

ROC Triathlon 2026 - Triathlon

Rank	Bib	Name	Group	Swim		T1	Bike		T2	Run		Finish
Intermediate Triathlon												
Female												
Female Under25												
1	331	Tytler, Colleen	Female Under25	26:20	1:45 min/100m	02:20	1:17:25	18.8 mph	01:50	50:35	8:08 min/mile	2:38:32
2	375	Wallis, Jemma	Female Under25	30:42	2:02 min/100m	03:00	1:29:12	16.3 mph	03:25	57:17	9:13 min/mile	3:03:38
3	369	Johnson, Paige	Female Under25	32:01	2:08 min/100m	03:05	1:54:14	12.7 mph	01:16	1:29:37	14:25 min/mile	4:00:15
Female 25-29												
1	380	Giuffrida, Brianne	Female 25-29	25:06	1:40 min/100m	01:35	1:13:27	19.9 mph	01:38	47:26	7:38 min/mile	2:29:14
2	392	Talamo, Olivia	Female 25-29	26:18	1:45 min/100m	03:49	1:31:23	15.9 mph	05:58	1:11:11	11:27 min/mile	3:18:41
3	368	Thompson, Julie	Female 25-29	33:03	2:12 min/100m	02:49	1:42:43	14.2 mph	01:26	1:08:06	10:57 min/mile	3:28:09
4	397	Kritz, Rachel	Female 25-29	34:46	2:19 min/100m	03:27	1:43:50	14.0 mph	01:28	1:07:07	10:48 min/mile	3:30:40
Female 30-34												
1	328	Novak, Claire	Female 30-34	27:31	1:50 min/100m	02:54	1:25:26	17.1 mph	02:08	51:07	8:13 min/mile	2:49:08
2	390	Likly, Alyssa	Female 30-34	26:13	1:44 min/100m	01:47	1:17:08	18.9 mph	01:33	1:02:56	10:07 min/mile	2:49:38
3	398	Janis, Jacquelin	Female 30-34	29:07	1:56 min/100m	02:39	1:25:37	17.0 mph	02:12	58:53	9:28 min/mile	2:58:30
Female 35-39												
1	359	Spitzer, Jenn	Female 35-39	25:11	1:40 min/100m	01:48	1:15:03	19.4 mph	01:04	41:33	6:41 min/mile	2:24:41
2	395	Mallory, Rachael	Female 35-39	24:47	1:39 min/100m	01:06	1:13:14	19.9 mph	01:03	47:09	7:35 min/mile	2:27:20
3	394	Welter, Lindsey	Female 35-39	28:03	1:52 min/100m	01:29	1:12:01	20.3 mph	01:17	51:38	8:18 min/mile	2:34:31
4	321	Aitken, Samantha	Female 35-39	25:03	1:40 min/100m	02:15	1:26:44	16.8 mph	01:25	53:24	8:35 min/mile	2:48:53
5	364	Maul, Rachel	Female 35-39	34:36	2:18 min/100m	04:03	1:33:04	15.7 mph	03:11	1:07:41	10:53 min/mile	3:22:36
6	399	Roberts, Anna	Female 35-39	30:57	2:03 min/100m	01:45	1:31:39	15.9 mph	02:01	1:22:06	13:12 min/mile	3:28:30
DNF	306	SWIDER, HIDEYA	Female 35-39	32:48	2:11 min/100m	03:36	1:53:56	12.8 mph	01:59	1:16:03	12:14 min/mile	3:48:22
Female 40-44												
1	307	Magin, Lauren	Female 40-44	25:04	1:40 min/100m	01:54	1:08:47	21.2 mph	01:09	43:41	7:01 min/mile	2:20:37
2	373	Caffrey, Erin	Female 40-44	25:25	1:41 min/100m	02:04	1:14:57	19.5 mph	01:20	51:31	8:17 min/mile	2:35:18
3	363	Nickoloff, Leah	Female 40-44	29:07	1:56 min/100m	01:34	1:18:46	18.5 mph	01:23	46:00	7:24 min/mile	2:36:52
4	330	Newhall, Karina	Female 40-44	27:19	1:49 min/100m	02:13	1:19:29	18.3 mph	02:29	52:53	8:30 min/mile	2:44:25

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Rank	Bib	Name	Group	Swim		T1	Bike		T2	Run		Finish
5	315	Salib, Emily	Female 40-44	30:55	2:03 min/100m	06:59	1:37:13	15.0 mph	02:13	1:00:53	9:48 min/mile	3:18:16
6	349	Comella, Julia	Female 40-44	32:21	2:09 min/100m	05:27	2:02:13	11.9 mph	03:25	1:11:25	11:29 min/mile	3:54:52

Female 45-49

1	352	Newell, Joan	Female 45-49	26:49	1:47 min/100m	02:30	1:21:52	17.8 mph	01:23	56:34	9:06 min/mile	2:49:10
2	318	Guset, Adela	Female 45-49	37:35	2:30 min/100m	03:26	1:32:34	15.7 mph	01:55	1:09:00	11:06 min/mile	3:24:31
3	388	Diedreck, Angela	Female 45-49	31:10	2:04 min/100m	04:11	1:38:12	14.8 mph	02:41	1:31:37	14:44 min/mile	3:47:52

Female 50-54

1	339	Feligno, Danielle	Female 50-54	29:49	1:59 min/100m	01:46	1:14:36	19.5 mph	01:41	1:03:28	10:12 min/mile	2:51:22
2	360	Valle, Laticia	Female 50-54	30:54	2:03 min/100m	03:11	1:34:27	15.4 mph	04:14	1:01:31	9:54 min/mile	3:14:19

Male

Male Under25

1	371	Billet, Adam	Male Under25	23:19	1:33 min/100m	01:13	1:16:27	19.1 mph	00:33	43:59	7:04 min/mile	2:25:33
2	393	Le, Jayson	Male Under25	27:51	1:51 min/100m	01:53	1:14:21	19.6 mph	00:57	43:55	7:04 min/mile	2:29:00
3	361	Chaikowsky, Matthew	Male Under25	30:42	2:02 min/100m	02:17	1:11:19	20.5 mph	01:55	42:50	6:53 min/mile	2:29:05
4	384	Zabroski, Trey	Male Under25	28:12	1:52 min/100m	02:20	1:14:46	19.5 mph	01:09	43:51	7:03 min/mile	2:30:20
5	377	Sanchez Trevino, Sergio	Male Under25	28:47	1:55 min/100m	01:43	1:15:02	19.4 mph	01:18	45:40	7:21 min/mile	2:32:33
6	400	Janowski, Brady	Male Under25	28:20	1:53 min/100m	02:18	1:13:47	19.8 mph	01:27	46:54	7:32 min/mile	2:32:48
7	350	Akins, Henry	Male Under25	31:45	2:07 min/100m	04:35	1:17:32	18.8 mph	01:42	54:34	8:46 min/mile	2:50:09
8	354	Vavra, Brandon	Male Under25	29:41	1:58 min/100m	04:20	1:33:52	15.5 mph	02:22	54:39	8:47 min/mile	3:04:56

