

Armadale Kelmscott Swimming Club

October 2022-September 2023

Season Information



Why become a member of swimming WA?

Swimming WA invites you to become a Member of the ever-growing sport of swimming. We believe that swimming is a sport for life; from our Junior Dolphins learning the beginning of swimming, to our life members who have been involved for years and are still involved today. We believe there is a place for everyone in our beloved sport. The benefits of swimming are widely recognized: physical, mental and social wellbeing are all positively impacted for individuals who partake in swimming on a regular basis. The benefits range from stress relief for mental health, to fitness for physical health, to making lifelong friends in an easily accessible sport, but most importantly satisfying your competitive spirit.

All Swimming WA members are entitled to:

- Access to Swimming WA programmes and services that give kids the opportunity to enjoy the fun environment and skills development opportunities in Club swimming.
- Bio-Island Junior Excellence Program: an Australia-wide recognized program facilitated by Swimming Australia
- Comprehensive insurance cover through Marsh for all Swimming WA Members, including swimmers, parents and other volunteers, as they participate in Club related duties and activities.
- Early access to Swimming WA merchandise
- Access to State Performance Pathway Programme for identified talented swimmers, providing the highest levels of competitive swimming in the state and nationally.
- Monthly subscription to our monthly e-newsletter the 'Western Swimmer'.
- Exclusive Member discounts and functions during the year, including Member offer of the month

Membership options:

Annual Member: Full membership for Swimmers (9+ years) who actively seek to swim year-round. In addition to previously mentioned inclusions, an Annual member will receive:

- Access to first class Coaches, Swim Instructors and Officials
- Access to Swimming WA Sanctioned Competitions (pool and Open Water Swimming Series)
- Access to Swimming WA Club competitions
- Swimming Australia membership
- Access to Swimming Australia Sanctioned Competitions (pool and open water)

Social Participation: Suited for swimmers (9+ years) who swim for fitness and those who have just entered the competitive swimming scene. In addition to previously mentioned inclusions, a Social participation member will receive access to:

- SWA Open Water Swimming Series
- SunSmart Club Premierships
- SunSmart Country Pennants
- Club sanctioned Meets and Zone/Region Competitions
- Inter/Intra Club Competition
- Swimming Australia membership

Junior Dolphin:

Swimmers aged between 5-8 years of age who are looking to become members of their local swimming club as they transition from learn-to-swim. In addition to previously mentioned inclusions, a Junior Dolphin member will receive:

- Access to stroke development from accredited Coaches from SWA clubs.
- Birthday e-card
- Junior Dolphins welcome pack
- Swimming Australia membership

Parent/Guardian Member – \$5: This applies to parents and guardians of children under the age of 18 who are registered with the Club. Parents and guardians with this Membership are protected by insurance at any time when completing Club related activities, participating at the Club or travelling to and from Club activities.

Club Registration Fees (from 1st Oct 2022):

| | Annual 9 Years & Over | Social Participation 9 Years & Over | Junior Dolphins 5-8 yrs |
|--|--------------------------------------|--|--|
| Membership Fee (Oct'22 to Sept'23) 1st swimmer | \$240.00 | \$180.00 | \$136.00 |
| Membership Fee (Oct'22 to Sept'23) 2nd swimmer | \$190.00 | \$130.00 | \$86.00 |
| Membership Fee (Oct'22 to Sept'23) 3rd swimmer | \$151.00 | \$109.00 | \$76.70 |

Note 1: Prices above Includes Swimming WA registration fee and AKSC Club Fee

Note 2: Swimming WA annual fee, attract a Discount for 3rd swimmer - 30%, 4th swimmer - 50%, 5th swimmer - 80%, 6th swimmer – FREE

Note 3: AKSC club fees are discounted for 2nd and 3rd swimmers.

Note 4: Age of Member and category is based on the age at 1 October 2022 or at the time of Membership purchase for the 2022/23 season, whichever is the latter.

Note 5: Discounts apply for families with 3 or more swimmers in a Swimming WA affiliated Club and apply to the Membership with least value. Only one discount can be applied per Member.

Note 6: If a swimmer has trained or been registered with another club in the previous 3 years a transfer form and fee is required to be paid directly to swimming WA - \$25.

