



TUMBLING & CHEER PROGRAMS

Our cheer and tumbling program has grown over the past year- we are excited to offer these new opportunities!

FALL 2025

PROGRAM SCHEDULE

MONDAY 5-6 PM

BEGINNER TUMBLING

**WEDNESDAY
430-530 PM**

*work on handstands, cartwheels, forward and backward roll, round offs

**THURSDAY
530-630 PM**

**MONDAY
7-8 PM**

INTERMEDIATE TUMBLING 7-9 YEARS

*works on front walkovers, back walkovers, back handsprings, round off back handsprings

**TUESDAY &
WEDNESDAY
6-7 PM**

INTERMEDIATE TUMBLING

*works on front walkovers, back walkovers, back handsprings, round off back handsprings

**SATURDAY
1030-1130 AM**

**THURSDAY
7-8 PM**

TUMBLING FUNDAMENTALS 13+ YEARS

*works on cartwheels, front and back walkovers, backhandsprings, round off backhandsprings

**TUESDAY
&
WEDNESDAY
7-8 PM**

ADVANCED TUMBLING

*works on round off double back handsprings, front and back tucks, connecting passes & advanced standing skills

**** standing and running back handspring required****

**SATURDAYS
12-1:30 PM**

REC CHEER TEAM 7-10 YEARS MINI HUSKIES

8 week cheer program from September to November
*learn cheers, stunts, tumbling and perform at at least 2 halftimes of football games

**MONDAYS
&
WEDNESDAYS
7-830 PM**

REC CHEER TEAM 10-14 YEARS JR HUSKIES

8 week cheer program from September to November
*learn cheers, stunts, tumbling and perform at at least 2 football games

QUESTIONS: WRIGHTGYMNASTICS@GMAIL.COM