Male 25-29

1	322	Gorman, Ronan	Male 25-29	22:55	1:31 min/100m	01:28	1:08:37	21.3 mph	01:06	44:41	7:11 min/mile	2:18:49
2	356	Crowley-Perry, Ian	Male 25-29	25:42	1:42 min/100m	02:35	1:15:39	19.3 mph	01:05	45:00	7:14 min/mile	2:30:03
3	334	Whitmore, Michael	Male 25-29	29:36	1:58 min/100m	04:17	1:29:50	16.2 mph	01:23	50:05	8:03 min/mile	2:55:14
4	299	Celeste, Aaric	Male 25-29	28:55	1:55 min/100m	01:22	1:27:01	16.8 mph	00:39	59:57	9:38 min/mile	2:57:56
5	401	Snodgrass, Dylan	Male 25-29	31:21	2:05 min/100m	03:11	1:29:31	16.3 mph	02:22	55:19	8:54 min/mile	3:01:46
6	335	Johnson, Spencer	Male 25-29	34:32	2:18 min/100m	05:15	1:25:40	17.0 mph	04:54	1:06:34	10:42 min/mile	3:16:57
7	362	Kellicutt, Caleb	Male 25-29	30:13	2:00 min/100m	03:19	1:36:09	15.2 mph	01:22	1:14:55	12:03 min/mile	3:26:00
8	353	Luxemberg, Sam	Male 25-29	30:41	2:02 min/100m	04:33	1:35:45	15.2 mph	03:48	1:25:56	13:49 min/mile	3:40:45

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Male 30-34												
1	294	Reuter, Steven	Male 30-34	22:34	1:30 min/100m	01:13	1:03:03	23.1 mph	00:53	45:13	7:16 min/mile	2:12:57
2	345	Moon, Benjamin	Male 30-34	29:02	1:56 min/100m	03:26	1:14:11	19.7 mph	00:52	45:29	7:19 min/mile	2:33:02
3	320	Truax, Reed	Male 30-34	21:52	1:27 min/100m	02:31	1:13:23	19.9 mph	02:20	56:28	9:05 min/mile	2:36:36
4	374	Likovic, Joshua	Male 30-34	29:26	1:57 min/100m	02:13	1:23:28	17.5 mph	01:34	54:59	8:50 min/mile	2:51:40
5	383	Stryker, Alex	Male 30-34	29:52	1:59 min/100m	04:22	1:22:38	17.6 mph	02:53	53:00	8:31 min/mile	2:52:46
Male 35-39												
1	336	Ruff, jordan	Male 35-39	24:24	1:37 min/100m	01:32	1:08:45	21.2 mph	00:54	45:03	7:15 min/mile	2:20:40
2	327	BARNETT, COREY	Male 35-39	26:37	1:46 min/100m	02:05	1:10:02	20.8 mph	02:02	44:18	7:07 min/mile	2:25:05
3	300	Brady, Andrew	Male 35-39	27:01	1:48 min/100m	02:40	1:15:12	19.4 mph	02:08	45:41	7:21 min/mile	2:32:44
4	308	Rizzo, Matthew	Male 35-39	30:04	2:00 min/100m	03:09	1:10:54	20.6 mph	01:03	48:09	7:45 min/mile	2:33:22
5	325	Morrissey, Matthew	Male 35-39	30:25	2:01 min/100m	02:36	1:09:58	20.8 mph	01:21	49:00	7:53 min/mile	2:33:22
6	333	Costantino, Vinny	Male 35-39	29:19	1:57 min/100m	02:55	1:21:20	17.9 mph	02:02	1:02:30	10:03 min/mile	2:58:09
7	313	Klein, Zachary	Male 35-39	34:31	2:18 min/100m	03:53	1:44:34	13.9 mph	02:15	51:56	8:21 min/mile	3:17:11
Male 40-44												
1	304	Bradley, Scott	Male 40-44	22:04	1:28 min/100m	00:55	55:45	26.2 mph	01:13	40:14	6:28 min/mile	2:00:13
2	386	Lytwynec, Andy	Male 40-44	25:27	1:41 min/100m	01:44	1:01:01	23.9 mph	00:54	45:40	7:20 min/mile	2:14:48
3	382	Lubkowski, Jeffrey	Male 40-44	28:38	1:54 min/100m	02:15	1:03:14	23.1 mph	01:23	51:14	8:14 min/mile	2:26:46
4	298	Fox, Adam	Male 40-44	29:33	1:58 min/100m	01:22	1:13:13	19.9 mph	01:27	42:39	6:51 min/mile	2:28:16
5	344	Evans, Brendon	Male 40-44	25:32	1:42 min/100m	01:34	1:08:25	21.3 mph	01:06	54:57	8:50 min/mile	2:31:35
6	372	Prosser, Nathan	Male 40-44	29:04	1:56 min/100m	04:02	1:19:57	18.2 mph	01:03	51:52	8:20 min/mile	2:45:59
7	316	Aloisio, Nick	Male 40-44	26:59	1:47 min/100m	03:16	1:22:15	17.7 mph	03:20	57:56	9:19 min/mile	2:53:49
8	312	Erbland, Jim	Male 40-44	29:03	1:56 min/100m	02:24	1:26:50	16.8 mph	02:26	58:35	9:25 min/mile	2:59:20
Male 45-49												
1	295	Acevedo, Gabriel	Male 45-49	28:42	1:54 min/100m	01:25	1:11:58	20.3 mph	01:55	49:37	7:59 min/mile	2:33:39
2	290	Nichols, John	Male 45-49	28:38	1:54 min/100m	01:49	1:16:30	19.1 mph	00:50	53:51	8:40 min/mile	2:41:40
3	311	Stewart, Michael	Male 45-49	31:42	2:06 min/100m	03:05	1:19:55	18.2 mph	01:19	49:49	8:01 min/mile	2:45:52
4	387	Diedreck, Rudy	Male 45-49	29:58	1:59 min/100m	05:06	1:20:25	18.1 mph	02:14	1:07:11	10:48 min/mile	3:04:55
5	402	Tabayoyong, William	Male 45-49	36:48	2:27 min/100m	06:29	1:19:48	18.3 mph	02:32	1:02:37	10:04 min/mile	3:08:17

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6	317	Guset, Valentin	Male 45-49	31:37	2:06 min/100m	04:10	1:30:44	16.1 mph	03:15	1:09:04	11:06 min/mile	3:18:53

Male 50-54

1	379	Moore, Brian	Male 50-54	25:32	1:42 min/100m	01:52	1:03:29	23.0 mph	01:23	47:11	7:35 min/mile	2:19:30
2	381	Reardon, Mike	Male 50-54	29:05	1:56 min/100m	01:33	1:07:28	21.6 mph	01:05	46:36	7:30 min/mile	2:25:50
3	357	Cook, Brian	Male 50-54	28:30	1:54 min/100m	02:15	1:18:27	18.6 mph	03:38	48:16	7:46 min/mile	2:41:09
4	341	Barranco, James	Male 50-54	31:34	2:06 min/100m	04:21	1:24:44	17.2 mph	04:37	58:14	9:22 min/mile	3:03:32
5	396	St. Pierre, Sean	Male 50-54	33:34	2:14 min/100m	03:00	1:37:56	14.9 mph	02:47	1:19:00	12:42 min/mile	3:36:20

