

Supporting Mental Health at Home



Specially Trained Caregivers for Mental Health Clients

- ✓ Compassionate support and daily assistance
- ✓ Stable, familiar environment for healing
- ✓ Coordination and communication with providers
- ✓ Help with coping skills and routines

Supporting Your Mental Well-Being

- 📅 Emphasizing structure in daily routine
- 📅 Reducing stress and promoting peace of mind
- 📅 Encouraging self-care and healthy habits
- 📅 Providing companionship and encouragement

A Safer, Calmer Home Environment Can Improve Mental Health Outcomes

Call for a Free Assessment Today!

📞 **423-600-5554**

www.mydignitycare.com

NPI: 1528886975 • Licensed • Insured • Local Care Team • Serving East Tennessee

Mental Health Providers, Partner with Dignity



Reliable, non-medical in-home support
to reinforce care plans between visits

What Our Caregivers Provide (Non-Medical Support)

- ✓ Support between therapy and provider visits
- ✓ Assistance with daily routines and structure
- ✓ Medication reminders (not administration)
- ✓ Encouragement of coping strategies and habits
- ✓ Companionship and emotional support
- ✓ Family communication and support

How This Helps Your Patients

- ✓ Improves consistency and daily stability
- ✓ Reinforces treatment plans at home
- ✓ Reduces missed medications and appointments
- ✓ Supports patients struggling with motivation or isolation
- ✓ Helps families manage care more effectively

Dignity Care Approach

- ✓ Specially trained caregivers (non-clinical)
- ✓ Consistent, familiar support in the home
- ✓ Focus on routine, safety, and stability
- ✓ Communication with families and care teams

Ideal Patients for Referral

- ✓ Anxiety or depression impacting daily function
- ✓ Patients struggling with routine or adherence
- ✓ Cognitive decline or early dementia
- ✓ Social isolation or lack of support system
- ✓ Post-hospital or post-crisis stabilization



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Referrals Welcome: ☎ 423-600-5554



Fast Intake • Rapid Start of Care