

**When
confronted
with a mental
health crisis,
many
individuals
may not know
where to turn**

Why Choose Us?

Access Behavioral Health Urgent Care (a subsidiary of Rawles & Associates, PLC), whose mission is:

To initiate and achieve from a trauma-informed, social justice perspective on an individual and community level, healing, and empowerment among vulnerable populations, locally, nationally, and abroad.

The clinic treats both adults and children in urgent need of care for mental health crises.

This service provides immediate access to behavioral health care without the often long and costly wait for Emergency Room care to address non-emergent issues.

Our Key Services

Mental Health

- Depression
- Mood disturbances
- Anxiety
- Medication issues/concerns
- Stress
- Grief reactions

Support Services

- Psychiatric Evaluation & Medication
- Behavioral Health Assessment
- Intensive goal-directed individual therapy
- Referral to Needed Resources
- Referral to Long-Term Services
- Interim Services if Needed

About Us

ABHUC is the region's first and only urgent care/walk-in clinic dedicated to mental health.

The clinic treats both adults and children in urgent need of care for mental health crises. This service provides immediate access to behavioral health care without the often long and costly wait for Emergency Room care to address non-emergent issues.

Visit Us

Monday - Friday: 8AM - 6PM



(757) 271-2980



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Our psychiatric-specific urgent care, will provide those in greatest need access to fully integrated, whole-person care.

ACCESS Behavioral Health Urgent Care

**ABHUC is A NEW kind of
urgent care**

