ins, segments, Mechanisms, Machineries, Apparatuses, Constituents, part, piece, bit, constituent, element, ingredient, unit, module, item, section,

Forever is composed of nows. Emily Dickinson
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(calm, collected), at ease, clearheaded, confident, possessed, repressed, SelfSerene, Unruffled, Tranquil

Composed
Clearheaded, confident, repressed, calm, collected, cool, calm, and collected, cool, as cool as a cucumber, cool-headed, controlled, self-controlled, serene, tranquil, relaxed, at ease, self-possessed, unruffled, unperturbed, unflustered, undisturbed, unmoved, unbothered, untroubled, unagitated, equable, even-tempered, levelheaded, imperturbable

# Common Chemical Compounds 

Water


Ammonia


S. ${ }^{2}+12$
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Carbon Dioxide

$\mathrm{CO}_{2}$

Hydrogen Peroxide

$\mathrm{H}_{2} \mathrm{O}_{2}$

Compound
(combination, mixture), aggregate, alloy, combo, composite, conglomerate, Multiple, Complex, Multifarious, Multifaceted

Aggregate, alloy, combo, composite, conglomerate, Multiple, Multifarious, Multifaceted, Complex, amalgam, amalgamation, combination, composite, blend, mixture, mix, admixture, meld, fusion, synthesis, consolidation
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## Chest compressions <br> are performed <br> between the nipples

Compor
Compression
(condensation), confining, squeezing,
pressing, Density, Solidity, Firmness,
Concentration, Concretion

# Compression 

Confining, squeezing, pressing, Density, Solidity, Firmness, Concentration, force, physical force, load, stress, thrust, shortening, reduction, cutting, cutting down, cutting short, contraction, condensation, abridgement, truncation, clipping, cropping, paring down, pruning, shrinking, constricting, telescoping


# Concave 

Biconcave, dented, round, indented, Bowlshaped, dipped, Dished, Curve in curved inwards, hollow, hollowed out, scooped out, depressed, sunken

## Proi Salmam ul

 $\alpha_{\text {min }}$ e www.salmanulwaheed.com
## Concept

(idea), apprehension, abstraction, conceptualization, consideration, intellection, supposition, notion, thought, Perception

Concept
(Idea), apprehension, consideration, intellection, supposition, notion, thought, Perception, conception, abstraction, conceptualization


## Concerted

combined, joint, united, collaborative, achieved or performed together, Conjunct, conjunctive, cooperative synergetic

Proif Salman ul


## Conciliatory

peaceable, appeasing, pacific, mollifying, bring disputing sides together, placating

## Conciliatory $S^{3} \mathrm{~mm}$

Peaceable, bring disputing sides together, placating, propitiatory, placatory, appeasing, pacifying, pacific, mollifying, so as to pour oil on troubled waters, peacemaking, reconciliatory


# Condone (on) 

forgive, pardon, overlook, excuse, overlook something,

Condone (on)
Forgive, pardon, overlook, excuse, deliberately ignore, not take into consideration, disregard, take no notice of, take no account of, accept, allow, make allowances for, let pass, turn a blind eye to, overlook, forget, wink at, blink at, connive at, approve, sanction, give the stamp of approval to, underwrite, justify, vindicate, endorse, support, back, ratify, confirm, warrant, permit, allow, accredit, authorize, legitimize, legitimatize


Configuration
(arrangement), composition, outline, disposition, form, Shape, outline, formation, Alignment, structure

# Configuration 

Composition, outline, form, Shape, outline, formation, structure, arrangement, layout, geography, design, organization, order, ordering, array, presentation, grouping, sorting, positioning, disposition, marshalling, ranging, alignment

## Confiscatory

appropriate, confisticate, accroach, Taking something as legal penalty, to take somebody's property with authority <br> \title{
Confiscatory
} <br> \title{
Confiscatory
}

## Sym

Appropriate, confisticate, accroach, Taking something as legal penalty, to take somebody's property with authority
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## Confound (at)

confuse, bewildered, perplex, baffle, abstruse, To Confuse somebody, throw, fox, befuddle, fuddle, refute something

## Confound (at)



Abstruse, To Confuse somebody, to fox, befuddle, fuddle, refute something, amaze, astonish, dumbfound, stagger, surprise, startle, stun, stupefy, daze, nonplus, invalidate, negate, contradict, counter, go against, discredit, give the lie to, drive a coach and horses through, baffle, puzzle, perplex, bewilder, mystify, bemuse, confuse, frustrate, nonplus, throw
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## Congeal

harden, solidify, stiffen, thicken, jell, become or make liquid thick, become or make firm ,set, solidify

