

100 Things You Can Clear from Your Space Right NOW!

1. Old product boxes (Apple products, TV, etc.)
2. Hangers from the dry cleaners
3. Plastic hangers from the store
4. Expired make up
5. Half-finished projects...you know the one!
6. Magazines
7. Old emery boards (buy a nice glass one and be done with those scratchy things!)
8. Old paint (Visit Earth911.com to find a place to dispose of it safely)
9. Ugly undergarments you hate to wear (You have those “just in case” pairs too, right?)
10. Bills, taxes, paperwork over 7 years old (Scan the rest and shred the paper!)
11. Socks with holes or without mates...also those lonely socks that have holes too.
12. Extra cups and mugs – How many does your family use in a regular dishwasher load? Add a few more for company and be done with the rest.
13. Books you’ve never read or will never read again
14. Old technology (8 tracks, floppy discs, VHS tapes w/o a player, etc.)
15. Unloved toys
16. Cleaning rags – You only need a few before you’ll wash them again, right?
17. Tea light candles – Use them or lose them.
18. Take out menus
19. Old greeting cards (Save the super sentimental ones and recycle the rest.)
20. Outdated over-the-counter drugs and vitamins
21. Old sneakers (Recycle through Nike)
22. Plastic cutlery
23. Old spices – Spices don’t actually spoil but they lose their potency. A good rule of thumb is 1-2 years for seasoning; 1-3 for herbs and ground spices; and up to 4 years for whole spices.
24. Duplicate power cords (USB, etc.)
25. Bobby pins

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26. Games with missing pieces
27. Dried up nail polishes or outdated colors
28. Video games you'll never play again
29. Jewelry you don't wear
30. Expired food in your freezer/pantry
31. Rugs or home decor you haven't used since you redecorated
32. Unused perfumes and cologne
33. Old towels that make you cringe when you look at them
34. Extension cords (Am I the only one who has a bazillion of these?)
35. Extra sets of towels/holiday hand towels
36. Extra sets of bed linens – keep two per bed tops
37. Unused plastic containers – especially those without a lid and those old plastic containers.
Avoid containers with recycle codes 3 or 7 as they may contain BPA.
38. Old bills (Switch to online banking and stop the clutter before it comes in your home)
39. Paychecks older than 2 years
40. Stretched out hair ties
41. Matches you never use (Maybe save a few in case of a power outage)
42. Old newspapers
43. Expired Rx meds (Visit fda.gov or Police Department usually takes any narcotics.)
44. Extra pillows
45. Ticket stubs (Sentimental like me? Store in a scrapbook or take a picture and toss 'em.)
46. Make-up you'll try "one day". Ladies, if you've owned it for more than 2 weeks without trying it, toss it.
47. Clothes that are more than 2 sizes too small. Don't give up on your weight loss dream but WHEN you do lose that weight go and buy new clothes to reward yourself.
48. Things you've bought and haven't returned yet (Return them, sell, or donate them.)
49. White-out bottles – You know you don't need it!
50. Unneeded notebooks and notepads

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51. Pens and pencils – Keep your favorites and let go of the rest
52. Little shampoo bottles from hotel you went to 5 years ago (Homeless shelters accept these.)
53. Knick knacks that don't make you smile every time you see them
54. Cords that don't belong to anything you currently own
55. Lose all those loose screws, nuts, bolts, etc. unless you happen to be a handy man who would actually reuse them one day. Take them to Habitat for Humanity Restore.
56. Kid's old art projects (Take a photo with your cell phone, send to Costco and make a booklet)
57. Old party supplies
58. Old wedding favors (Keep a few, toss the rest.)
59. Old Christmas cards of your family (Save a few, recycle the rest.)
60. Holiday decor you never remember to set out.
61. Holiday decor that you use once a year.
62. Cleaning supplies, laundry detergent, shampoo that you used once and didn't like.
63. Flower pots. Plant a flower or toss the pot.
64. Watering cans if you don't have flowers.
65. Too-small kid's clothing. Only save favorites if you're saving for another child. Sell the rest while they're still in style.
66. Extra buttons (If you don't sew, toss or donate them all.)
67. Old calendars
68. Unidentified frozen objects (Label ya'll! Keep a Sharpie by the freezer for quick labeling)
69. Movies you'll probably never watch again
70. Bags from the mall you might use one day (Keep only 1 if you must) –Donate to St. John's Open Hands Food Pantry
71. Multiple pair of scissors (One or two tops, right?)
72. More ear buds than you've got family members
73. Curling irons, crimpers (ha! flash back), or straighteners you don't use
74. Highlighters unless you've used one in the past month, then save only that one
75. Travel mugs that leak, or are ugly, or that you don't use because you have to hand-wash it

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76. Boxes – shoe boxes, diaper boxes, cereal boxes. Recycle and be free.
77. Samples of any kind – Use, donate or trash.
78. Games you haven't played in the last year
79. Tape measures – You know the rule, keep one and toss the rest.
80. Old phone covers, styluses, screen protectors, etc.
81. Misc. ribbons or string
82. Expired coupons
83. Organizers you bought to get organized that didn't work
84. Belts that no longer fit, are worn, or are out of style
85. Duplicate kitchen utensils
86. Cookie cutters unless you've used them in the past year
87. Rarely used cake pans (think Mickey Mouse head)
88. Old teeth whitening trays or strips. Use 'em up or toss 'em out.
89. Hard candy that you're not sure where it came from or how long it's been there
90. Unloved stuffed animals
91. Half used chap stick containers – Buy a new one.
92. Duplicate measuring cups and spoons
93. Old day planners (and current ones if you don't use them!)
94. Candles – If it's not lovely to look at and you'll never burn it, let it go.
95. Mason jars (or baby food jars, spaghetti sauce jars, etc.) that you won't use
96. Expired sunscreen
97. Staple remover – unless you can make a very compelling argument to keep yours.
98. Travel alarm clock – We have phones now.
99. Stress balls
100. Plug in air fresheners without a refill