



Cyber Safety Worksheet

1. Why do we need to stay safe online?

Tick the reasons you think are true:

- ☐ To keep our private information safe
- ☐ Because it's fun
- ☐ To avoid scams and strangers
- ☐ So we can share more online

2. Which of these are OK to share online?

Tick only the ones that are safe to share:

- ☐ Your full name
- ☐ Your pet's name
- ☐ Your home address
- ☐ Your favorite food
- ☐ Your phone number

3. What would you do in these situations?

Tick the best answers:

A stranger sends you a friend request online

- ☐ Accept it right away
- ☐ Ask a trusted adult
- ☐ Block and report the user

You see a link in a message that looks strange

- ☐ Click to see what it is
- ☐ Don't click and tell an adult
- ☐ Forward it to your friends



Someone online asks you for a photo

- ☐ Send one quickly
- ☐ Say no and tell a trusted adult
- ☐ Ask them to send one first

Your bank calls and asks for your password?

- ☐ Give them the password
- ☐ Hang up the call
- ☐ Talk to someone you trust
- ☐ Give them your bank details

The post office calls and says they have a parcel for you but they need to give your credit card details for postage costs.

- ☐ Give them your credit card details
- ☐ Tell them your address
- ☐ End the call
- ☐ Talk to someone you trust.



Cyber Safety Rules

- Only talk to people you know.
- Never give out your bank logins or passwords.
- Beware of scam calls, SMS texts, emails and messages.
- Don't accept weird friend requests.
- Don't click on any links.
- Use strong passwords.
- Log out of public computers.
- Never share photos.
- Ask a trusted adult.