## Congeal

Coagulate, clot, cake, set, solidify, harden, thicken, stiffen, dry, gel, concentrate

Rroi Salman ul

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## Congruent

 (with)compatible, according, matching, concurrent, Identical, in agreement

# Congruent (with) 

Compatible, matching, identical, alike, duplicate, carbon-copy, twin, paired, coupled, double, indistinguishable, interchangeable, corresponding, equivalent, parallel, of a piece, all of a piece, like, like peas in a pod, like two peas in a pod, comparable, similar, correlative, tallying, agreeing, concordant, consonant, reconcilable, consonant, congruous, fitting


# Constituents 

Ingredient, Ingredients, voters, citizens, component, integral, elemental, basic, essential, inherent, component part, ingredient, element, part, piece, bit, integral part, unit, module, fragment, section, segment, portion

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# Constructed 

(assemble, build), compose, elevate, fashion, hammer, form, formulate, organize, Erected, built, made, assembled, fabricated

Constructed s Build, erect, put up, set up, raise, establish, assemble, manufacture, fabricate, form, fashion, contrive, create, make, formulate, form, put together, create, devise, design, invent, compose, concoct, contrive, work out, hatch, fashion, mould, model, shape, frame, forge, engineer, fabricate, manufacture, hammer out, thrash out


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contemporary home.
modern, latest, up-to-date, in, fashion, Present-day, of same age, existing

# Contemporary 

Contemporaneous, concurrent, coeval, synchronous, synchronic, of the time, of the day, simultaneous, coexisting, coexistent, modern, present-day, present, current, present-time, immediate, extant, up to date, up to the minute, fashionable, latest, recent, ultra-modern, newfangled, modish, voguish, in vogue
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Contiguous (with) near, beside, adjacent, adjoining, juxtapose, abutting, Immediate, neighboring, bordering

# Contiguous (with) 

Beside, juxtapose, Immediate, adjacent, neighbouring, adjoining, bordering, nextdoor, abutting, joining, connecting, meeting, touching, in contact, proximate, near, nearby, close

## Contrast



## Disparity, dissimilarity, distinction

## Contrast

Commission, evidence, obligation, Disparity, dissimilarity, distinction, shrink, get smaller, become smaller, diminish, reduce, dwindle, decline, shrivel, tighten, become tighter, make tighter, tense, flex, constrict, draw in, become narrower, make narrower, narrow, wrinkle, knit, crease, corrugate, purse, pucker, undertake, pledge, promise, covenant, commit oneself, engage, agree, enter into an agreement, reach an agreement, make a deal, negotiate a deal, develop, catch, get, pick up, come down with, become infected with, fall ill with, be taken ill with, be struck down with, be stricken with, succumb to

## Contravention (of)

breach, disobedience, infringement, violation, Violating rule or law, contradict something, Breaking, flouting,

## Contravention (of)

Disobedience, rule or law, contradict something, flouting, breach, violation, infringement, non-observance, breaking, transgression, neglect, dereliction, failure to observe, non-compliance with, departure from

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## Contrive

plan, devise, construct, make, manufacture, wangle, do something creatively, project, engineer, design

Wangle, project, bring about, engineer, cause to happen, manufacture, orchestrate, stage-manage, create, devise, concoct, construct, design, formulate, plan, work out, think up, dream up, come up with, fabricate, plot, hatch, find a way, engineer a way, arrange
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## Contusion

injury, swelling, bruise, an injury to the body in which skin and bone are not broken but damage is done to tissues under the skin, discoloration, black eye damage is done to tissues under the skin,

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(change, adaptation), alteration, exchange, progress, qualification, regeneration, born, again, Chat, talk, discussion, dialogue

Exchange, progress, qualification, regeneration, born, again, Chat, talk, discussion, dialogue, change, changing, transformation, turning, altering, metamorphosis, transfiguration, transmutation, translation, sea change, adaptation, reconstruction, rebuilding, redevelopment, refashioning, redesign, restyling, revamping, renovation, rehabilitation, alteration, modification, customization

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## Cord

(rope), bond, fiber, tendon, link, line, String, twine, flex, thread

(Bond, fiber, tendon, link, flex, string, thread, thong, lace, ribbon, strap, tape, tie, line, rope, cable, wire, ligature, twine, yarn, elastic, braid, cording, braiding

## Prof Salmam ul

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## Cordial (to)

friendly, welcoming, cheerful, affable, warm-hearted, Hospitably warm, amiable, genial