Male 55-59

1	389	Kodzas, Petar	Male 55-59	28:28	1:53 min/100m	01:36	1:09:09	21.1 mph	01:14	47:16	7:36 min/mile	2:27:46
2	342	Davio, Michael	Male 55-59	25:47	1:43 min/100m	02:14	1:15:01	19.4 mph	01:58	48:36	7:49 min/mile	2:33:38
3	385	Katz, David	Male 55-59	27:49	1:51 min/100m	01:52	1:12:59	20.0 mph	00:59	50:31	8:07 min/mile	2:34:11
4	355	Vanvolkenburg, Jeff	Male 55-59	24:31	1:38 min/100m	01:46	1:17:47	18.7 mph	01:33	52:49	8:30 min/mile	2:38:27
5	378	Heaphy, Timothy	Male 55-59	24:43	1:38 min/100m	02:38	1:18:37	18.5 mph	01:52	53:03	8:32 min/mile	2:40:54
6	323	Uhteg, Marc	Male 55-59	28:18	1:53 min/100m	01:33	1:14:54	19.5 mph	01:21	59:55	9:38 min/mile	2:46:04

Male 60-64

1	329	Jednak, John	Male 60-64	29:27	1:57 min/100m	02:11	1:12:42	20.1 mph	03:29	59:51	9:38 min/mile	2:47:43
2	296	Crooker, Christopher	Male 60-64	33:32	2:14 min/100m	05:31	1:38:12	14.8 mph	03:18	1:19:07	12:44 min/mile	3:39:41

Male 65-69

1	391	Van Derveer, Gary	Male 65-69	29:16	1:57 min/100m	02:40	1:22:57	17.6 mph	02:05	1:05:27	10:32 min/mile	3:02:26
2	338	D'Arcy, Daniel	Male 65-69	31:47	2:07 min/100m	05:46	1:25:46	17.0 mph	03:59	1:01:40	9:55 min/mile	3:09:00
3	348	D'Arcy, Keith	Male 65-69	32:15	2:09 min/100m	06:08	1:24:47	17.2 mph	03:15	1:20:46	13:00 min/mile	3:27:12

Sprint Triathlon

Female

HighSchool - Female

1	10	Wilke, Mila	HighSchool - Female	11:47	1:34 min/100m	01:18	42:52	17.0 mph	00:59	28:27	9:09 min/mile	1:25:26
2	5	Newell, Nora	HighSchool - Female	11:51	1:34 min/100m	01:38	42:33	17.1 mph	01:04	28:26	9:09 min/mile	1:25:33
3	19	Vivian, Mara	HighSchool - Female	14:58	1:59 min/100m	01:44	43:29	16.8 mph	01:12	26:30	8:32 min/mile	1:27:55
4	25	Bray, Matilda	HighSchool - Female	18:53	2:31 min/100m	02:40	51:09	14.2 mph	00:53	29:40	9:33 min/mile	1:43:18

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Female Under25												
1	121	Vogt, Jael	Female Under25	14:37	1:57 min/100m	02:11	45:45	15.9 mph	01:04	26:18	8:28 min/mile	1:29:57
2	210	Merkel, Johanna	Female Under25	16:42	2:13 min/100m	02:18	43:20	16.8 mph	01:38	26:14	8:26 min/mile	1:30:15
3	253	Rowan, Maggie	Female Under25	11:52	1:34 min/100m	02:48	46:31	15.7 mph	01:17	28:05	9:02 min/mile	1:30:35
4	212	Rinke, Elise	Female Under25	13:12	1:45 min/100m	02:20	43:04	16.9 mph	01:49	30:26	9:48 min/mile	1:30:53
5	173	Gianforti, Sophia	Female Under25	15:25	2:03 min/100m	02:14	43:45	16.7 mph	01:23	30:41	9:52 min/mile	1:33:32
6	151	Watkins, Paige	Female Under25	15:06	2:00 min/100m	02:14	43:57	16.6 mph	01:49	31:18	10:04 min/mile	1:34:25
7	112	Whittier, Chloe	Female Under25	14:24	1:55 min/100m	02:34	45:53	15.9 mph	01:36	30:34	9:50 min/mile	1:35:02
8	136	Pinzon, Eleni	Female Under25	16:16	2:10 min/100m	01:34	47:38	15.3 mph	01:11	34:13	11:01 min/mile	1:40:54
9	101	Dauphinee, Lauren	Female Under25	14:00	1:52 min/100m	02:10	50:17	14.5 mph	01:16	36:49	11:51 min/mile	1:44:34
10	62	Hahn, Elizabeth	Female Under25	14:20	1:54 min/100m	02:54	53:36	13.6 mph	01:46	32:48	10:33 min/mile	1:45:25
11	145	Baker, Anna	Female Under25	12:21	1:38 min/100m	02:17			1:25:53	29:51	9:36 min/mile	1:55:44
12	218	Hann, Adelaide	Female Under25	13:31	1:48 min/100m	04:22	56:14	13.0 mph	00:59	42:04	13:32 min/mile	1:57:11
Female 25-29												
1	147	Wojnowski, Veronica	Female 25-29	14:59	1:59 min/100m	02:12	43:00	17.0 mph	01:33	24:45	7:58 min/mile	1:26:31
2	249	Beiter, Margaret	Female 25-29	14:14	1:53 min/100m	03:00	46:26	15.7 mph	01:47	23:13	7:28 min/mile	1:28:42
3	198	Haluszczak, Macrae	Female 25-29	11:54	1:35 min/100m	01:23	40:18	18.1 mph	01:34	34:24	11:04 min/mile	1:29:35
4	243	Brennan, Sylvia	Female 25-29	12:20	1:38 min/100m	02:31	46:19	15.7 mph	01:37	28:13	9:05 min/mile	1:31:02
5	239	Doyle, Nina	Female 25-29	15:34	2:04 min/100m	02:57	44:53	16.2 mph	01:26	27:31	8:51 min/mile	1:32:22
6	110	Sinclair, Morgan	Female 25-29	15:17	2:02 min/100m	02:32	46:46	15.6 mph	00:47	28:01	9:01 min/mile	1:33:26
7	144	Harper, Rachael	Female 25-29	12:50	1:42 min/100m	02:26	47:20	15.4 mph	00:43	30:28	9:48 min/mile	1:33:49
8	150	Gales, Hannah	Female 25-29	13:55	1:51 min/100m	03:23	49:37	14.7 mph	00:49	31:53	10:15 min/mile	1:39:38
9	146	LaBue, Delaney	Female 25-29	12:48	1:42 min/100m	02:08	47:43	15.3 mph	00:56	38:29	12:23 min/mile	1:42:07
10	98	Kirkpatrick, Kassidi	Female 25-29	14:29	1:55 min/100m	02:05	50:47	14.4 mph	01:32	35:17	11:21 min/mile	1:44:12
11	111	Bailey, Elizabeth	Female 25-29	13:52	1:51 min/100m	03:03	57:21	12.7 mph	01:12	43:52	14:07 min/mile	1:59:22
Female 30-34												
1	67	Shields, Jessica	Female 30-34	13:17	1:46 min/100m	01:02	33:25	21.8 mph	00:40	23:38	7:36 min/mile	1:12:03
2	256	Kirkpatrick, Alyssa	Female 30-34	13:13	1:45 min/100m	01:52	42:16	17.3 mph	00:49	26:58	8:40 min/mile	1:25:10
3	86	Robson, Allison	Female 30-34	14:48	1:58 min/100m	02:17	41:06	17.7 mph	01:03	27:14	8:46 min/mile	1:26:29
4	177	Briggs, Sarah	Female 30-34	13:02	1:44 min/100m	01:56	44:30	16.4 mph	00:39	26:42	8:35 min/mile	1:26:50

