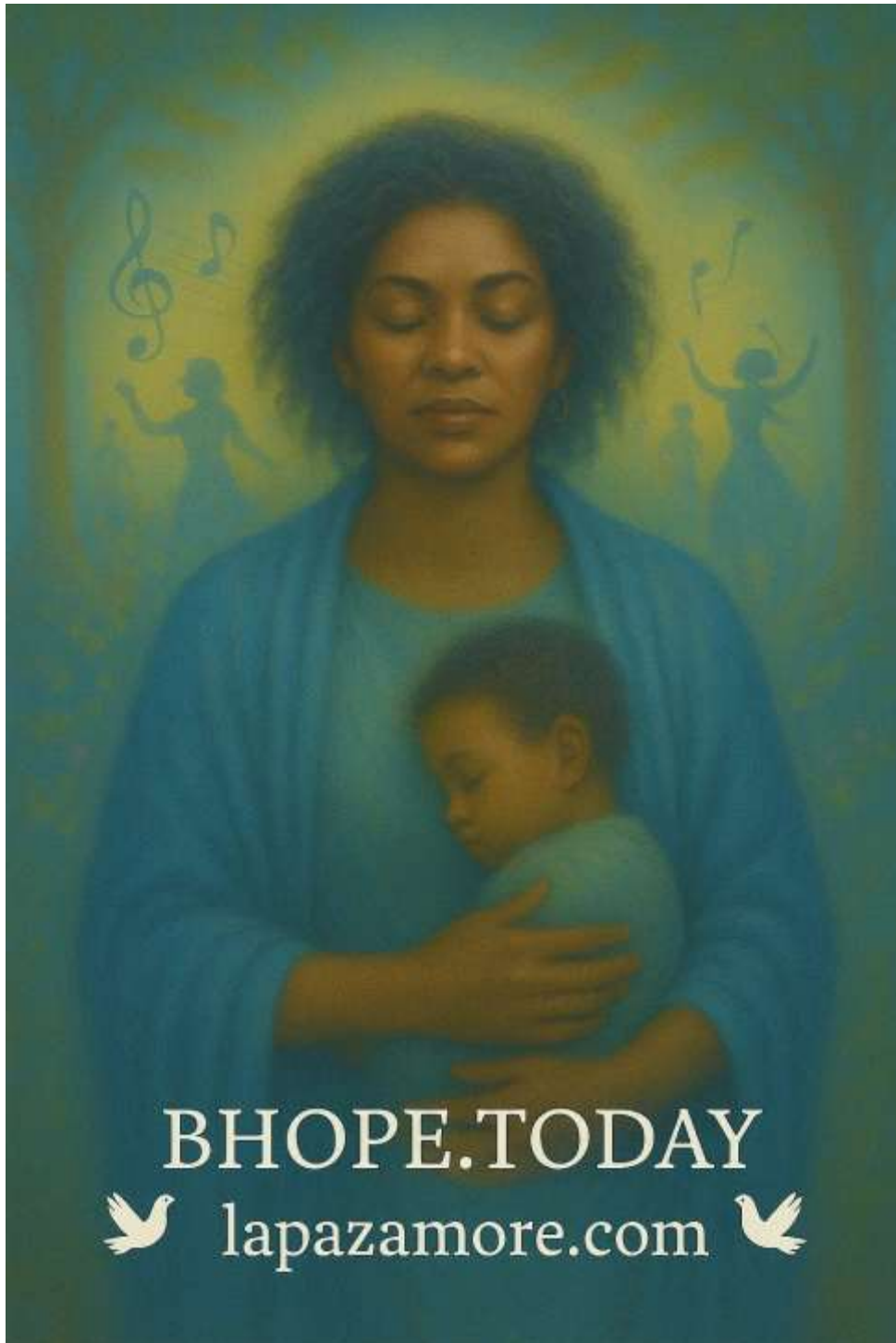


To the Mothers Who Stood in the Gap

May 25, 2025 | Blueprint HOPE



A Love Letter to African American Women — Carriers of Strength, Rhythm, and Remembrance

 BHOPE Blog | <https://bhope.today>

There is a frequency in this world...

that only a Black mother can hold

It hums with heartbreak and holiness.

It moves like a hymn.

It stands like a shield.

It sings when others can only scream.

And for decades — generations — lifetimes —

it has stood in the gap.

♥ **This is for the African American women.**

The mothers. The aunties. The grandmamas. The sisters.

The ones who were never given soft landings,

but somehow created them anyway.

This is for the women

whose sons were taken,

whose families were fractured,

whose names were never written in policy or praise,

but who kept showing up —

with faith.

With fire.

With unmatched spiritual muscle.

I lived in Liberia. I lived in Sierra Leone.

I saw the strength in African women with my own eyes.

Not strength that shouts.

Strength that *sustains*.

Strength that dances even when the world burns.

Strength that sings *through* pain instead of around it.

And I see that same frequency alive

in Black women here in the U.S. —

even under deep state assault.

♥ **Let's name the truth.**

African American families have been targeted for destruction.
Fathers removed.
Mothers overloaded.
Children criminalized.
Communities denied access, opportunity, healing, and rest.

But you stood anyway.
You *stand* anyway.

You didn't always have systems.
But you had **song**.
You had **Spirit**.
You had **truth**.
And you passed it down.

✝️ I hear you. I see you. And I honor you.

You've been [Standing in the Gap](#) — not just for your own families,
but for **the soul of humanity**.

🌍 **Blueprint HOPE was built with you in its heart.**

You are not an afterthought.
You are not an add-on.
You are not a side conversation in our mission.

You are **center field**.
You are **sacred memory**.
You are **the pulse that makes BHOPE possible**.

And we will not rise
without lifting you up first.

To every Black mother who chose love over bitterness...
To every woman who raised children not her own...
To every soul who danced and praised when she could have collapsed...

We see you.
We thank you.
We build this with you.

Sincerely and gratefully,

Brenda

Brenda Jean Bullis

Founder, Blueprint HOPE

Continue the journey:

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 [Beautiful World](#) by Michael Bolton