# Cordial (to) 

Cheerful, friendly, warm, genial, affable, amiable, pleasant, fond, affectionate, warm-hearted, goodnatured, gracious, hospitable, welcoming, sincere, earnest, wholehearted, heartfelt, hearty, enthusiastic, eager, intense, strong, acute, violent, fierce, keen, fervent, fervid, ardent, passionate, heartfelt, wholehearted, deep, deepseated, deep-rooted, profound, overwhelming, overpowering


## Corollary

result, outcome, end, conclusion, inference, Natural consequence, effect,

## Corollary

 reverberations, sequel, product, by-product, spin-off, conclusion, end, end result
## CORONAL PLANE



Coronal

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( tiara for royalty), headband, wreath, chaplet, circlet, relating to the corona of the sun or another star, Front view, flower arrangement, Florid, Bouquet, Garland, laurel crown,
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Corpuscle
leucocytes, palates, Unattached cell, Mote, jot, soupcon, touch, speck, atom, molecule

# Corpuscle 

leucocytes, palates, Unattached cell, Mote, jot, soupcon, touch, speck, atom, molecule
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Corroborating
(back in information, story), bear out, check up, approve, justify, substantiate, verify, Confirm, corroborate, sustain, support, affirm

Story, check up, approve, justify, corroborate, affirm, confirm, verify, endorse, ratify, authenticate, validate, certify, support, back up, back, uphold, stand by, bear out, bear witness to, attest to, testify to, vouch for, give credence to, substantiate, sustain, bolster, reinforce, lend weight to
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## Cosset

pamper, coddle, fondle, Give excessive care, featherbed, cosset, cocker, mollycoddle

Cosset
Fondle, Give excessive care, cosset, cocker, pamper, indulge, overindulge, mollycoddle, coddle, baby, pet, mother, nanny, nursemaid, pander to, spoon-feed, featherbed, overparent, spoil wrap in cotton wool, wait on someone hand and foot, cater to someone's every whim, kill with kindness


## Coterie

group, team, circle, gang, A small exclusive group, association, clique, company, mob,

## Coterie Stmn

 Stmn}Group, team, A small exclusive group, association, company, mob, clique, set, circle, inner circle, crowd, incrowd, gang, band, pack, crew, clan, club, fellowship, brotherhood, fraternity, sorority, sect, camp, community, league, alliance, faction, cabal, junta, caucus, syndicate, nucleus, cell

## Covert

(muscle spasm), ache, contraction, hindrance, convulsion, shooting, impediment, pain, twinge, restrict, s
Disguised, Hush-hush, secret, furtive, clandestine, surreptitious, stealthy, cloak-and-dagger, hole-and-corner, hole-in-thecorner,
closet, behind-the-scenes, backstairs, back-alley, under-the-table, hugger-mugger, concealed, hidden, private, sly, sneaky, underhand, undercover, underground
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## Cramp

(muscle spasm), ache, contraction, hindrance, convulsion, shooting, impediment, pain, twinge, restrict, hamper

# Cramp 

Muscle spasm, muscular spasm, muscle contraction, muscular contraction, pang, twinge, crick, kink, stitch, stiffness, pain, shooting pain, ache, convulsion, tic, twitch, clonus, hyperkinesis, hinder, impede, inhibit, hamper, constrain, hamstring, obstruct, block, thwart, slow, check, arrest, curb, bridle, shackle, encumber, retard, handicap, tie, interfere with, restrict, limit, confine, restrain, impose limits on, set limits on, regulate, control, moderate, cut down on

Cranial

## motor, nerve of face, nervus facialis of or relating to the cranium which encloses the brain, skull,

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(coarse, insensitive), dense, doltish, blundering, stupid, obtuse, Unrefined, thoughtless and vulgar

## Crass



Obtuse, Unrefined, thoughtless and vulgar, stupid, insensitive, blundering, dense, thick, vacuous, mindless, witless, doltish, oafish, boorish, asinine, bovine, coarse, gross, gross, utter, sheer, downright, total, out-and-out, outright, very great, complete, absolute, thorough, perfect, blatant, unmitigated, unqualified, glaring, undisguised, naked

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## Craven

## cowardly, scared, fearful, timid, chicken-hearted, Recreant,

 chicken-hearted, pigeon-hearted, spiritless, spineless, timid, timorous, fearful, trembling, quaking, shrinking, cowering, afraid of one's own shadow, pusillanimous, weak, feeble, soft chicken, weak-kneed, gutless, yellow-bellied, wimpish, wimpy, sissy, sissified
half-moon, arched, curved new moon, sickle, bow-shaped, Arc shape, crescent-shaped, semilunar, lunate, less than half visible Moon