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5	168	Calabretta-Crande, Corinne	Female 30-34	14:13	1:53 min/100m	02:20	44:27	16.4 mph	00:51	29:17	9:25 min/mile	1:31:10
6	58	Reese, Emily	Female 30-34	13:07	1:45 min/100m	01:49	45:22	16.1 mph	00:47	30:43	9:53 min/mile	1:31:50
7	199	Kindler, Molly	Female 30-34	15:26	2:03 min/100m	03:22	44:38	16.3 mph	01:45	27:04	8:42 min/mile	1:32:17
8	170	Brent, Allison	Female 30-34	14:17	1:54 min/100m	02:09	45:44	15.9 mph	01:32	28:44	9:14 min/mile	1:32:28
9	157	Judd, Abigail	Female 30-34	14:28	1:55 min/100m	02:36	41:17	17.7 mph	01:57	34:32	11:07 min/mile	1:34:52
10	259	Hoffstaetter, Tabea	Female 30-34	14:06	1:52 min/100m	02:50	44:58	16.2 mph	01:40	31:20	10:05 min/mile	1:34:56
11	164	Kowal, Madeline	Female 30-34	14:37	1:56 min/100m	02:39	45:54	15.9 mph	00:56	31:30	10:08 min/mile	1:35:38
12	219	Kruger, Makenzie	Female 30-34	13:58	1:51 min/100m	01:36	46:52	15.6 mph	01:45	31:35	10:10 min/mile	1:35:49
13	79	Batley, Melissa	Female 30-34	14:58	1:59 min/100m	01:24	43:04	16.9 mph	01:43	37:10	11:57 min/mile	1:38:21
14	231	Howard, Madasyn	Female 30-34	13:11	1:45 min/100m	03:26	50:30	14.4 mph	01:14	31:23	10:06 min/mile	1:39:46
15	31	Tinklepaugh, Megan	Female 30-34	14:33	1:56 min/100m	03:53	46:02	15.8 mph	01:40	33:47	10:52 min/mile	1:39:57
16	195	Frank, Jessica	Female 30-34	17:05	2:16 min/100m	02:47	49:43	14.7 mph	01:47	29:57	9:38 min/mile	1:41:21
17	113	McMinn, Heidi	Female 30-34	15:42	2:05 min/100m	03:06	50:36	14.4 mph	01:58	35:19	11:22 min/mile	1:46:44
18	162	OConnor, McKayla	Female 30-34	16:42	2:13 min/100m	02:46	52:02	14.0 mph	01:49	45:56	14:47 min/mile	1:59:17
19	70	Edelman, Thays	Female 30-34	20:48	2:46 min/100m	02:56	58:05	12.5 mph	01:15	43:21	13:57 min/mile	2:06:27

Female 35-39

1	129	Conway, Chelsea	Female 35-39	12:52	1:42 min/100m	01:20	35:36	20.5 mph	00:48	22:15	7:09 min/mile	1:12:53
2	89	Newhart, Samantha	Female 35-39	11:57	1:35 min/100m	01:26	33:32	21.8 mph	01:24	24:34	7:54 min/mile	1:12:54
3	133	Kmiecinski, Abby	Female 35-39	12:39	1:41 min/100m	01:34	40:35	18.0 mph	00:34	22:46	7:19 min/mile	1:18:10
4	257	Knoop, Tracey	Female 35-39	13:45	1:50 min/100m	02:34	38:04	19.2 mph	01:24	24:26	7:52 min/mile	1:20:15
5	175	McCall, Katie	Female 35-39	14:11	1:53 min/100m	02:22	44:18	16.5 mph	01:23	23:56	7:42 min/mile	1:26:13
6	123	Smith, Christina	Female 35-39	15:47	2:06 min/100m	02:23	42:50	17.0 mph	00:53	26:38	8:34 min/mile	1:28:33
7	47	Stevens, Stacey	Female 35-39	13:13	1:45 min/100m	01:40	42:48	17.0 mph	01:30	30:15	9:44 min/mile	1:29:29
8	87	Ross, Rebecca	Female 35-39	13:51	1:50 min/100m	04:31	42:56	17.0 mph	01:45	26:50	8:38 min/mile	1:29:54
9	215	Urckfitz, Anne	Female 35-39	15:11	2:01 min/100m	02:49	45:04	16.2 mph	01:27	32:28	10:27 min/mile	1:37:01
10	176	D'Agostino, Jenna	Female 35-39	15:15	2:02 min/100m	02:22	49:22	14.8 mph	01:41	35:04	11:17 min/mile	1:43:46
11	227	Fuller, Nicole	Female 35-39	18:05	2:24 min/100m	04:31	59:09	12.3 mph	01:57	37:45	12:09 min/mile	2:01:30
12	44	Kent, Jess	Female 35-39	15:09	2:01 min/100m	04:55	54:54	13.3 mph	02:22	57:27	18:29 min/mile	2:14:50

Female 40-44

1	191	Mertz, Katie	Female 40-44	13:57	1:51 min/100m	01:43	36:26	20.0 mph	00:59	27:55	8:59 min/mile	1:21:02
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ROC Triathlon 2026 - Triathlon

Rank	Bib	Name	Group	Swim		T1	Bike	T2		Run		Finish
2	220	Nichols, Christene	Female 40-44	12:40	1:41 min/100m	01:32	44:05	16.5 mph	02:15	25:51	8:19 min/mile	1:26:25
3	50	Deruyscher, Erica	Female 40-44	15:24	2:03 min/100m	02:15	39:09	18.6 mph	01:22	29:54	9:37 min/mile	1:28:06
4	81	Miller, Erica	Female 40-44	16:31	2:12 min/100m	02:07	41:14	17.7 mph	02:15	28:44	9:15 min/mile	1:30:53
5	153	Vitkus, Amy	Female 40-44	13:52	1:51 min/100m	01:23	49:03	14.9 mph	04:21	29:19	9:26 min/mile	1:38:00
6	160	Paolini, Laura	Female 40-44	15:16	2:02 min/100m	03:14	47:36	15.3 mph	02:24	32:32	10:28 min/mile	1:41:04
7	154	Wisnowski, Stephanie	Female 40-44	18:07	2:25 min/100m	02:57	52:02	14.0 mph	01:48	36:27	11:44 min/mile	1:51:23
8	93	Diliberto, Lisa	Female 40-44	18:14	2:25 min/100m	02:37	56:48	12.8 mph	01:12	36:41	11:48 min/mile	1:55:33