Note 7: If a swimmer is U18 they will be required to have one parent or guardian signed up as a member

Membership By Event

Summer 2022/23

Annual & Seasonal Competitive

Including Social Participation & 5-7 yr old Junior Dolphin Events



Social Participation & 8yr old Junior Dolphin

Including 5-7 yr old Junior Dolphin Events

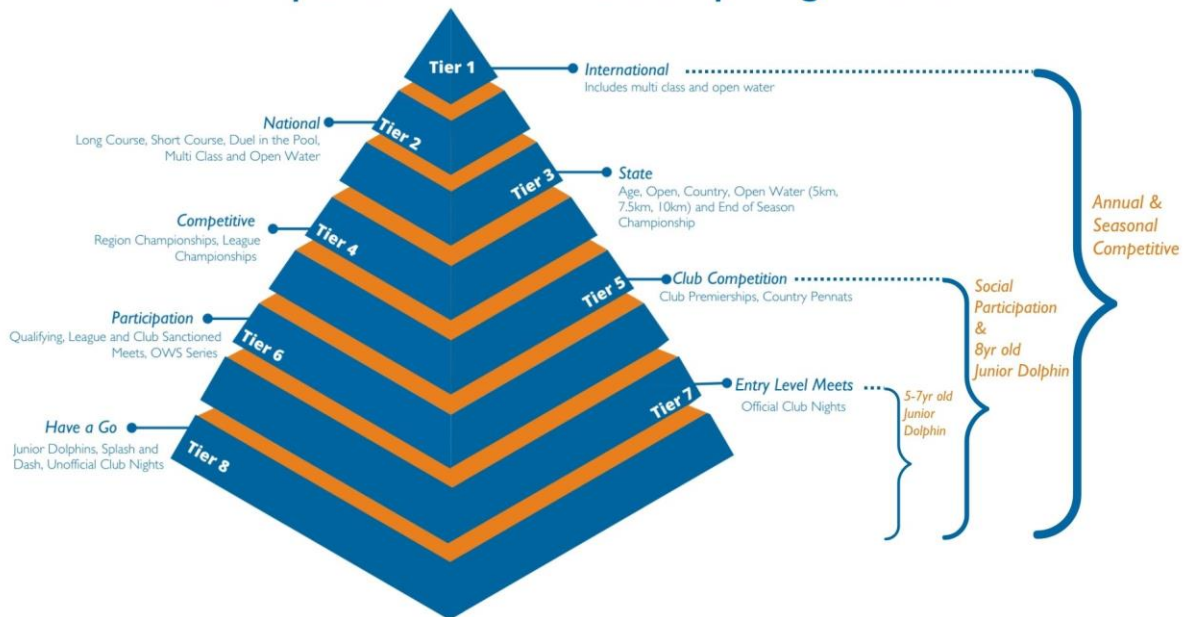


5-7yr old Junior Dolphin



Please note that in season 2022/2023 8 year olds, although still a Junior Dolphin will be able to swim in all the same events as those in the Social Participation.

Competition & Membership Alignment



Payment is made via the myswim website (for first time users there is a guide attached for renewing members which steps through the process):

New Members:

<http://www.myswimresults.com.au/MembershipNewRegistration.aspx?ClubID=28>

Renewing Members:

<http://www.myswimresults.com.au/MembershipRenewRegistration.aspx?ClubID=28>

Membership Upgrades:

<http://www.myswimresults.com.au/MembershipUpgrade.aspx>

AKSC Club website for more INFO:

<https://akscdragon.org.au/join-us>



Training Fees*

| | |
|--------------------------|--|
| Junior squad: | \$55.00 per month (2 training sessions per week) |
| Junior squad: | \$67.50 per month (3 training sessions per week) |
| Junior squad: | \$80.00 per month (4 training sessions per week) |
| Intermediate squad: | \$80.00 per month (4 training sessions per week) |
| Senior squad: | \$80.00 per month (4 training sessions per week) |
| State development squad: | \$85.00 per month (6 training sessions per week) |
| Fitness squad: | \$25.00 per month (1 training session per week) |

Fees are paid via direct debit payment system. Further details will be provided on joining.

Note: 30 days written/emailed notice is required if you intend to cease/pause training (exceptions will apply with a medical certificate).

