
THE BROW AV.

BROWS · TAN · FACE

COSMETIC
TATTOO
PREPARATION

PREPARATION & PRE CARE





PRE TATTOO APPOINTMENT CARE AND PREPARATION

We look forward to treating you in salon for an upcoming Cosmetic Tattoo procedure.

Before booking your Cosmetic Tattoo procedure with THE BROW AV. please be mindful of and consider the following points:

- We will not be able to tattoo over any blemishes, sores or moles.
- We will not be able to tattoo if you are prone to keloid scarring.
- You will not be able to receive a tattoo service if you are pregnant or planning pregnancy.
- You will not be able to receive a tattoo service if you suffer from an auto immune disease.
- Tattooing is not recommended if you are breast feeding.
- Tattooing is not recommended if you have sensitive skin.
- If you are menstruating at the time of your appointment, you may feel heightened pain due to your hormones and possibly bleed more during the treatment.
- When booking your procedure in salon we ask that you consider any upcoming social events around the initial healing period of 10-14 days post treatment. Commitment to your Cosmetic Tattoo aftercare is 90% of the Final Result.

IN READINESS FOR YOUR APPOINTMENT
IT IS IMPERATIVE THAT YOU FOLLOW
THE BELOW TIMELINE AND GUIDELINES
TO ENSURE THAT YOU ARE
CORRECTLY AND BEST PREPARED FOR
YOUR UPCOMING PROCEDURE.

1 YEAR PRIOR TO APPOINTMENT

Cease prescription Accutane or acne medication.

4 WEEKS PRIOR TO APPOINTMENT

Cease using any brow enhancing serums.

No sun exposure or solarium tanning.

No laser treatments, IPL, chemical peels, dermabrasions, or any other intense treatment which will cause faster skin rejuvenation or irritation.

29/51 Princes Highway
Fairy Meadow NSW 2519
02 4284 3994
hello@thebrowav.com.au

2 WEEKS PRIOR TO APPOINTMENT

Refrain from using Retin-A, AHA, Vitamin E, Vitamin A, Glycolic Acids on the brow area.

No cosmetic botox or fillers.

48 HOURS PRIOR TO APPOINTMENT

No Alcohol.

No Fish oil.

No Primrose oil.

No Vitamins and Minerals (Vitamin C, Garlic, Chamomile, Glucosamine, antioxidants, Ginger, Gingko).

No Caffeine.

No Energy Drinks.

No Blood Thinners (Aspirin, ibuprofen, niacin, Advil, Warafin, etc).

No waxing or tinting of the brows.

No fake tanning and ensure any existing tan is thoroughly removed.

Complete and submit THE BROW AV. Cosmetic Tattoo Client Details and Consent Form.

24 HOURS PRIOR TO APPOINTMENT

Limit water intake to a minimal.

Wash your hair before the procedure as you will be unable to contact your brows with water until your brows are healed.



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P O S T C A R E



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POST TATTOO APPOINTMENT

COMMITMENT TO YOUR COSMETIC TATTOO AFTERCARE IS 90% OF THE FINAL RESULT.

Just like any cosmetic procedure, the full healing process can take much longer than the initial healing process. The entire process can take up to 6 weeks. You will need to commit to this healing time as it is crucial to your final result. If you are not committed to the healing period, we strongly advise that this procedure is most likely not suited for you.

You may notice three different phases of the healing process. Be prepared for these, they are perfectly normal.

Stage 1: DEEP COLOUR - The colour of your brows will appear extremely dark for the first few days and may stay like this for up to a week.

Stage 2: EXFOLIATION - The brows will start to scab, peel or flake. DO NOT pick the shedding skin.

Stage 3: LIGHT COLOUR - Once exfoliated and shed, your brows will appear extremely light. The depth of colour will return in a few weeks.

FOLLOW
AFTERCARE
AS PER
TIMELINE BELOW

DAYS 1 & 2 POST TREATMENT

Clean your brows with a slightly damp cotton round or water wipe to wipe away naturally occurring lymph fluid.

Do not wet your brows or submerge in water.

Do not apply any cream, cleansers, moisturisers, makeup, sunscreen, etc.

Do not touch the tattooed area with your fingers as it is an open wound.

Do not exercise and avoid excessive sweating as this will cause the pigment to push out of your skin leaving a patchy result.

No direct sunlight to the brow area.

If you are breast feeding we advise that you express (especially for the first 24hrs) post treatment to ensure that you cannot pass any potential infection or numbing agents on to your child.

Avoid alcohol, caffeine, energy drinks, blood thinners, fish oil, etc. Take only Panadol if necessary.

DAYS 3 - 10 POST TREATMENT

If still required, you may continue to wipe your brows with a slightly damp cotton round or water wipe to wipe away naturally occurring lymph fluid.

Apply a very fine smear of cream provided in your aftercare pack. This will minimise scabbing and itching.

Do not wet your brows or submerge in water.

Do not apply any cream, cleansers, moisturisers, makeup, sunscreen, etc.

Do not touch the tattooed area with your fingers as it is an open wound.

Do not exercise and avoid excessive sweating as this will cause the pigment to push out of your skin leaving a patchy result.

No direct sunlight to the brow area.

> DAY 11 POST TREATMENT

These steps should be followed from Day 11 post treatment OR once exfoliation has occurred, whichever is sooner.

Cease applying the cream provided in your aftercare pack and resume to your normal skin care routine.

You may now wear brow makeup to cover any unevenness or patchiness that may present. This will be attended to at your touch up appointment.

2 WEEKS POST TREATMENT

Resume waxing or threading eyebrows.

Resume exercise, swimming and washing hair (TIP: Have a hairdresser wash your hair in the interim).

4 WEEKS POST TREATMENT

Resume laser treatments.

Resume botox, fillers, facials, chemical treatments, microdermabrasion, etc.

12 WEEKS POST TREATMENT

You may expose your brows to sun and solarium tanning. We recommend applying SPF directly to your brows to protect and prolong the tattoo.

1 YEAR POST TREATMENT

Blood may be donated.