Female 45-49

1	214	Zucca, Carey Anne	Female 45-49	15:41	2:05 min/100m	03:17	40:10	18.2 mph	01:03	26:34	8:33 min/mile	1:26:47
2	184	Cousins, Cherie	Female 45-49	14:18	1:54 min/100m	02:49	43:29	16.8 mph	00:53	25:59	8:22 min/mile	1:27:30
3	174	Pipes, Kate	Female 45-49	13:18	1:46 min/100m	02:25	41:51	17.4 mph	02:00	28:00	9:00 min/mile	1:27:36
4	52	Wilke, Lucy	Female 45-49	16:57	2:15 min/100m	02:16	43:06	16.9 mph	00:57	29:46	9:35 min/mile	1:33:04
5	39	Van Orden, Kim	Female 45-49	15:41	2:05 min/100m	04:33	54:40	13.3 mph	03:53	50:54	16:23 min/mile	2:09:43

Female 50-54

1	75	Eggers, Mary	Female 50-54	12:04	1:36 min/100m	00:44	34:31	21.1 mph	00:52	27:47	8:56 min/mile	1:16:02
2	54	Feathers, Leigh	Female 50-54	12:17	1:38 min/100m	01:20	36:51	19.8 mph	01:00	28:06	9:02 min/mile	1:19:36
3	255	Kirkpatrick, Carolyn	Female 50-54	14:32	1:56 min/100m	03:08	46:11	15.8 mph	01:54	25:50	8:19 min/mile	1:31:36
4	221	Zanni, Jennifer	Female 50-54	15:15	2:02 min/100m	01:27	42:21	17.2 mph	01:07	33:36	10:49 min/mile	1:33:49
5	126	Sawicki Roberts, Jodi	Female 50-54	14:50	1:58 min/100m	02:27	46:45	15.6 mph	01:53	35:35	11:27 min/mile	1:41:32
6	120	Sprunger, Masako	Female 50-54	18:25	2:27 min/100m	03:13	46:10	15.8 mph	01:35	33:22	10:44 min/mile	1:42:47
7	115	Ransom, Nichole	Female 50-54	15:30	2:04 min/100m	03:42	48:36	15.0 mph	02:37	36:28	11:44 min/mile	1:46:54
8	40	Edwards, Danelle	Female 50-54	14:32	1:56 min/100m	03:00	54:02	13.5 mph	02:06	40:56	13:10 min/mile	1:54:38
9	34	Wright, Tabatha	Female 50-54	16:26	2:11 min/100m	03:56	53:23	13.7 mph	02:45	45:46	14:43 min/mile	2:02:17

Female 55-59

1	53	Mainville, Claudette R	Female 55-59	13:47	1:50 min/100m	01:21	36:50	19.8 mph	01:09	24:30	7:53 min/mile	1:17:38
2	273	Phillips, Lindsay	Female 55-59	15:16	2:02 min/100m	02:00	38:54	18.8 mph	01:23	29:42	9:33 min/mile	1:27:17
3	117	Darlak, Mary	Female 55-59	15:55	2:07 min/100m	02:53	39:41	18.4 mph	02:09	28:56	9:18 min/mile	1:29:36
4	246	McLyman, Christina	Female 55-59	14:55	1:59 min/100m	02:21	44:26	16.4 mph	02:31	29:22	9:27 min/mile	1:33:37
5	224	Jones, Krista	Female 55-59	15:00	2:00 min/100m	01:15	41:27	17.6 mph	01:51	34:17	11:02 min/mile	1:33:53

ROC Triathlon 2026 - Triathlon

Rank	Bib	Name	Group	Swim		T1	Bike	T2		Run	Finish	
Female 60-64												
1	91	Newhart, Donna	Female 60-64	14:55	1:59 min/100m	02:07	42:30	17.2 mph	01:12	28:30	9:10 min/mile	1:29:16
2	190	Miller, Lani	Female 60-64	16:22	2:11 min/100m	03:14	49:41	14.7 mph	02:39	42:26	13:39 min/mile	1:54:24
3	59	McDermott, Maria	Female 60-64	17:04	2:16 min/100m	03:53	58:45	12.4 mph	01:49	40:05	12:54 min/mile	2:01:38
Female 65-69												
1	183	Nicol, Betsy	Female 65-69	14:31	1:56 min/100m	01:49	37:34	19.4 mph	00:55	27:31	8:51 min/mile	1:22:22
2	84	Pudiak, Barbara	Female 65-69	16:25	2:11 min/100m	01:35	41:03	17.8 mph	01:23	32:05	10:19 min/mile	1:32:34
3	161	Mariano, Sharon	Female 65-69	15:25	2:03 min/100m	03:06	47:29	15.4 mph	02:30	33:30	10:47 min/mile	1:42:02
Athena												
1	222	Oakman, Megan	Athena	15:06	2:00 min/100m	01:53	48:53	14.9 mph	01:29	34:29	11:06 min/mile	1:41:53
2	92	Smith, Naomi	Athena	15:22	2:02 min/100m	03:14	48:18	15.1 mph	00:50	34:13	11:00 min/mile	1:41:58
3	185	Ott, Theresa	Athena	14:22	1:55 min/100m	02:56	46:59	15.5 mph	01:50	44:15	14:14 min/mile	1:50:24
4	149	Marcuson, Lenore	Athena	15:22	2:03 min/100m	03:36	49:54	14.6 mph	02:44	43:19	13:56 min/mile	1:54:57
5	68	Hosmer, Lori	Athena	15:41	2:05 min/100m	04:38	1:03:54	11.4 mph	02:56	48:28	15:36 min/mile	2:15:39
Male												
HighSchool - Male												
1	14	Grimm, Colt	HighSchool - Male	12:09	1:37 min/100m	00:54	31:19	23.3 mph	00:38	19:21	6:13 min/mile	1:04:23
2	12	Grimm, Alex	HighSchool - Male	12:22	1:39 min/100m	00:52	32:08	22.7 mph	01:02	18:39	6:00 min/mile	1:05:05
3	2	Urazgildiiev, Timur	HighSchool - Male	11:19	1:30 min/100m	00:44	34:52	20.9 mph	00:48	21:15	6:50 min/mile	1:09:00
4	18	Principe, Charlie	HighSchool - Male	13:54	1:51 min/100m	02:01	32:54	22.2 mph	00:48	22:18	7:10 min/mile	1:11:56
5	1	Campbell, Colden	HighSchool - Male	12:26	1:39 min/100m	00:41	36:50	19.8 mph	00:51	21:09	6:48 min/mile	1:12:00
6	6	Iversen, Evan	HighSchool - Male	12:52	1:42 min/100m	02:20	37:54	19.2 mph	01:24	24:43	7:57 min/mile	1:19:15
7	23	Mitrovits, Benjamin	HighSchool - Male	11:33	1:32 min/100m	03:22	42:31	17.2 mph	01:20	22:54	7:22 min/mile	1:21:41
8	17	Torres-Panzer, Mateo	HighSchool - Male	13:35	1:48 min/100m	03:11	41:15	17.7 mph	00:34	23:54	7:41 min/mile	1:22:30
9	20	Guset, Eric	HighSchool - Male	13:31	1:48 min/100m	03:00	43:29	16.8 mph	00:58	23:26	7:32 min/mile	1:24:27
10	7	Wisnowski, Graham	HighSchool - Male	17:50	2:22 min/100m	01:31	42:27	17.2 mph	00:34	22:23	7:12 min/mile	1:24:48
11	8	Lisle-saleh, Jude	HighSchool - Male	12:48	1:42 min/100m	02:09	49:24	14.8 mph	00:40	20:19	6:32 min/mile	1:25:23
12	15	Henry, Nicholas	HighSchool - Male	12:43	1:41 min/100m	02:34	42:06	17.3 mph	01:50	26:50	8:38 min/mile	1:26:05
13	4	Murray, Eli	HighSchool - Male	17:49	2:22 min/100m	02:48	51:15	14.2 mph	00:49	24:29	7:53 min/mile	1:37:13

