



Clinician Block Chair-Work Record Form

Clinician Block #:

Date of Intervention:

Clinician Initials:

1) What was the behavioural marker? (*e.g., don't involve the parent, avoid the client, don't go into the emotion, don't do the parent block chair-work*)

2) What was the protective function/benefit of behaviour for client?

3) What was the protective function/benefit of behaviour for clinician?

4) What was the client's response in Step 4?

1st layer (*anger, resignation, agreement, other*):

2nd layer (*sadness, shame, fear, other*):

Did the client validate clinician based on client/caregiver's behaviours? (*e.g., because I can get loud when I'm angry or because my parent can be difficult to reach*)

What did the client need from the clinician? (*e.g., take charge, keep trying, reach out, take risks, remain empathetic, get supervision*)

Why did the client need it from that specific clinician? (*e.g., you are our main support, we can't get there without you, you know what is best, you understand us*)

5) For Step 5, what was the clinician's response (including emotions)?

What was their behavioural commitment?

a. Was it specific to the identified behavior related to the block?

b. Was it achievable?

6) What did the clinician report during the debrief?

7) Were the steps followed in order and with the support of the script in hand?
If not, what were the circumstances that led to those changes?

8) As the facilitator, consider:

a) Any questions about the process?

b) Any facilitator emotional reactions throughout the process?

c) What impact do you feel this intervention had for the clinician?