

Armada Kelmescott Swimming Club Programme 2019 / 2020

Date	SET-UP	25m	Distance	50m	25m	100m	50m	25m	50m
Winter Programme									
22/03/2019	N/A	FLY	200 FREE	BREAST	BACK	BACK	FREE	FREE	FLY
7/04/2019	N/A	BREAST	200 BACK	FLY	FLY	FREE	BACK	FREE	BREAST
12/04/2019	N/A	BACK	200 BREAST	BREAST	BREAST	FLY	FREE	FREE	BACK
Break for Easter/Anzac Day/School Holidays									
3/05/2019	N/A	FLY	200 FLY	FLY	BACK	BREAST	BACK	FREE	FREE
17/05/2019	N/A	BREAST	200 IM	BREAST	FLY	BACK	FREE	FREE	FLY
31/05/2019	N/A	BACK	400 FREE	FLY	BREAST	FREE	BACK	FREE	BREAST
14/06/2019	N/A	FLY	400 IM	BREAST	BACK	FLY	FREE	FREE	BACK
28/06/2019	N/A	BREAST	200 FREE	FLY	FLY	BREAST	BACK	FREE	FREE
12/07/2019	PALMER	BACK	200 BACK	BREAST	BREAST	BACK	FREE	FREE	FLY
26/07/2019	SPEEDY	FLY	200 BREAST	FLY	BACK	FREE	BACK	FREE	BREAST
9/08/2019	GARSKE	BREAST	200 FLY	BREAST	FLY	FLY	FREE	FREE	BACK
23/08/2019	GRANT	BACK	200 IM	FLY	BREAST	BREAST	BACK	FREE	FREE
6/09/2019	CARR	FLY	400 FREE	BREAST	BACK	BACK	FREE	FREE	FLY
20/09/2019	WILDSMITH	BREAST	400 IM	FLY	FLY	FREE	BACK	FREE	BREAST

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Date	SET-UP	25m	Distance	50m	25m	100m	50m	25m	50m	
Summer Programme										
4/10/2019	SPEEDY	BACK	200 FREE	BREAST	BREAST	FLY	FREE	FREE	BACK	
18/10/2019	PALMER	FLY	200 BACK	FLY	BACK	BREAST	BACK	FREE	FREE	
1/11/2019	GARSKE	FLY	200 BREAST	FLY	BACK	FREE	BACK	FREE	BREAST	
15/11/2019	GRANT	BREAST	200 FLY	BREAST	FLY	FLY	FREE	FREE	BACK	
29/11/2019	CARR	BACK	200 IM	FLY	BREAST	BREAST	BACK	FREE	FREE	
1/12/2019	WILDSMITH	(Sunday)	800m CLUB CHAMPIONSHIP SWIM Warm up from 8AM start at 9AM							
7/12/2019	GARSKE	(Saturday)	Joint "Twilight meet" with GKDSC & TDSC 5PM to 7.30PM							
13/12/2019	SPEEDY	FLY	400 FREE	BREAST	BACK	BACK	FREE	FREE	FLY	
20/12/2019	PALMER	BREAST	400 IM	FLY	FLY	FREE	BACK	FREE	BREAST	
CHRISTMAS BREAK										
10/01/2020	GARSKE	BREAST	200 FREE	FLY	FLY	BREAST	BACK	FREE	FREE	
24/01/2020	CARR	BACK	200 BACK	BREAST	BREAST	BACK	FREE	FREE	FLY	
02/02/2020	GRANT	(Sunday)	1500m CLUB CHAMPIONSHIP SWIM Warm up from 8AM start at 9AM							
<p>End of points events. From this point on the races with the # are swum as timed Championship Events. You must have swum 8 club nights by 7 February 2020 & have swum the event previously this season to qualify to swim in these Events.</p> <p>Swimmers, who do not wish to swim the events marked #, have until 3 April 2020 to qualify for Championship Day.</p>										
7/02/2020	WILDSMITH	BREAST	#200 FLY	BREAST	FLY	BACK	FREE	FREE	#50 Breast 11+ Swimmers	FLY
21/02/2020	SPEEDY	BACK	# 200 IM	FLY	BREAST	FREE	BACK	FREE	#200 Free	BREAST
23/02/2020	Rottneast Virtual Swim - Team Event supporting Royal Flying Doctor Service - Held at Armadale Fitness and Aquatic Centre. Swimmers 10 years & over may enter.									
1/03/2020		(Friday-Sunday)	SunSmart Club Premierships @ Challenge Stadium - all swimmers required to be available for selection in the team							
6/03/2020	PALMER	FLY	#200 BREAST	BREAST	BACK	FLY	FREE	FREE	#400 Free	BACK
20/03/2020	GRANT	BREAST	# 200 BACK	FLY	FLY	BREAST	BACK	FREE	#100 Fly	FREE
3/04/2020	GARSKE	BACK	#400 IM	BREAST	BREAST	BACK	FREE	FREE	#50 Back 11+ Swimmers	FLY
5/04/2020	CARR	(Sunday)	CLUB CHAMPIONSHIP DAY WARM UP FROM 8AM, START AT 9AM							