ROC Triathlon 2026 - Triathlon

Rank	Bib	Name	Group	Swim		T1	Bike		T2	Run		Finish
14	11	Strzepek, Carson	HighSchool - Male	12:37	1:41 min/100m	04:19	50:25	14.5 mph	00:55	30:03	9:40 min/mile	1:38:21
15	22	Scaria, Brayden	HighSchool - Male	13:20	1:46 min/100m	03:34	50:39	14.4 mph	00:59	30:49	9:55 min/mile	1:39:24
16	21	Wilke, Brian	HighSchool - Male	13:46	1:50 min/100m	02:55	52:06	14.0 mph	01:06	34:14	11:01 min/mile	1:44:09
17	16	Zhang, Ian	HighSchool - Male	15:36	2:04 min/100m	02:21	53:09	13.7 mph	00:52	33:49	10:53 min/mile	1:45:48
18	24	Hoque, Wali	HighSchool - Male	22:34	3:00 min/100m	02:52	1:00:09	12.1 mph	01:03	32:56	10:36 min/mile	1:59:36
DNF	13	Grimm, Brad	HighSchool - Male	12:15	1:38 min/100m	00:48						

Male Under25

1	213	Biddle, Erek	Male Under25	13:13	1:45 min/100m	02:17	38:27	19.0 mph	01:29	25:46	8:17 min/mile	1:21:15
2	189	Owen, Oliver	Male Under25	12:41	1:41 min/100m	01:36	37:46	19.3 mph	01:33	27:37	8:53 min/mile	1:21:15
3	247	Lee, Austin	Male Under25	14:26	1:55 min/100m	02:24	40:00	18.2 mph	01:02	25:51	8:19 min/mile	1:23:44
4	82	Liddick, Brandon	Male Under25	13:35	1:48 min/100m	02:03	40:09	18.2 mph	01:14	27:37	8:53 min/mile	1:24:39
5	97	Palozzi, Blake	Male Under25	12:25	1:39 min/100m	02:01	41:52	17.4 mph	01:36	27:29	8:50 min/mile	1:25:26
6	208	Ratta Vine, Nathan	Male Under25	10:41	1:25 min/100m	02:30	44:26	16.4 mph	00:46	29:59	9:39 min/mile	1:28:24
7	232	Vitkus, Charles	Male Under25	13:08	1:45 min/100m	03:16	50:09	14.5 mph	02:35	27:17	8:46 min/mile	1:36:27
8	102	Speidel, Ian	Male Under25	13:59	1:51 min/100m	03:31	47:25	15.4 mph	03:31	33:05	10:39 min/mile	1:41:33

Male 25-29

1	125	Kreuser, Ryan	Male 25-29	10:24	1:23 min/100m	00:57	30:00	24.3 mph	00:40	21:24	6:53 min/mile	1:03:26
2	103	Seyse, Matthew	Male 25-29	10:36	1:24 min/100m	01:22	33:54	21.5 mph	00:58	22:05	7:06 min/mile	1:08:56
3	237	Hauptman, Sean	Male 25-29	14:02	1:52 min/100m	01:40	36:50	19.8 mph	00:58	23:31	7:34 min/mile	1:17:03
4	254	Kirkpatrick, Jarrett	Male 25-29	13:51	1:50 min/100m	01:40	43:05	16.9 mph	00:49	26:53	8:39 min/mile	1:26:20
5	100	Ehmann, Nick	Male 25-29	13:54	1:51 min/100m	03:33	48:03	15.2 mph	02:55	33:04	10:38 min/mile	1:41:31
6	96	Kirkpatrick, Brett	Male 25-29	14:04	1:52 min/100m	03:24	48:39	15.0 mph	02:19	33:06	10:39 min/mile	1:41:34
7	193	Schultz, Corey	Male 25-29	15:20	2:02 min/100m	04:07	1:00:03	12.1 mph	01:18	36:33	11:45 min/mile	1:57:22
8	238	Barnard, Caleb	Male 25-29	15:48	2:06 min/100m	03:14	1:01:09	11.9 mph	01:59	36:17	11:40 min/mile	1:58:29

Male 30-34

1	209	O'Connor, Kevin	Male 30-34	12:47	1:42 min/100m	01:31	40:21	18.1 mph	01:22	21:28	6:54 min/mile	1:17:31
2	156	Miller, Joel	Male 30-34	11:49	1:34 min/100m	01:53	37:32	19.4 mph	02:02	26:35	8:33 min/mile	1:19:54
3	64	Dennis, Christopher	Male 30-34	13:53	1:51 min/100m	01:31	39:26	18.5 mph	00:58	26:41	8:35 min/mile	1:22:32
4	143	Sullivan, Conor	Male 30-34	13:45	1:50 min/100m	02:40	42:29	17.2 mph	01:17	23:57	7:42 min/mile	1:24:09
5	66	Kita, Andrew	Male 30-34	15:32	2:04 min/100m	03:05	39:43	18.4 mph	01:40	25:53	8:19 min/mile	1:25:56

ROC Triathlon 2026 - Triathlon

Rank	Bib	Name	Group	Swim		T1	Bike	T2		Run	Finish	
6	106	Jacobsen, Caleb	Male 30-34	14:27	1:55 min/100m	03:21	42:32	17.1 mph	01:32	26:52	8:38 min/mile	1:28:46
7	148	Hassanzadeh, Amir	Male 30-34	14:01	1:52 min/100m	03:14	42:08	17.3 mph	01:20	29:35	9:31 min/mile	1:30:20
8	248	Graziose, Nicholas	Male 30-34	13:20	1:46 min/100m	05:03	41:30	17.6 mph	02:13	30:03	9:40 min/mile	1:32:11
9	104	Baxter, Benjamin	Male 30-34	14:57	1:59 min/100m	01:32	42:17	17.2 mph	01:31	33:26	10:45 min/mile	1:33:44
10	196	Sinkler, Craig	Male 30-34	15:10	2:01 min/100m	02:59	49:01	14.9 mph	01:49	27:47	8:56 min/mile	1:36:48
11	187	Clarke, Patrick	Male 30-34	15:51	2:06 min/100m	02:03	47:29	15.4 mph	00:46	31:17	10:04 min/mile	1:37:28
12	163	curci, steven	Male 30-34	16:17	2:10 min/100m	02:47	44:22	16.4 mph	01:57	32:16	10:23 min/mile	1:37:40
13	172	Ott, Peter	Male 30-34	14:21	1:54 min/100m	03:41	41:41	17.5 mph	03:12	34:58	11:15 min/mile	1:37:55
14	128	Lutz, Aaron	Male 30-34	16:44	2:13 min/100m	04:28	46:18	15.7 mph	01:42	29:26	9:28 min/mile	1:38:40
15	258	Johnson, Alex	Male 30-34	14:17	1:54 min/100m	02:18	46:08	15.8 mph	01:08	38:31	12:24 min/mile	1:42:24

