

Strive from Stroke



2024 Support Group Meetings

Piedmont Macon Rehabilitation Center

Presented by Tracey Gift, Recreation Therapist and
Monica Cook, RN, Stroke Program Manager

**3rd Thursday of Every Month
1 - 2:30PM**

**All Stroke Survivors, family, friends,
caregivers welcome and encouraged
to attend!**

Join us in fostering support, education, fellowship,
socialization, and fun! Promoting a healthy lifestyle
for living a life of quality as stroke survivors. All are
invited!

Questions or topic suggestions,
contact Tracey Gift at 478-765-4509

UPCOMING DATES

- May 16
- June 20
- Aug 15
- Sep 19
- Oct 17
- Nov 21
- Dec 19

**Piedmont Macon Medical Center
1st Floor, Main Building Cafeteria (back), Macon, GA**

(Parking in ER Parking Lot is closest walking route)



Real change lives here