## Crescent



## Crest

(highest point), acme, apex, climax, roof, height, pinnacle, ridge, vertex, Top, peak, summit, crown, gable

## Crest

Acme, climax, roof, ridge, peak, gable, summit, highest point, top, mountaintop, tip, pinnacle, brow, crown, head, cap, brink, apex, vertex, apogee, zenith, ridge, tor, aiguille, insignia, regalia, badge, emblem, ensign, device, heraldic device, coat of arms, arms, armorial bearing, escutcheon, shield, comb, plume, tuft, topknot, mane, aigrette, panache, tassel, bearing, charge,
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## Criterion

 standard, bench, mark, yardstick, measure, standard for judging things, measuring stick, meterBench, mark, standard for judging things, measuring stick, meter, basis, point of reference, standard, norm, yardstick, benchmark, touchstone, test, formula, measure, gauge, scale, barometer, indicator, litmus test


Cue

Hint, clue, Signal to speak or act, signal, sign, indication, prompt, reminder, prompting
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# Cumulative 

accruing, growing in size or effect), accumulative, additive, advancing, increasing, magnifying, snow-balling, aggregate, amassed, growing

# Cumulative 

(Accruing, accumulative, additive, advancing, increasing, magnifying, snowballing, aggregate, amassed, growing, accumulating, progressive, snowballing, mounting

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Cygnet
duckling, waterfowl, A
young swan ( large white bird with a long neck)

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Cynical (about)
insincere, distrustful, spurious, deceptive, skeptical, Contemptuous, derisive, ironic, misanthropic

# Cynical <br> (about) 

Insincere,
Contemptuous, misanthropic, distrustful, suspicious,
deceptive,
derisive,
sceptical,

skeptical, ironic, doubtful, unbelieving, scoffing, doubting, incredulous, pessimistic, negative, hard-bitten, hardened, hard, world-weary, disillusioned, disenchanted, jaundiced, sardonic, black, bleak

## valley, vale, glen, depression, gorge, <br> dell, basin

## Dale

Glen, depression, dell, basin, valley, vale, hollow, hole, basin, gully, gorge, ravine
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## Dam

barrier, barricade, hindrance, obstruction, block, wall, boom
barrage, barrier, wall, embankment, levee, barricade, obstruction, hindrance, blockage, block, block up, obstruct, choke, clog, clog up, bung up, close

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## Dappled

 spotted, speckled, multicolored, multihued, motley, mottled, stippled, piebaldSpotted, speckled, multicolored, multihued, motley, mottled, mottled, stippled, piebald


## Deadhead

 impasse, deadlock, blind, allay, monotonous, Weed, trim, Dull person, downer <br> \section*{Deadhead} <br> \section*{Deadhead}Impasse,<br>deadlock,<br>blind,<br>allay, monotonous, Weed, trim, Dull person, downer

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## Debility

weakness, frailty, feebleness, faintness, incapacity, encumbrance, hindrance, impediment

# Debility 

## stmn

Faintness, hindrance, frailty, weakness, feebleness, enfeeblement, enervation, devitalization, lack of energy, lack of vitality, lassitude, exhaustion, weariness, tiredness, overtiredness, fatigue, Prostration, incapacity, impairment, indisposition, infirmity, illness, sickness, sickliness, decrepitude, malaise

## Proi. Salman ul




## Debunk

## expose, show up, diprove, deflate, demystify

Explode, deflate, puncture, quash, knock the bottom out of, drive a coach and horses through, expose, show in its true light, discredit, disprove, contradict, controvert, confute, invalidate, negate, give the lie to, prove to be false, challenge, call into question,

## Profi. Salmam, UI

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## Debut

# beginning, entrance, <br> introduction, launching, First appearance, unveiling 

Unveiling, first appearance, first showing, first performance, launch, launching, coming out, entrance, premiere, beginning, introduction, inception, inauguration

## Proi. Salman ul VVa <br> www.salmanulwaheed.com

## 1) tectans courcinteme

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## Decelerate

slow down, reduce the speed, brake, lose speed, lose pace

Slow down, slow up, slow, go slower, ease up, slack up, reduce speed, lessen one's speed, brake, put the brakes on, hit the brakes, lose speed, lose pace

(not around for long), brief, short-haul, of short duration, transitory, temporary,(of teeth, antlers, etc.) being shed at the end of a period of growth, milk teeth, caduceus, shed

# Deciduous 

(not around for long), brief, short-haul, of short duration, transitory, temporary,(of teeth, antlers, etc.) being shed at the end of a period of growth, milk teeth, caduceus, shed