Male 35-39

1	116	Feor, David	Male 35-39	12:28	1:39 min/100m	01:42	36:45	19.8 mph	01:29	24:30	7:53 min/mile	1:16:55
2	132	Dechert, Greg	Male 35-39	14:42	1:57 min/100m	02:18	32:36	22.4 mph	01:09	26:52	8:39 min/mile	1:17:40
3	229	McIntosh, Matt	Male 35-39	13:33	1:48 min/100m	03:18	37:06	19.7 mph	02:29	24:27	7:52 min/mile	1:20:56
4	46	Stevens, Robert	Male 35-39	12:14	1:37 min/100m	02:14	37:37	19.4 mph	01:34	27:24	8:49 min/mile	1:21:05
5	204	Smilnak, Timothy	Male 35-39	14:11	1:53 min/100m	02:21	40:41	17.9 mph	01:51	24:41	7:56 min/mile	1:23:48
6	127	Mitchell, Matt	Male 35-39	13:26	1:47 min/100m	01:15	39:52	18.3 mph	01:11	30:18	9:45 min/mile	1:26:03
7	171	Curci, John	Male 35-39	15:05	2:00 min/100m	02:29	40:14	18.1 mph	01:46	30:08	9:42 min/mile	1:29:44
8	233	Kinsella, Michael	Male 35-39	14:15	1:54 min/100m	03:41	38:56	18.7 mph	02:24	32:36	10:29 min/mile	1:31:55
9	77	Josa, Joshua	Male 35-39	14:10	1:53 min/100m	03:25	50:28	14.4 mph	00:48	24:14	7:48 min/mile	1:33:06
10	141	Hand, Nathan	Male 35-39	16:11	2:09 min/100m	02:58	42:03	17.3 mph	02:22	31:38	10:11 min/mile	1:35:15
11	135	Gambrel, Grady	Male 35-39	13:35	1:48 min/100m	04:38	46:14	15.8 mph	00:47	34:17	11:02 min/mile	1:39:33
12	69	Edelman, Erik	Male 35-39	17:46	2:22 min/100m	03:07	52:13	14.0 mph	01:01	36:27	11:44 min/mile	1:50:35

Male 40-44

1	203	Vorrasi, John	Male 40-44	12:03	1:36 min/100m	01:43	31:59	22.8 mph	00:49	20:15	6:31 min/mile	1:06:51
2	242	Lawrence, Ryan	Male 40-44	11:25	1:31 min/100m	01:04	32:25	22.5 mph	01:03	22:44	7:19 min/mile	1:08:43
3	30	Gringer, Beau	Male 40-44	12:45	1:42 min/100m	01:11	33:48	21.6 mph	00:41	22:44	7:19 min/mile	1:11:10
4	244	Baldwin, Joey	Male 40-44	12:31	1:40 min/100m	01:27	33:49	21.6 mph	01:22	25:35	8:14 min/mile	1:14:45
5	105	Doody, Colin	Male 40-44	13:06	1:44 min/100m	02:55	40:40	17.9 mph	01:46	25:32	8:13 min/mile	1:24:01
6	250	Pearson, Darren	Male 40-44	15:31	2:04 min/100m	02:50	39:52	18.3 mph	01:21	24:50	7:59 min/mile	1:24:26

ROC Triathlon 2026 - Triathlon

Rank	Bib	Name	Group	Swim		T1	Bike	T2		Run		Finish
7	252	Psaty, Kyle	Male 40-44	15:41	2:05 min/100m	02:39	37:00	19.7 mph	03:17	26:03	8:23 min/mile	1:24:42
8	78	Head, Andy	Male 40-44	18:42	2:29 min/100m	01:37	39:18	18.6 mph	00:35	24:52	8:00 min/mile	1:25:05
9	236	LePore, Brian	Male 40-44	15:26	2:03 min/100m	03:13	41:11	17.7 mph	01:22	26:03	8:23 min/mile	1:27:16
10	76	Behm, Byron	Male 40-44	14:42	1:57 min/100m	02:39	46:11	15.8 mph	01:25	31:16	10:04 min/mile	1:36:15

Male 45-49

1	114	SCHUTT, DARREN	Male 45-49	12:12	1:37 min/100m	00:55	31:37	23.1 mph	00:57	17:27	5:37 min/mile	1:03:11
2	165	Feroleto, John	Male 45-49	12:03	1:36 min/100m	02:20	32:47	22.3 mph	01:40	22:05	7:06 min/mile	1:10:57
3	245	Kibrick, Sean	Male 45-49	13:00	1:44 min/100m	01:35	35:26	20.6 mph	01:12	24:45	7:58 min/mile	1:16:01
4	122	Deiure, Mike	Male 45-49	12:41	1:41 min/100m	01:23	35:55	20.3 mph	00:50	26:11	8:25 min/mile	1:17:02
5	211	CERRAJERO, FRANCISCO	Male 45-49	12:49	1:42 min/100m	02:16	39:48	18.3 mph	01:18	24:53	8:00 min/mile	1:21:06
6	207	Deiure, John	Male 45-49	14:58	1:59 min/100m	02:08	36:31	20.0 mph	00:54	27:10	8:44 min/mile	1:21:43
7	241	VanTyle, Russell	Male 45-49	12:58	1:43 min/100m	01:40	43:53	16.6 mph	00:48	28:48	9:16 min/mile	1:28:10
8	188	Clester, Joel	Male 45-49	14:39	1:57 min/100m	02:11	44:23	16.4 mph	01:10	28:44	9:15 min/mile	1:31:10
9	223	Stoerger, Michael	Male 45-49	14:31	1:56 min/100m	02:24	42:33	17.1 mph	01:25	31:16	10:03 min/mile	1:32:12
10	56	Feathers, Scott	Male 45-49	17:10	2:17 min/100m	01:59	40:42	17.9 mph	01:31	34:35	11:07 min/mile	1:35:59
11	140	Berardi, Cory	Male 45-49	16:55	2:15 min/100m	02:36	43:56	16.6 mph	01:55	32:56	10:36 min/mile	1:38:21

