# Best Practices for Developing Speaking Skills & Your Speaking Brand



"If you can speak, you can influence. If you can influence, you can change lives." — Unknown

alliance.

Resource Articles and Posts

- 1.10 Strategies to Prepare for Speaking Engagements
- 2. How to Shine When You're Put on the Spot
- 3. Five Tips for Giving a Great Speech
- 4. Are You Making These 6 Public Speaking Mistakes?
- 5. Three Essential Public Speaking Skills Every Leader Needs
- 6. Want to be a Better Public Speaker? Imagine Yourself on the Titanic, Says Vice President Kamala Harris
- 7. Six Best Al Tools for Public Speaking (September 2024)
- 8. Rohan Mahtani's Favorite Public Speaking Hacks
- 9. Speech Anxiety
- 10.10 Tips for Speaking to an Audience

## Videos and Podcasts

#### Listen & Learn:

- How to Get Media Coverage That Builds Your Hospitality Brand & Career with hertelier and Hospitality Daily
- Three Levels of Public Speaker Which Level are You?
- The "You"-"I" Ratio Speaking Tip Video
- The CARE Factor: Being an Authentic Speaker
- It's Personal Stories: A Hospitality Podcast
- Why do Women's Voices Get Critiqued More Than Men's?
- Your Body Language May Shape Who You Are | Amy Cuddy | TED
- How to Connect Your Story With a Compelling Message

#### Be a Guest on a Podcast:

- The Travel Leader
- No Vacancy
- Modern Hotelier
- Inspiring Women in Hospitality
- Checking Inn: A Lodging DEI Chat
- <u>Top Floor</u>
- Hospitality Daily



- Trust Your Own Voice by Karen Laos
- TED Talks: The Official Guide to Public Speaking
- HBR's 10 Must Reads on Public Speaking and Presenting
- Stories That Stick by Kindra Hall
- A Framework for Public Speaking Card Deck

Public Speaking Programs Frainings

- IHI Speaker Training Accessible via It's Personal Stories
  Interview
- Executive Media Training with CJ Media Solutions LLC
- Pathway to the Podium with The Travel Leader
- Speak Up, Stand Out with Pinnacle Enterprises Group
- Speechworks
- Toastmasters
- Presentation Skills: Harvard ManageMentor Course
- The Art of Presenting Course with Simon Sinek
- <u>Immersive Storytelling Program with Larkspur Hospitality</u> <u>Consulting</u>

Public Speaking Coaches

- Anne B. Freedman, Executive Coach at Speakout
- Marilyn Ringo, MA Communication Coach at Speechworks

## Overview of the Speaker Support Provided by Our Women in Hospitality Leadership Alliance Members

These organizations can provide a variety of opportunities to grow as a speaker and leader

alliance

## Speaker Support Provided by Women in Hospitality Leadership Alliance Members

| Organization Name   | Networking /<br>relationship<br>building | General<br>speaking<br>development | Panel /<br>Moderator<br>Opportunities | Executive /<br>leadership<br>presence | General professional development / confidence building | Thought<br>leadership | Storytelling | Personal<br>branding | Voice training         | DEI related<br>trainings for<br>leaders |
|---|--|------------------------------------|---------------------------------------|---------------------------------------|--|-----------------------|--------------|----------------------|------------------------|---|
| AAHOA/HerOwnership  | <b>√</b>                                 |                                    |                                       | <b>✓</b>                              | <b>✓</b>   |                       |              | <b>✓</b>             |                        |   |
| African Association of Women in Hospitality and Tourism (AAWTH) | <b>√</b>                                 | <b>✓</b>                           |                                       | <b>✓</b>                              | ✓  | <b>√</b>              |              | ✓                    |                        | <b>√</b>                                |
| Accelerate Women Leaders in Travel                              | <b>√</b>                                 | <b>✓</b>                           | <b>√</b>                              |                                       | <b>√</b>   |                       |              |                      |                        |   |
| AHEAD   | <b>√</b>                                 |                                    |                                       |                                       |  |                       |              |                      |                        |   |
| AHLA Foundation - ForWard                                       | <b>√</b>                                 | <b>✓</b>                           |                                       | <b>✓</b>                              | <b>✓</b>   |                       |              |                      |                        |   |
| Alliance for Hospitality Equity and Diversity                   |  |                                    |                                       |                                       |  |                       |              |                      |                        | <b>√</b>                                |
| Black Women of Hospitality                                      | <b>√</b>                                 |                                    |                                       | <b>✓</b>                              | <b>✓</b>   | <b>√</b>              |              |                      |                        |   |
| Choice Hotels International - HerTels                           | <b>√</b>                                 |                                    |                                       |                                       |  |                       |              |                      |                        |   |
| Female Founders in Hospitality                                  | <b>√</b>                                 | <b>✓</b>                           | <b>√</b>                              | <b>✓</b>                              | <b>✓</b>   | <b>✓</b>              | <b>✓</b>     | <b>✓</b>             | <b>✓</b>               |   |
| Hertelier   |  |                                    |                                       |                                       |  |                       |              |                      |                        |   |
| Hospitality Hued  | <b>√</b>                                 |                                    |                                       | <b>✓</b>                              | <b>✓</b>   |                       |              |                      |                        |   |
| Hospitality Women's Innovation Council                          |  |                                    |                                       |                                       |  |                       |              |                      |                        |   |
| IHG Lift  |  |                                    |                                       |                                       |  |                       |              |                      |                        |   |
| Inspiring Women in Hospitality                                  | <b>√</b>                                 | <b>✓</b>                           | <b>√</b>                              | <b>√</b>                              | <b>✓</b>   |                       |              | <b>✓</b>             |                        |   |
| It's Personal Stories   |  |                                    |                                       |                                       |  |                       |              | Copyriah             | t © 2025 Women in Host | itality Leadership Alliance             |
| Latino Hotel Association  | <b>√</b>                                 |                                    | <b>√</b>                              | <b>✓</b>                              |  |                       |              |                      |                        |   |