SPINAL DECOMPRESSION IS EFFECTIVE FOR: * Bulging, prolapsed, or herniated discs

* Spinal stenosis
* Spinal Arthritis
* Sciatica
* Facet syndrome
* Degenerative disc disease
* Neck pain
* Pain radiating down the arms or legs
* "Pinched nerves"
* Spondylosis


Decompression (condition caused by rapid change in atmospheric pressure) aeroembolism decompression bends tunnel disease, relieving pressure, easement, alleviation, relief, easing,

# Decompression 

(Condition caused by rapid change in atmospheric pressure) aeroembolism decompression bends tunnel disease, relieving pressure, easement, alleviation, relief, easing, , clot, cake, set, solidify, harden, thicken, stiffen, dry, gel, concentrate
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## Decorum

good manner, respect, decency, politeness, protocol, good behavior, modesty; etiquette

Propriety, properness, seemliness, decency, decorousness, good taste, correctness, appropriateness, appropriacy, politeness, courtesy, good manners, refinement, breeding, deportment, dignity, respectability, modesty, demureness, etiquette, protocol, customary behaviour, good form, custom, convention, conformity, conventionality, usage, ritual, formalities, niceties, punctilios, politeness

## Proi. Salman ul <br> 



## Decry

censure, denounce, whip, chide, Criticize, condemn, complain about, belittle

Whip, chide, complain about, belittle, denounce, condemn, criticize, censure, damn, attack, fulminate against, rail against, inveigh against, blame, carp at, cavil at, run down, pillory, rap, lambaste, deplore, disapprove of, vilify, execrate, revile, disparage, deprecate, discredit, derogate, slate, blast, knock, snipe at, do a hatchet job on, hold forth against, come down on, pull to pieces, tear to shreds

## Defective

(broken, not working), blemished, deficient, abnormal, poor, unhealthy, unsound, Faulty, imperfect, flawed, sub standard, malfunctioning, unreliable

# Defective 

 unreliable, faulty, flawed, imperfect, shoddy, inoperative, not working, not functioning, nonfunctioning, malfunctioning, out of order, unsound, weak, deficient, incomplete, in disrepair, broken, cracked, torn, scratched, deformed, warped, buckled, lacking, wanting, deficient, inadequate, insufficient, short, low, scant
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## Deferential ro

respectful, polite, obedient, follower, stalwart, submissive, Respectful, admiring, reverent,

# Deferential rо 

Follower, stalwart, admiring, obsequious, humble, respectful, considerate, attentive, thoughtful, courteous, polite, civil, dutiful, reverent, reverential, awed, obedient, submissive, subservient, fawning, toadying, yielding, acquiescent, complaisant, compliant, pliant, tractable, biddable, manageable, docile, slavish


## Degenerate

(deteriorate), fallen, low, sinking, decayed, degraded, Debased, decadent, debauched, immoral, corrupt, perverted, wicked

# Degenerate 

 salman uil Vaniedmn
(Deteriorate), fallen, low, sinking, decayed, immoral, corrupt, decadent, dissolute, dissipated, debauched, rakish, reprobate, profligate, depraved, perverted, despicable, base, vice-ridden, wicked, sinful, ungodly, immoral, unprincipled, amoral, dishonourable, disreputable, unsavoury, sordid, low, mean, ignoble, lewd, lecherous, lascivious, licentious, libidinous, loose, promiscuous, wanton, libertine, intemperate, debased, degraded, corrupt, corrupted, vitiated, bastard, impure

(shame, depravity), dishonor, reduction, degeneracy, deterioration, ignominy, Squalor, poverty, filth, ruin, deprivation, Humiliation

# Degradation 

(Depravity), dishonor, reduction, Squaior, poverty, filth, ruin, deprivation, humiliation, shame, loss of dignity, loss of self-respect, loss of pride, abasement, mortification, indignity, demeaning, debasement, cheapening, devaluing, discrediting, dishonouring, deterioration, degeneration, atrophy, decay, wasting away, breakdown

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## Delegate

## TO envoy, ambassador,

 representative, agent, Hand over, farm out, pass on, give
# Delegate 

 commissioner, agent, deputy, commissary spokesperson, spokesman, spokeswoman, frontman, ambassador, plenipotentiary, messenger, go-between, proxy, nuncio
# Delta 

(accumulation of solid), alluvium, deposition, settlings, precipitation, silt, Estuary, Mouth, outlet, channel deposition, settlings, precipitation, silt, Estuary, Mouth, outlet, channel

## Demographics

(head count), poll, stats, population,
tally, demography, Enumeration, population tally, statistics,
(Head count), poll, stats, population, tally, demography, Enumeration, population tally, statistics,


