



SUNDAY LUNCH 12PM TO 5PM

SNACKS & SMALL PLATES

Root vegetables crisps vg, gf 6

Lemon & herb marinated olives vg, gf 6

Smokehouse mixed nuts vg 6

Maple roasted cocktail sausages 7

Spicy sticky cauliflower bites vg 8

Onion seeds, chives

Hake croquettes 8

Caper mayonnaise

Chipotle chilli squid 12

Spring onion, toasted almonds

Duck samosa 12

Hoisin dip

Corn ribs v 6

Sriracha dressing

ALL SNACKS & SMALL PLATES SERVED UNTIL 11PM

DESSERTS

Baileys dark chocolate mousse Toasted almonds v 10

Black forest knickerbocker glory v 13

Plant-based gelato Strawberry & yuzu, chocolate & blood orange, vanilla vg, gf 8

British farmhouse cheeses Water biscuits, grapes, chutney v - For one 12 For two 20

ROASTS

All our roasting joints are marinated in the traditional way and roasted overnight. Served with Yorkshire pudding, garlic roasted potatoes, a selection of seasonal vegetables, smooth creamy parsnip purée and a generous amount of rich gravy

Dry-aged grass fed beef striploin 26

Horseradish sauce

Garlic & herb half roast chicken 24

Bread sauce

Middlewhite pork belly 24

Apple cider compote

Nutty root vegetables pie vg, gf 19

Black garlic gravy

The 144 ultimate sharer experience 60
For two

Beef striploin, half chicken, middlewhite pork, horseradish, bread sauce, apple cider compote

BURGERS & SANDWICHES

Gourmet wagyu beef burger 22

Brisket rosti, caramelised onions, tomato, lettuce, gherkins, aged cheddar, rosemary skin on fries

Chicken satay burger 21

Buttermilk chicken, jalapeños, caramelised onions, tomato, lettuce, brie, rosemary skin on fries

Turkey sandwich 12

Brie, cranberry sauce

Grilled steak ciabatta 14

Onion jam, Chimichurri salsa

Grilled Cheddar sandwich v 11

Pickled red onions

Smoked salmon bagel 10

Cream cheese

SALADS

144 Caesar v 12

Romaine lettuce, soft egg, croutons, Grana Padano
With chicken 15 With halloumi 15 With prawns 16

CAFÉ GOURMAND 8

Any coffee or tea with choice of mini dessert

Choose from orange & chocolate tart, beetroot loaf or cherry cheesecake

Vegetarian (v) Vegan (vg) Gluten free (gf) Please make us aware of any allergies or special dietary requirements.

All prices include VAT at the prevailing rate. A discretionary 12.5% service charge will be added to your bill, all of which will be shared between the team.