Meet Our CEO



Dr. Portia Rawles is a Licensed Clinical Psychologist. Dr Rawles received her bachelor's degree from Stanford

University and doctorate from Regent University. Currently, Dr Rawles works in the capacity of clinician, professor and consultant. Dr. Rawles presently serves as online faculty for Saybrook University.

Prior to this, Dr.Rawles served for 4 years as Assistant Professor at South University in the Clinica Mental Health Counseling Master's program and Psychology department. Dr. Rawles also previously served for five years as an Assistant Professor of Psychology in the Doctor of Psychology (Psy.D.) program at Regent University.

Prior to becoming a Clinical Psychologist, Dr. Rawles served 13 years with Norfolk Fire and Rescue. She retired as a Captain being the first African- American woman to reach this rank.

Meet The Team

DrPortiaRawles.com/OurTeam

Cathy Clay M.A., NCC Licensed Professional Counselor

Sharon Gardner. EdS. M.S. RPS Educational Consultant M.S. Special Education

Michelle Howard, M.A.
Resident in Counseling
RPS License Eligible Counselor
M.A. Counseling

Michael Johnson M.A.
Licensed Professional Counselor

Dr. Elissa Jarvis Licensed Clinical Psychologist

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Clinical, Education, Training and Consulting Services

DrPortiaRawles.com info@DrPortiaRawles.com 757-493-2912



Rawles Psychological Services (RPS) is a mental health organization that specializes in providing clinical, educational, training and consultation services for more than 16 years. Our long-term and short-term clinical services are structured from a trauma-informed perspective. RPS educational services consist of providing guidance, recommendations, and advocacy regarding academic and educational plans/needs. Our training services provide education on relevant mental health, cultural competency topics for mental health, educational, public safety, social services, court services professionals, and clergy. RPS consultation services consist of addressing mental health issues faced by public safety agencies, human services department, adult and juvenile court services units, and religious organizations. RPS government procurement codes are: NIGP Codes 94876, 91838, 91866; PSC Codes: AJ66, U008; NAICS 541618, 611430, 621330. We accept all major insurances plans, Medicaid and Medicare and we work with private pay clients.

TRAINING SERVICES

- Mental health
- Trauma treatment
- Trauma-informed approaches
- Psychopathology
- Diagnosis and assessment
- Child/adolescence psychopathology
- Clinical services w/ vulnerable populations
- Crisis intervention
- Developing inclusive work environments
- Trauma-informed organizations
- Cultural competency

CLINICAL/EDUCATIONAL SERVICES

- Individual & Group therapy
- Psychological evaluations
- Parenting capacity evaluations
- Competency to stand trial evaluations
- Review of IEP's W/recommendations
- Educational Advocacy Needs
- Educational Consultation (identify Accommodations, Relevant Regulations

CONSULTATION SERVICES

- Curriculum development
- Program development
- Staff Development
- Policy development
- Program evaluation
- Assessment and diagnostic systems

RPS has an impeccable record of past performance with local/state governments and vetted organizations such as but not limited to:

- Suffolk Juvenile & Court Services
- Norfolk Department of Social Services, Norfolk Juvenile & Court Services
- Currituck County Department of Social Service
- Pasquotank County Department of Social Services
- Public Safety Equity 7 Diversity and 45th Annual Conference of the Urban Affairs Association.
- Conference of the Urban Affairs

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