

# THIS WEEKS VEGAN SPECIALS

## MILKSHAKES

Made with Almond Milk, Dairy Free and Soy Free Ice Cream

### Classic Vanilla Bean

Vanilla Bean

### Cookies N Cream

Oreos, Vanilla Ice cream and Almond Milk

## PROTEIN SHAKES

Made with 100% Plant Based Protein and Almond Milk

Calories 469 | Protein 43g | Carbs 68G | Fiber 10g | Sugar 24g

### Banana Crumble

Graham Cracker Crumbles, Banana, organic vanilla bean plant protein

### Oreo Cookie

Oreo cookie crumbles, chocolate fudge, and organic vanilla bean plant protein

### Cinnamon Roll

Graham Cracker Crumbles, Cinnamon, Carmel, and organic vanilla bean plant protein

### Strawberry

### Cheesecake

Strawberry, cheesecake and organic vanilla bean plant protein

### Salted Caramel

Graham Cracker, Cinnamon, Caramel, Salted caramel and organic vanilla bean plant protein

**Nut-free options available\***

**Add extra protein (11g)**

**Add coconut whipped cream**

## SMOOTHIES

### Strawberry Banana

### Strawberry Blueberry

### Strawberry Mango

## DRINKS REFRESHERS

Low in calories and sugar

Small 16oz: | Large 24oz:

### Strawberry Lemonade

Strawberry, Lemon lime

### Limeade

Lemon & Lime

### Bliss Lemonade

Blue Blast & Lemon

### Skittles

Blue Raspberry, Lemon, Orange, Green Apple

### Tropic Like It's Hot

Tropical fruit, strawberry, pineapple

### Gummy Bear

Blue Raspberry, Lemon, Strawberry

### Spring Punch

Strawberry, watermelon, mango, and Pineapple

### Black Panther

Blue Blast, Lemon, Green apple

### Strawberry Margarita (non-alcoholic)

Strawberry, Margarita flavors

### Orange Mimosa (Non-alcoholic)

Lemon, tangerine, orange

**The entire menu is plant based**

Please inform your server of all allergies and we will gladly accommodate you.

**Bliss Cafe is not a nut-free or gluten-free facility.**

This menu is subject to change. Thank you for your understanding