

## CODE OF CONDUCT

### **Parents Code of Conduct**

- Respect your child & their efforts to attain their personal best. Do not yell or ridicule.
  - Recognise good performance positively, no matter how large or small. Do not dwell on poor performance—they know it well enough themselves.
  - Training/practise/learning, however this is perceived, is very important & by making this enjoyable it becomes easier to accept with a positive attitude of commitment & dedication by both parent & swimmer.
  - Communicate with the Coach to ensure that you, your children & the coach are all aiming for the same goals. It is a 3-way effort.
  - Remember, each child is an individual. Discuss with the Coach any concerns that you have regarding nutrition & rest.
  - Ensure your child develops a good habit of stretching before training or racing.
  - Demonstrate good & appropriate social behaviour by not using foul language or harassing coaches or officials.
- Accept that it is part of your participation in your Club that you assist how and when you can.

### **Swimmers Code of Conduct**

- Never argue with an official. If you disagree—have your Club Captain, Club Coach or Club Committee Member to approach the official on your behalf.
- Control your temper. Verbal abuse of any person is not acceptable or permitted.
- Work equally hard for yourself and for the Club.
- Be a good sport. Applaud all good achievements whether they are by you, your team mates or your opponents.
- Treat all people as you would like to be treated. Do not bully or take unfair advantage of another person.
- Co-operate with your coach, team mates & opposition, without them there would be no competition.
- Enjoy your sport. Do not participate to please parents or coaches do it for yourself. Always do your best.

### **Coaches Code of Conduct**

- Remember that children participate for pleasure & that winning is only part of the fun.
- Never ridicule or yell at a child.
- Be reasonable in your demands on your swimmers.
- Teach your swimmers to follow the rules.
- Ensure that equipment & facilities meet safety standards.
- Develop team respect for the ability of opponents & for the judgement of officials.
- Follow the advice of a physician when determining when an injured swimmer is ready to recommence training.
- Keep up to date with the latest coaching practices & the principals of growth & development of children.

**Armadale Kelmscott Swimming Club follows the principles of the “Member Protection Policy” & “Safeguarding Children and Young People Policy” as set out by Swimming Australia. A copy of the Safeguarding Children and Young People Policy brochure and the Member Protection Policy is provided on our club website. Please take the time to read it.**

**In the unfortunate event you wish to raise a grievance, please do so with an Executive Member of the Club Management Committee in private. Please do not raise matters in the public forum and not in front of our Junior Members. Your understanding in this would be appreciated.**