



INTRODUCING YOUR PUPPY TO THE VET

*A guide to making
visits to the vets
stress-free*



✉ jodie@thebarkingbear.co.uk
☎ 07930515066
🌐 www.thebarkingbear.co.uk
📷 @thebarkingbeardogtraining
📍 Surrey | Online

Let's Get Started

Vet visits are an **essential** part of your puppy's life, so it's worth putting in the effort now to help them feel comfortable and confident. A **positive first experience** can make all the difference, setting your pup up for a lifetime of **stress-free** (or at least less stressful!) check-ups.

Start before your first 'essential' visit

- Get them used to being handled. Vets will need to check your pup's ears, paws, mouth, belly, and temperature—so practice these at home! Pair gentle handling with treats to make it a positive experience.
- Introduce the travel crate or car. If your pup will be traveling in a crate, make sure they're already comfortable in it. Short, fun car rides will also help prevent travel anxiety.
- Do 'happy visits' first! Many vets allow social visits where your puppy can come in, get treats, and leave without any needles or scary stuff. Ask if your vet offers this—it's a game changer!



At The Vet & After

01

At the vet

- **Bring high-value treats.** Tiny pieces of chicken or cheese can turn a scary vet visit into a treat bonanza!
 - **Let them explore.** If the waiting room isn't too busy, allow your pup to have a sniff around and get used to the new smells.
 - **Support them during the exam.** Hold them gently, offer treats, and speak to them reassuringly. If they're really nervous, ask if they can stay on the floor instead of the exam table.
 - **Short & sweet.** Keep early visits as brief and positive as possible—no need to overdo it!
-

02

After the vet

- **Celebrate!** Give them a reward right after—whether it's a treat, playtime, or a fun walk.
- **Take a fun detour.** If possible, don't make every car trip = vet visit. Stop by the park or a friend's house on the way home so they don't associate the car with only medical check-ups.

Troubleshooting



My puppy panics the moment we arrive

- Try more happy visits—drop by for treats and cuddles without an actual appointment.
- Ask the vet if you can wait outside or in the car if the waiting room is overwhelming.



My puppy won't let the vet touch them!

- Go back to **handling practice at home** - gently touch paws, ears, and belly daily, rewarding them as you go.
- Try **muzzle training** as a positive skill (even if they don't need it yet), so they don't panic if one is ever required.

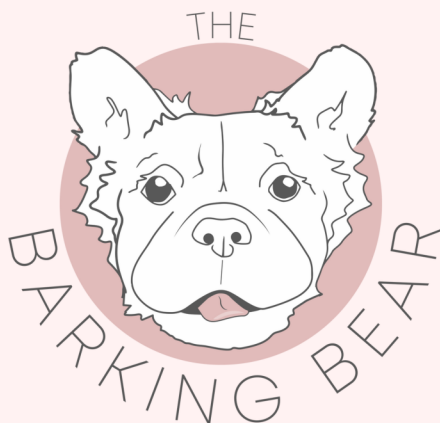


My puppy get car sick on the way there!

- Keep car rides **short and fun** leading up to the visit.
- Try travelling on an **empty stomach** or using a raised crate for better visibility.
- If it continues, **ask your vet** about anti-nausea options.

GET IN TOUCH

Need more advice or have any questions,
get in contact.



✉ jodie@thebarkingbear.co.uk

☎ 07930515066

🌐 www.thebarkingbear.co.uk

📷 @thebarkingbeardogtraining

📍 Surrey | Online