Male 50-54

1	230	Meyer, Joseph	Male 50-54	13:36	1:48 min/100m	01:03	34:35	21.1 mph	00:58	23:04	7:25 min/mile	1:13:18
2	202	Mauro, Douglas	Male 50-54	11:44	1:33 min/100m	00:50	35:18	20.7 mph	00:48	27:03	8:42 min/mile	1:15:46
3	180	Musolino, Mark	Male 50-54	13:08	1:45 min/100m	01:41	38:54	18.7 mph	01:20	24:36	7:55 min/mile	1:19:41
4	251	Olivieri, Lino	Male 50-54	15:13	2:01 min/100m	01:40	37:14	19.6 mph	01:24	32:09	10:20 min/mile	1:27:40
5	240	Chaturvedi, Abhishek	Male 50-54	16:24	2:11 min/100m	04:35	49:56	14.6 mph	02:25	43:40	14:03 min/mile	1:57:02

Male 55-59

1	200	Gage, Marcus	Male 55-59	14:25	1:55 min/100m	01:48	32:44	22.3 mph	01:26	21:46	7:00 min/mile	1:12:12
2	228	Westfall, Jonathan	Male 55-59	13:43	1:49 min/100m	04:30	39:03	18.7 mph	01:05	27:26	8:49 min/mile	1:25:49
3	197	DeLany, Zachary	Male 55-59	14:42	1:57 min/100m	03:24	40:16	18.1 mph	02:19	31:12	10:02 min/mile	1:31:56
4	186	McMahon, Joseph	Male 55-59	17:05	2:16 min/100m	01:59	47:30	15.3 mph	02:27	43:22	13:57 min/mile	1:52:24

Male 60-64

1	192	Carnahan, Sean	Male 60-64	13:25	1:47 min/100m	01:40	34:27	21.2 mph	00:47	25:59	8:21 min/mile	1:16:21
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ROC Triathlon 2026 - Triathlon

Rank	Bib	Name	Group	Swim		T1	Bike	T2		Run		Finish
2	201	Moreland, Michael	Male 60-64	12:49	1:42 min/100m	01:34	40:10	18.2 mph	01:47	26:54	8:39 min/mile	1:23:17
3	169	Koenig, Ross	Male 60-64	14:45	1:58 min/100m	02:12	38:46	18.8 mph	01:23	26:19	8:28 min/mile	1:23:28
4	60	Fuchs, Carl	Male 60-64	15:16	2:02 min/100m	05:49	44:50	16.3 mph	02:54	35:25	11:24 min/mile	1:44:16
5	71	MACNAMARA, Bill	Male 60-64	17:18	2:18 min/100m	04:34	52:45	13.8 mph	02:45	1:09:59	22:31 min/mile	2:27:22

Male 65-69

1	130	Tonzi, Sean	Male 65-69	14:09	1:53 min/100m	02:55	38:07	19.1 mph	03:25	27:05	8:43 min/mile	1:25:43
2	74	Robson, Guy	Male 65-69	13:50	1:50 min/100m	01:21	40:23	18.1 mph	01:30	30:56	9:57 min/mile	1:28:01
3	85	Smith, Jim	Male 65-69	14:40	1:57 min/100m	02:23	41:22	17.6 mph	02:17	35:38	11:28 min/mile	1:36:22
4	155	Chadwick, Andrew	Male 65-69	19:02	2:32 min/100m	04:31	47:09	15.5 mph	01:54	31:19	10:05 min/mile	1:43:56
5	90	Kindler, Timothy	Male 65-69	14:57	1:59 min/100m	04:49	44:32	16.4 mph	03:00	41:20	13:18 min/mile	1:48:40

Male 70-74

1	235	eggert, curt	Male 70-74	12:57	1:43 min/100m	01:10	36:21	20.1 mph	01:06	25:23	8:10 min/mile	1:17:00
2	80	Sanford, David	Male 70-74	14:10	1:53 min/100m	01:48	41:20	17.6 mph	01:26	32:50	10:34 min/mile	1:31:36
3	49	Lavner, Mark	Male 70-74	14:53	1:59 min/100m	02:56	43:11	16.9 mph	01:51	29:06	9:22 min/mile	1:31:58
4	118	McDermott, John	Male 70-74	16:11	2:09 min/100m	03:00	41:19	17.7 mph	01:50	30:38	9:51 min/mile	1:33:00
5	137	Sigrist, Tracy	Male 70-74	15:35	2:04 min/100m	02:09	40:18	18.1 mph	02:05	34:56	11:14 min/mile	1:35:04
6	55	Blake, Andy	Male 70-74	15:25	2:03 min/100m	02:28	41:46	17.5 mph	02:21	33:41	10:50 min/mile	1:35:43
7	179	Baxter, Michael	Male 70-74	14:40	1:57 min/100m	03:00	40:30	18.0 mph	00:36	37:19	12:00 min/mile	1:36:08
8	35	Dannenberger, Gene	Male 70-74	16:16	2:10 min/100m	03:04	45:06	16.2 mph	01:46	33:59	10:56 min/mile	1:40:13
9	95	Malone, Charles	Male 70-74	15:23	2:03 min/100m	03:15	46:24	15.7 mph	01:15	34:35	11:08 min/mile	1:40:55
10	159	Schindler, Gary	Male 70-74	15:37	2:04 min/100m	03:00	40:47	17.9 mph	02:41	41:44	13:26 min/mile	1:43:51
11	206	Walsh, Steve	Male 70-74	17:06	2:16 min/100m	04:18	51:37	14.1 mph	01:39	37:18	12:00 min/mile	1:52:00
12	142	plimpton, frederick	Male 70-74	15:03	2:00 min/100m	03:06	49:06	14.8 mph	01:01	48:03	15:28 min/mile	1:56:22

Male 75+

1	205	Rowley, Michael	Male 75+	14:05	1:52 min/100m	01:16	36:46	19.8 mph	01:15	30:45	9:54 min/mile	1:24:09
2	158	Berman, Leo	Male 75+	14:49	1:58 min/100m	02:39	46:15	15.8 mph	02:16	34:26	11:05 min/mile	1:40:27
3	63	Ross, David	Male 75+	16:01	2:08 min/100m	06:40	51:00	14.3 mph	02:00	41:27	13:20 min/mile	1:57:10

Clydesdale

1	226	Tally, Joseph	Clydesdale	13:36	1:48 min/100m	01:13	35:49	20.4 mph	00:57	27:51	8:57 min/mile	1:19:27
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ROC Triathlon 2026 - Triathlon

Rank	Bib	Name	Group	Swim		T1	Bike		T2	Run		Finish
2	167	Hackbush, Gary	Clydesdale	17:00	2:16 min/100m	03:56	43:39	16.7 mph	00:52	33:01	10:37 min/mile	1:38:30
3	225	Smathers, Tristan	Clydesdale	14:40	1:57 min/100m	02:15	50:05	14.6 mph	01:05	35:51	11:32 min/mile	1:43:57
4	83	Farris, Nicholas	Clydesdale	15:10	2:01 min/100m	02:45	46:10	15.8 mph	01:52	40:23	13:00 min/mile	1:46:22
5	166	Killian, Patrick	Clydesdale	14:19	1:54 min/100m	03:23	1:03:52	11.4 mph	01:19	46:08	14:51 min/mile	2:09:02
6	194	Patrie, Rory	Clydesdale	21:15	2:50 min/100m	08:18	58:00	12.6 mph	06:24	45:10	14:32 min/mile	2:19:10