Professional Disclosure Statement

Juli Dellorso, BS, CMHC-Intern

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**My Qualifications**

I will complete my Master’s degree in Clinical Mental Health Counseling at Radford University in summer of 2022. Upon the confirmation of my degree, I will obtain my Resident Licensure and provide counseling under the supervision of Rae Burgess until I obtain full licensure as a professional counselor.

Ms. Burgess is a Licensed Clinical Mental Health Counselor (LCMHC # 11451) in North Carolina and a Licensed Professional Counselor (LPC # 0701010180) in Virginia. She is also a Board Approved Supervisor in Virginia and she provides clinical supervision for Residents in Counseling and Residents in Marriage & Family Therapy in the Commonwealth of Virginia.

**Counseling Background**

I have several years of experience in community service organizations and have served a wide range of populations and client issues. I have experience in individual therapy for college students, adult outpatient psychotherapy, and crisis stabilization for clients with serious mental illness and dual diagnoses. I have experience in the utilization of community-based resources for treatment of dual diagnosis, particularly trauma and substance use disorders, as well as depression, anxiety, and relationship/attachment issues.

I currently work as an intern at the private group practice, Counseling Connect, PLLC. I provide in-person therapy and telehealth, which includes clinical assessments, documentation, and treatment planning. I work with individuals and groups of teen, adult, and elder clients that have mental health and self-esteem issues. My theoretical orientation is an integration of Adlerian and Person-Centered Therapy. I use a strength-based, trauma-informed approach and I am competent in Humanistic, Mindfulness, and Expressive Arts techniques, as well as other evidence-based interventions and practices, depending on client needs.

**Session Fees and Length of Service**

The length of the initial assessment is 60 minutes and subsequent individual therapy sessions are 50 minutes. The fee for the initial assessment is $90 and the fee for therapy sessions is $80. I offer a sliding scale for clients that are experiencing financial hardship. I do not accept insurance.

**Confidentiality**

Confidentiality belongs to you (the client), meaning that all of your private information is yours and I am responsible for keeping it safe for you. All of our communication becomes part of the clinical record, which you may access upon request. I will protect your confidentiality and not share anything you say as part of our counseling relationship, with the following exceptions: (a) you direct me in writing to disclose information to someone else, (b) it is determined you are a danger to yourself or others, (c) you share information about child or elder abuse, or (d) I am ordered by a court to disclose information.

**Complaints**

Although clients are encouraged to discuss any concerns with me, you may file a complaint against me with my clinical supervisor, Rae Burgess, should you feel I am in violation of any of these codes of ethics. I abide by the ACA Code of Ethics (<http://www.counseling.org/Resources/aca-code-of-ethics.pdf>).

You may contact my supervisor at rae@counseling-connect.com or 540-315-1445.

**Acceptance of Terms**

We agree to these terms and will abide by these guidelines.

Client: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_

Counselor: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_