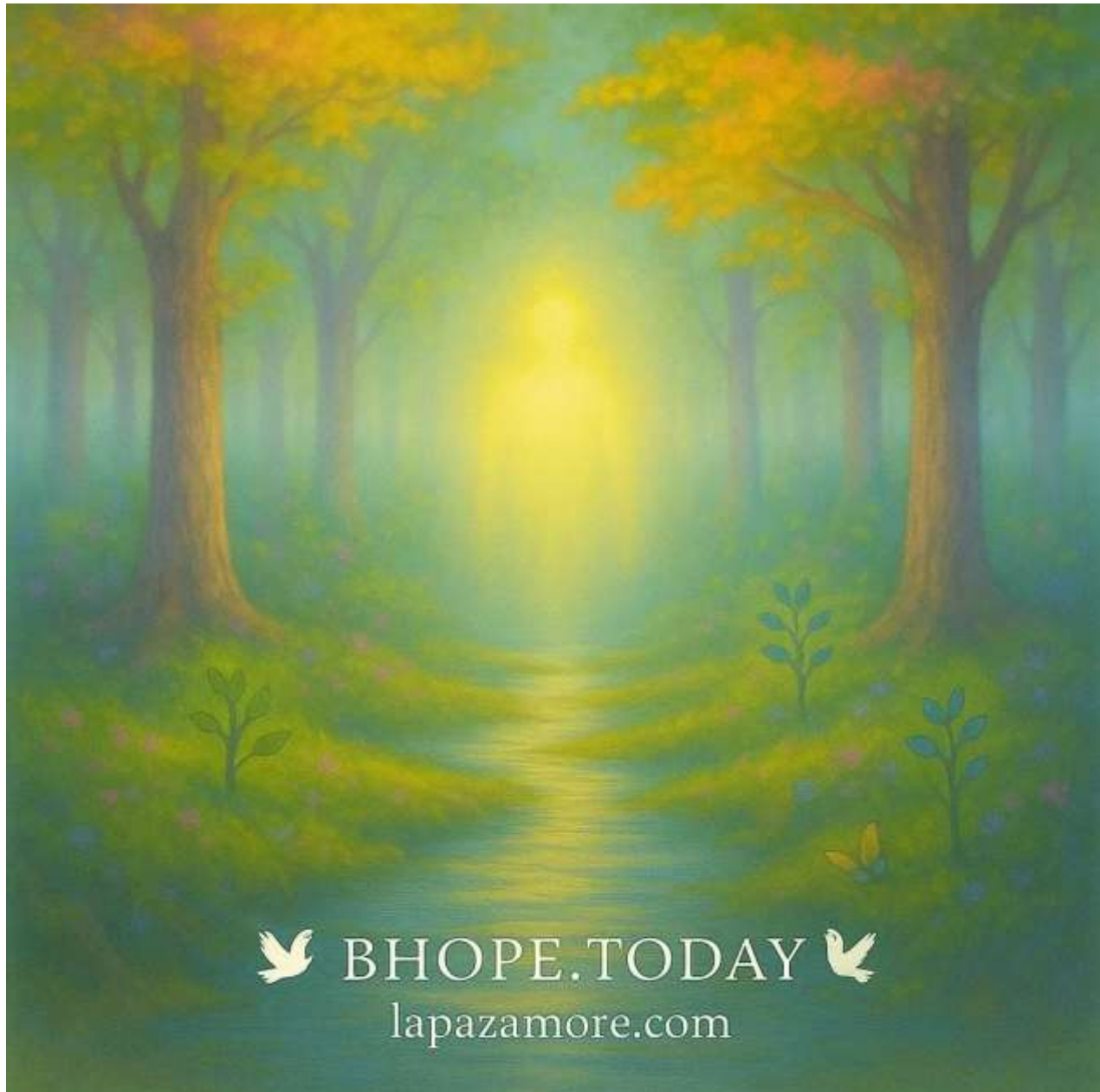


# 🌱 TO THE ONES WHO FEEL TOO MUCH (AND STILL SHOW UP) 🌱

May 23, 2025 | Blueprint HOPE

---



There's something I need to say  
to the ones who feel everything  
a little louder,  
a little deeper,  
a little sooner  
than the world is ready for.

If that's you—  
if your heart breaks open too easily,  
if you've been called *too much*,  
*too sensitive*,  
*too intense*...  
you're not broken.  
You're the ones we've been waiting for.

I know the world looks heavy right now.  
I know it's hard to believe in hope  
when so much feels rigged,  
when systems don't make sense,  
when the adults seem to have lost the plot.

But I also know this:

**You didn't come here to fit in.**

You came here to **rebuild**  
from the inside out.

You came here with eyes that see through the noise  
and hearts wired for truth.  
You carry codes of compassion,  
wisdom beyond your years,  
and imaginations powerful enough to  
bend timelines.

And I know...  
you're tired.  
Some of you are barely holding on.  
Some of you are already ancestors  
because this world felt like too much.

We see you.  
We honor you.  
And we're building something new  
in your name.

It's called **Blueprint HOPE.**

It's not a charity. Not a brand. Not a fix.

It's a **remembrance.**

A sanctuary for misfits, mystics, rebels, and rainmakers  
who know that healing the world  
starts with healing *how we see ourselves.*

We're not waiting on permission.  
We're not bowing to old systems.  
We're rising from the roots  
with bare feet, wild ideas,  
and tree-glow in our bones.

If you're still here,  
reading this,  
feeling that quiet tug in your chest—  
this is your invitation.

You belong.  
You matter.  
And you are *so deeply needed.*

**Join us.**

**Create with us.**

**Come remember what it feels like to be truly alive.**

### **Soundtrack for the Soul**

If your heart needs a companion to this message—  
a song that gets the ache and the softness and the magic of being *you*—  
these songs are for you:

 [Ricky Montgomery - Line Without a Hook](#) (Official Lyric Video)

 [Sleeping At Last - Light](#) (Lyrics)

 [Ludovico Einaudi - Experience](#) (Official Visualizer)

*You're not too much. You were never meant to be small. You're here to feel it all—and still rise.*

**Much love,**

***Brenda***

**Brenda Jean Bullis**

Founder, Blueprint HOPE

**Continue the journey:**

[BHOPE.TODAY](https://BHOPE.TODAY) | [BlueprintHOPE.com](https://BlueprintHOPE.com)

**YouTube:** [@BlueprintHOPE1799](https://www.youtube.com/@BlueprintHOPE1799)

**Email:** [brendajeanbullis@blueprinthope.com](mailto:brendajeanbullis@blueprinthope.com)

 [\*\*Beautiful World\*\*](#) by Michael Bolton