



## Academic Success Plan

### MDCAT **MORNING** SESSIONS (05:30 a.m. - 11:00 a.m.)

Wake up & prayer	4:30-4:45 am
CTS TEST Revision (Hurried Glance)	4:45 - 5:15 am
Moving to Campus after light breakfast	5:15-5:30 am
CTS TEST & Discussion at CAMPUS	05:30 am – 11:00 am
Moving back home + Brunch	11:00 – 11:30 pm
Biology (CTS Test Preparation)	11:30- 01:15 pm
Chemistry (CTS Test Preparation) + Prayer + Lunch	01:15 – 02:45 pm
Physics (CTS Test Preparation)	02:45 –04:45 pm
English Grammar + Books (CTS Test Topics) + Prayer	04:45 – 05:45 pm
Biology (Self Study other than CTS) + Prayer	05:45- 07:00 pm
Physics (Self Study other than CTS)	07:00 – 08:00 pm
Chemistry (Self Study other than CTS) + Prayer + Dinner	08:00 – 09:15 pm
English Vocab + Book Reading (Self Study)	09:15 – 09:45 pm
Next Day CTS Test Preparation (Combine all in 1 hour)	09:45 – 10:45 pm
Going to sleep	10:45 pm

### MDCAT **AFTER NOON** SESSIONS (11:30 a.m.- 05:00 p.m.)

Wake up & Fajar Prayer	4:30-4:45 am
Biology (Self Study other than CTS) + Prayer	4:45 - 6:00 am
Physics (Self Study other than CTS)	6:00-7:30 am
Chemistry (Self Study other than CTS) + Breakfast	07:30 am – 08:30 am
English Vocab + Book Reading + Grammar (Self Study)	08:30 – 9:30 pm
CTS Test Preparation (Combine all in 1.5 hours)	09:30- 11:00 pm
Moving to CAMPUS after Brunch	11:15 – 11:30 pm
CTS TEST & Discussion at CAMPUS	11:30 - 05:00 p.m
Moving back home + Lunch + Prayer	05:00 – 05:45 pm
Chemistry (CTS Test Preparation) + Prayer	05:45- 06:45 pm
Physics (CTS Test Preparation)	06:45 – 08:00 pm
English Grammar + Books (CTS Test Topics) + Prayer	08:00 – 09:15 pm
Biology (CTS Test Preparation)	09:15 – 10:15 pm
English Vocab	10:15 – 10:30 pm
Going to sleep	10:30 pm

\* Health is wealth; maintain your diet properly.

\* Manage your study table well.

For all MDCAT data visit

[www.salmanulwaheed.com](http://www.salmanulwaheed.com)

Prepared under the kind control of  
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