### Speaker Support Provided by Women in Hospitality Leadership Alliance Members

| Organization Name  | Networking /<br>relationship<br>building | General speaking development | Panel /<br>Moderator<br>Opportunities | Executive /<br>leadership<br>presence | General professional development / confidence building | Thought<br>leadership | Storytelling | Personal<br>branding       | Voice training             | DEI related<br>trainings for<br>leaders |
|--|--|------------------------------|---------------------------------------|---------------------------------------|--|-----------------------|--------------|----------------------------|----------------------------|---|
| Light Her Way G6   |  |                              |                                       |                                       |  |                       |              |                            |                            |   |
| New York City Women of Hospitality - NYC WOH                       | <b>√</b>                                 |                              |                                       |                                       |  |                       |              |                            |                            |   |
| Pinnacle Enterprises Group   | <b>√</b>                                 | <b>✓</b>                     | <b>√</b>                              | <b>✓</b>                              | <b>✓</b>   | <b>√</b>              | <b>√</b>     | <b>√</b>                   |                            |   |
| RaizUp   |  | <b>✓</b>                     |                                       |                                       |  |                       |              |                            |                            | <b>√</b>                                |
| RIDE and SHE with Red Roof   | <b>√</b>                                 |                              | <b>√</b>                              |                                       |  |                       | <b>√</b>     | <b>√</b>                   |                            |   |
| She Has a Deal.  | <b>√</b>                                 | <b>✓</b>                     |                                       | <b>✓</b>                              |  | <b>√</b>              | <b>√</b>     |                            |                            |   |
| TIEWN & BLLA   | <b>√</b>                                 | <b>✓</b>                     | <b>√</b>                              | <b>✓</b>                              | <b>✓</b>   | <b>√</b>              | <b>√</b>     | <b>√</b>                   |                            |   |
| Unlocking Doors - Hilton   | <b>√</b>                                 |                              |                                       | <b>✓</b>                              | <b>✓</b>   |                       |              |                            |                            |   |
| WINiTby GBA  |  |                              |                                       |                                       |  |                       |              |                            |                            |   |
| Witti  |  |                              |                                       |                                       | <b>✓</b>   |                       |              |                            |                            |   |
| Women in Travel CIC  | <b>√</b>                                 | <b>✓</b>                     | <b>√</b>                              | <b>✓</b>                              | <b>✓</b>   |                       | <b>√</b>     | <b>√</b>                   |                            |   |
| WITH Organization  | <b>√</b>                                 | <b>✓</b>                     | <b>√</b>                              | <b>√</b>                              | <b>✓</b>   | <b>√</b>              | <b>√</b>     | <b>√</b>                   |                            |   |
| Women in Travel THRIVE   | <b>√</b>                                 |                              |                                       | <b>√</b>                              | <b>✓</b>   |                       |              |                            |                            |   |
| Women Leading Travel & Hospitality                                 | <b>√</b>                                 | <b>√</b>                     | <b>√</b>                              | ✓                                     | <b>✓</b>   | <b>√</b>              | <b>√</b>     | <b>√</b>                   | <b>✓</b>                   |   |
| Women's Executive Council (WIC)                                    | <b>√</b>                                 | <b>✓</b>                     | <b>√</b>                              | <b>√</b>                              | ✓  |                       | <b>√</b>     | <b>√</b>                   |                            |   |
| WORTH Association for women of recreation, tourism and hospitality |  |                              | <b>✓</b>                              | ✓                                     | ✓  | <b>√</b>              | Сору         | right © 2025 Women in Hosp | itality Leadership Allianc | e. All rights reserved.                 |
| Wyndham Hotels & Resorts - Women Own the Room                      | <b>√</b>                                 |                              | ✓                                     |                                       | <b>✓</b>   |                       |              |                            |                            |   |

## Have suggestions for content or resources? Contact us at www.WHLAlliance.org