

The Great Awakening & Cognitive Dissonance

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This year, 2020, represents the “dark night of the soul” for us—not only on an individual level, but on a national and global level as well.

The dark night of the soul is a crucial part of any healing process, albeit a very ugly, excruciatingly painful and “crazy-making” part. It is the part of the journey where long held secrets are brought to light and we finally face our life-long traumas and demons head on. It is the hardest part of the healing journey, and often the part that deters most from seeing the journey through to the other side. However, great clarity and freedom awaits those who face their fears head on and oh so courageously walk thru that “dark night.” And once you finally make it thru, you will find that you are no longer a hostage to fear or the past.

You become a tabula Rosa—a clean slate. It is at that point that you can begin to build a solid new foundation.

Not so coincidentally, in numerology 2020 when added up (2+2) equals 4. The number 4 represents foundations. So, 2020 is also all about building new foundations. However, before a solid new foundation can be built, the old corrupted foundation must be completely removed. And that is what we are witnessing play out on a national and global level, in the form of complete disruption and chaos.

What most do not realize (in large part because it is being hidden from us) is that all our systems are collapsing and have been for quite some time. We have just reached the tipping point in history where they can no longer be artificially and deceitfully propped up. And that is where all the distractions come in (everything we are being repeatedly told—and not told—by the media, including social media and other “trusted” sources). The distractions

are nothing more than a smoke screen; to keep us from seeing what is really going on (and has been for decades).

Additionally, the truth of what has really been going on will be too hard for anyone with any semblance of a conscience to wrap their head's around, let alone believe. Suffice it to say, there has been a lot of psychological (and other) manipulation going on. And this is not about political affiliation, socio-economic status, race, gender, sexual orientation, country, or any other kind of separation-attempting category. This is about a network of enormously powerful and influential people/families who have been acting like global puppet-masters in the most twisted and evil ways.

The great news is that the scattered dots are being connected, and the picture has come into focus for those who have eyes to see it. And it is slowly being revealed publicly. It is an extremely ugly picture though, so while it is being revealed, many will still want to turn a blind eye to it. That is understandable. It is going to take time, and many challenging conversations and much healing, to process the information and then move forward.

We are going to learn some very hard truths about many people that we have held in high regard; people we have trusted, supported and even defended—and in recent years even done so to the detriment of our closest personal relationships, leading to a great divide within our families, communities and country. On the flip side, we are going to be shocked by some truths we learn about many people we have falsely demonized.

These hard and/or hidden truths are going to cause intense cognitive dissonance and challenge every belief we have. Much of what we are going to learn is so evil and unfathomable that the natural human response is going to be to reject it outright and block it out and go further into our respective corners. We will want to chalk it up to more “conspiracy theories.”

That reaction is understandable, and one of the many reasons these truths have remained hidden for so long. Let us not beat ourselves up for this though, as the main reason these truths have remained hidden for decades is because we have all been actively and continuously manipulated (including psychological and technological manipulation) and lied to by those who have a vested interest in keeping these truths hidden. And please make no mistake, that includes the media—ALL of it.

Please know that I am sharing this with you from a place of love and light and compassion—not from a place of fear.

There are millions of individuals positioned around the globe who have been preparing most, if not all, of our lives for this “great awakening.” A large majority of us have been through great adversity and struggle and have traversed our own individual (and in some cases, collective)

dark night of the soul. Through it, we have acquired many of the tools, insights, and clarity to assist others in navigating thru this period in history—on an individual, national, and global level.

A vast network of “wayshowers” and “lightworkers” have been positioned around the globe to individually and collectively serve as guides thru this great awakening. This has been our calling—our life’s mission. And we are ready to serve.

Also, rest assured that the forces of love and light have already won. We have already achieved “critical mass” (greater than 51%) so there is no turning back into the dark shadows. As one of my great mentors of late, Lorie Ladd, repeatedly reminds us, “we already know how this movie ends, we just have to watch the scenes play out now.” Will they be hard and emotionally painful scenes to witness? Yes. Will we get through this, in tact, to the other side? Yes, we most assuredly will, and we will do so united. And where we are headed is nothing short of PEACE ON EARTH.

The only question that remains is, “how long is this healing process going to take?” And as every therapist says when asked that question “well, that all depends on you, and how ready you are to do the work.”

So, the answer to that final question depends on each-and-every one of us and how ready we are to do the work.

Just remember dear ones, you are a sovereign being, and whether you realize it yet or not, you are incredibly loved and supported!

We’ve got this!

Please share. Feel free to copy and paste and post wherever you are guided to. It is important that this message get out.

Much love,

Brenda

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