Training Times*

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------------------|--|--|--------------------|--|--------------------|
| Junior AM: 50m pool all year | | 6.00am - 7.30am | | 6.00am - 7.30am | |
| Junior PM: 25m pool all year | 4.00pm - 5.00pm | 4.00pm - 5.00pm | 4.00pm - 5.00pm | 4.00pm - 5.00pm | |
| Intermediate: 50m pool | 6.00am - 7.30am 4.00pm – 5.30pm | 6.00am - 7.30am 4.00pm – 5.30pm | | 6.00am - 7.30am 4.00pm – 5.30pm | 6.00am - 7.30am |
| Senior: 50m pool | 6.00am - 7.30am 5.00pm – 6.30pm | 6.00am- 7.30am 5.00pm – 6.30pm | | 6.00am- 7.30am 5.00pm – 6.30pm | 6.00am - 7.30am |
| State development: 50m pool | 6.00am - 7.30am 5.00pm – 6.30pm | 6.00am - 7.30am 5.00pm - 6.30pm | | 6.00am - 7.30am 5.00pm – 6.30pm | 6.00am - 7.30am |
| Fitness: 50m pool* | | 5.00pm- 6.00pm | | | |

Note 8: Swimmers please arrive 15min prior to your session to do stretching, warm-up.

Note 9: All swimmers **aged 10 years and under must have a parent/guardian hand over** to our coaches and pick them up at the end of their session (**they must be supervised at the pool when not training**). This is a requirement of the Armadale Aquatic Centre. You cannot drop them off at the front and let them walk into the Centre unaccompanied.

Note 10: Fitness squad is open to swimmers 12 years and over (must have intermediate squad or above ability).

*** Subject to change, see website for current information**

Equipment Requirements

All swimmers must bring the following items to training for every session:-

- Bathing (no board shorts are allowed)
- Goggles (compulsory)
- Swimming cap (compulsory)*
- Kick board (compulsory)**
- Flippers/fins (flexible rubbery type) (compulsory)
- Water bottle
- Towel
- Pool buoy (Senior/State Development swimmers only)
- Hand paddles (Senior/State Development swimmers only)

* New members will receive an AKSC swimming cap once fully registered.

** The club has kickboards members can borrow during training until they purchase their own.

Uniform

AKSC club bathers are available for purchase. Please refer to separate Uniform Order form for prices. Please contact our Uniform Coordinator – akscdragons.uniforms@gmail.com to place an order.

Club Night

Held fortnightly on Friday nights - See attached the Club Night Schedule for the 2022/2023 Season.

- All members are encouraged to attend.

Swimmers must register for events online by the Thursday cut-off time to allow time for the meet recorder to set-up the meet. The club will email out a reminder approx. one week prior to Club nights. The MySwim website is used to register for club nights with any changes to be made by emailing the club (or last minute by contacting Samantha on 0413 210 280).

Parents: Request that back to back events are not selected to ensure the swimmers can achieve their best time.

Note 11: All swimmers U18 attending Club Night must have an adult with them to assist with time-keeping and other duties on the night.

Other Information

Bank details for EFT payments

BSB: 036-032

A/C No: 692421

A/C Name: Armadale Kelmscott Swimming Club

Please contact Patty (President) on 0409 913 669, Amanda (Registrar) on 0402 307 462 if you have any queries or would like any further information.

Pool Entry

Casual entry*

| | |
|---|---------------------|
| Child (2-15 years): | \$5.50 per session |
| Concession (student 16 years +): | \$5.50 per session |
| Adult (16 yrs & over): | \$6.50 per session |
| Family Entry (2 adults & 2 children or 1 adult & 3 children): | \$19.00 per session |
| Spectator: | \$2.00 per session |

Cash or EFTPOS payment to City of Armadale (payable at Armadale Pool).

Armadale Fitness and Aquatic Centre Membership

- ***Subject to change see AFAC for current prices***

| Membership | Price (fortnight) | Included in Membership |
|---|--------------------------|---|
| Joining Fee | \$49 | N/A |
| Full Access | \$39.00 | Gym, Group Fitness, Pool, Spa, Sauna, Steam |
| Full Access Concession | \$31.50 | Gym, Group Fitness, Pool, Spa, Sauna, Steam |
| Aquatic Only | \$26.50 | Pool, Spa, Sauna, Steam |
| Aquatic Only Concession | \$21.50 | Pool, Spa, Sauna, Steam |
| Aquatic Only Family (2 adults & unlimited children) | \$52.00 | Pool, Spa, Sauna, Steam |
| Fitness add on for Aquatic Only Family | \$21.50 per person | Gym, Group Fitness |

Note 12: If your child is attending the pool two or more times a week, the best value is an AFAC Membership. These memberships are fortnightly, direct debit until cancelled eliminating any cash perspective. Please contact AFAC to find the best membership to suit your family's needs.