

Frontier Martial Arts Schedule

Group	TKD Tigers	Youn Wha Beginner	Youn Wha Intermediate	Youn Wha Advanced	Youn Wha All Students		Spearhead Self-Defense
Style	Tae Kwon Do	Tae Kwon Do	Tae Kwon Do	Tae Kwon Do	Tae Kwon Do		Krav Maga
Ages	4 to 6 Years Old	7 Years Old & Up	7 Years Old & Up	10 Years Old & Up	4 Years Old & Up		13 Years Old & Up
Belt Levels	All Striped Belts	White & Yellow	Green Belts & Up	Red Belts & Up	All Belts		All Belts

Time	MON	TUE	WED	THU	FRI	Time	SAT
11:30 AM			Krav Maga Adults (13+)		Krav Maga Adults (13+)	9:00 AM	Weapons Green and Up
4:00 PM	Youn Wha Tigers & All Levels		Youn Wha Tigers & All Levels			9:30 AM	Youn Wha Tigers & All Levels
5:00 PM	Tigers	Tigers	Tigers	Tigers		10:15 AM	Sparring
5:30 PM	Youn Wha Beginner	Youn Wha Intermediate	Youn Wha Beginner	Youn Wha Intermediate		1:00 PM	Reserved for Birthday/Pizza Party
6:15 PM	Tigers	Tigers	Tigers	Tigers		1:00 PM	Reserved for Birthday/Pizza Party
6:45 PM	Youn Wha Intermediate	Youn Wha Beginner (+ Sparring)	Youn Wha Intermediate (+ Sparring)	Youn Wha Beginner			
7:30 PM	Youn Wha Advanced			Youn Wha Advanced			
7:30 PM		Krav Maga Adults (13+)		Krav Maga Adults (13+)			
By Appt	Private Lessons with an Instructor or Master Booker are available upon request. Contact Master Booker to schedule a private lesson. Cost is \$25 (\$50 for Master) for 30 minutes.						