



LUNCH 12PM TO 5PM

NIBBLES 5

SERVED UNTIL 11PM

Olives

marinated in lemon & herbs **vg, gf**

Root vegetable crisps **vg, gf**

Smokehouse mixed nuts **vg**

Salted popcorn **vg, gf**

SMALL PLATES

SERVED UNTIL 11PM

Monkfish scampi 12

Tartare sauce, garlic aioli

Cocktail sausages 7

Whole grain mustard & honey

Cauliflower bites **vg 8**

Teriyaki, chilli, spring onion

Crispy duck bao bun 8

Asian slaw, wasabi dressing

Chilli and garlic prawn 12

Garlic bread, coriander

Ham hock & pea croquettes 8

Garlic aioli, chilli jam

Chicken tenders 9

Sweet & smoky dip

Padron peppers **vg 5**

Smoked sea salt

LARGER PLATES

Gourmet beef burger 22

Crispy brisket, caramelised onion, tomato, lettuce, gherkins, mature cheddar, rosemary skin-on fries

Buttermilk chicken burger 21

Smoky brie, jalapeños, caramelised onion, tomato, lettuce, rosemary skin-on fries

Crunchy cod & golden fries 19

Tartare sauce, pickles

Aubergine Milanese **v 16**

Caesar salad, chilli jam

SALADS

144 Caesar salad 12

Soft egg, Parmesan, anchovy crumb
With chicken 15 | With halloumi 16

Daily superfood salad **v 12**

SIDES 5

144 leafy salad, balsamic **vg, gf**

Spring slaw **vg, gf**

Tomato & onion salad **vg, gf**

Rosemary skin-on fries **vg**

Garlic & herb potatoes **vg, gf**

Grilled broccoli, chilli butter **v, gf**

Pickled summer vegetables **vg, gf**

ITALIAN SPECIALS

Chilli prawn linguine 23

Butter emulsion, tomatoes, parsley

Golden risotto **v, gf 19**

Yellow tomatoes, courgettes, corn, Parmesan

Nduja strozzapreti 17

Crispy chilli, rocket & shallot salad, Parmesan

Chicken Milanese 20

Caesar salad

FLATBREAD PANINI

Filled with avocado, tomato, vegan pesto

Grilled steak 16

Grilled halloumi **v 14**

Grilled chicken 14

DESSERTS

Rhubarb & Custard **v 9**

rosemary crème brûlée, rhubarb compote

Dark chocolate cheesecake **v 10**

Salted caramel gelato, toasted almonds

Upside down pineapple cake **v 9**

Mango, coconut ice cream

Eton mess knickerbocker glory **v 13**

Summer fruit, vanilla ice cream, meringue

Vegetarian (v) Vegan (vg) Gluten free (gf) Please make us aware of any allergies or special dietary requirements.

All prices include VAT at the prevailing rate. A discretionary 12.5% service charge will be added to your bill, all of which will be shared between the team.