



Caregiver Block Chair-Work Summary

Congratulations on the completion of 10 caregiver block chair-work interventions. Please complete this summary sheet to complete this component of the certification process.

Number of mothers:

Number of fathers:

Number of alternate caregivers:

1) In your facilitation of the caregiver block chair-work interventions, what trends did you notice in your:

a. implementation of the technique?

b. your emotional reactions throughout the process?

2) With which step did you most often struggle? Why?

3) What did you learn pertaining to your development as an EFFT therapist through this process?

4) We invite you to set 3-5 goals for your ongoing use of the caregiver block chair-work interventions in your ongoing practice.