



Fathers of Girls

www.fathersofgirls.org

FATHERS OF ONLY GIRLS (FOGS)

FOGS are a nonprofit organisation made up of a group of fathers of only girls.



Mission

Our mission is to grow a community where fathers of only girls (FOGS) can engage, share and learn from each other. FOGS was formed to shine a brighter light on the importance of a modern father role model in a daughter's upbringing.

We create events to grow our network, learn about leading fatherhood methods, have fun with our children and raise awareness and funds for our charity partners.



5 tips for FOGS from Madonna King (author, journalist, speaker & specialist in father/daughter relationships) from our 2021 annual lunch.



Love her unconditionally. She will only know that if you tell her.



Value her opinion. Listen to her, and consider it a privilege that she's testing out her views on you.



You have responsibility to be there. Do not - despite encouragement - take a step back.



Pick a project to do together - eg. park run, vegetable patch, a love of INXS music.



Don't fix her problems; that's not your job. But listen to her, and offer alternatives so she can see her way out of a problem.



JOIN FOGS



Join the community, it's free, come and get involved in one of our events

Socials: @fathersofgirls