
THE BROW AV.

BROWS · TAN · FACE

COSMETIC
TATTOO
POST CARE

P O S T C A R E



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POST TATTOO APPOINTMENT

COMMITMENT TO YOUR COSMETIC TATTOO AFTERCARE IS 90% OF THE FINAL RESULT.

Just like any cosmetic procedure, the full healing process can take much longer than the initial healing process. The entire process can take up to 6 weeks. You will need to commit to this healing time as it is crucial to your final result. If you are not committed to the healing period, we strongly advise that this procedure is most likely not suited for you.

You may notice three different phases of the healing process. Be prepared for these, they are perfectly normal.

Stage 1: DEEP COLOUR - The colour of your brows will appear extremely dark for the first few days and may stay like this for up to a week.

Stage 2: EXFOLIATION - The brows will start to scab, peel or flake. DO NOT pick the shedding skin.

Stage 3: LIGHT COLOUR - Once exfoliated and shed, your brows will appear extremely light. The depth of colour will return in a few weeks.

FOLLOW AFTERCARE AS PER TIMELINE BELOW

Clean your brows with a slightly damp cotton round or water wipe to wipe away naturally occurring lymph fluid.

Do not wet your brows or submerge in water.

Do not apply any cream, cleansers, moisturisers, makeup, sunscreen, etc.

Do not touch the tattooed area with your fingers as it is an open wound.

Do not exercise and avoid excessive sweating as this will cause the pigment to push out of your skin leaving a patchy result.

No direct sunlight to the brow area.

If you are breast feeding we advise that you express (especially for the first 24hrs) post treatment to ensure that you cannot pass any potential infection or numbing agents on to your child.

Avoid alcohol, caffeine, energy drinks, blood thinners, fish oil, etc. Take only Panadol if necessary.

DAYS 1 & 2 POST TREATMENT

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DAYS 3 - 10 POST TREATMENT

If still required, you may continue to wipe your brows with a slightly damp cotton round or water wipe to wipe away naturally occurring lymph fluid.

Apply a very fine smear of cream provided in your aftercare pack. This will minimise scabbing and itching.

Do not wet your brows or submerge in water.

Do not apply any cream, cleansers, moisturisers, makeup, sunscreen, etc.

Do not touch the tattooed area with your fingers as it is an open wound.

Do not exercise and avoid excessive sweating as this will cause the pigment to push out of your skin leaving a patchy result.

No direct sunlight to the brow area.

> DAY 11 POST TREATMENT

These steps should be followed from Day 11 post treatment OR once exfoliation has occurred, whichever is sooner.

Cease applying the cream provided in your aftercare pack and resume to your normal skin care routine.

You may now wear brow makeup to cover any unevenness or patchiness that may present. This will be attended to at your touch up appointment.

2 WEEKS POST TREATMENT

Resume waxing or threading eyebrows.

Resume exercise, swimming and washing hair (TIP: Have a hairdresser wash your hair in the interim).

4 WEEKS POST TREATMENT

Resume laser treatments.

Resume botox, fillers, facials, chemical treatments, microdermabrasion, etc.

12 WEEKS POST TREATMENT

You may expose your brows to sun and solarium tanning. We recommend applying SPF directly to your brows to protect and prolong the tattoo.

1 YEAR POST TREATMENT

Blood may be donated.

