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HEARTSONG

Official Newsletter of Inner City Women's Ministries International
Over 20 Years of Serving The Living God

Summer/Fall 2026



BLUEBERRIES

Blueberries. For some, the word brings to mind blueberry pie, blueberry jam, or the sight of squashed berries on the faces of young children. But for many of the people

late August blueberry picking with grandparents, parents, and siblings.

These were the stories we heard as our staff walked the streets of Kenora, Ontario, giving out pints of blueberries to those living on the street.

What happened?

One young girl shared that she had been living with her grandmother. When her grandmother had to go to a nursing home, she found herself out on the street, unable to afford the rent.

Another, very thin in body and fragile, said, “I’m from Saskatchewan.” Her trafficker hovered nearby, trying to pull her away from ICWMI staff. He succeeded.

No one refused prayer from our team. Many shed tears—tears of release from even a small part of their emotional pain.

All were grateful that we stopped not only to acknowledge their existence but to genuinely engage with them, while passersby avoided our small groups.

Jesus sees everything. The brokenhearted. The people who pass by in judgment—also broken. His servants walking alongside all.

A Question for Us

How will you react the next time you come across a person living on the street?

IT'S NOT TOO EARLY

Manitoba Christmas Card Program

Praise to our great God! We have already received cards and delivered them to at least one women’s prison for their use.

Christmas 2026 is coming up. It means so much to the inmates if they can send cards to their friends and family including their children.



on the link for Christmas Card Info.

Socks

Do you take socks for granted? You might not after reading this short article.

On bitterly cold snow-filled days many people in need do not have socks.



More Socks
Info

Trench foot, frost bite to the extent of even losing toes can unfortunately be the norm.

We are not just talking about the homeless in cities and towns across Canada but also in more temperate climate countries around the world.

If you'd like to help but aren't sure where to start, consider the following:

- Foot warmers available at dollar stores
- Medium-large summer socks that can be doubled for extra warmth
- Gift cards to sports stores that carry high-quality warm socks
- Knitted wool socks, which keep feet warm even when wet

COUNTER EXPLOITATION TRAINING

Fall/Winter 2026–27 | Manitoba, Canada

Counter-Exploitation & Human Trafficking Workshop 101

Our Founder is currently developing a **Workshop 101 on Counter Exploitation and Human Trafficking** in response to a growing question we hear from the community:

The answer is not always “call 911.”

This half-day training session is designed to equip everyday people, ministry teams, and community groups with practical, safe, and effective responses.

What This Training Will Cover

- **Prevention Tactics** Learn strategies that reduce the likelihood of needing a rescue in the first place.
- **Role-Play Scenarios** Practice proven tactics our staff have successfully used in real situations.
- **Online Awareness** Understand what to do if you see suspicious or blatant activity on social media or other online platforms.
- **Open Q&A** Bring your questions — we will answer them to the best of our ability.

Yes! We will accommodate **groups of 5 or more at YOUR location** within Manitoba.

PRAYERS FOR INTERNATIONAL STAFF



ICWMI worldwide works in cell groups. This means the women in their particular location, through prayer, decide their most important needs. From there, action is taken. All donations remain **within each country**, directly supporting local ministry efforts. Your prayers for financial provision are deeply appreciated.

Kenya - Please join us in praying for continued advocacy for girl-child education.

India - Strength is needed for those walking alongside widows while also caring for their own families.

Jamaica - Encouragement is needed for the church congregation in Bethal Town as they continue to rebuild their lives after the whole town was flattened during the hurricane earlier this year.

Middle East - Prayer for protection and provision.

February 22, 2027 -National Human Trafficking Awareness Day (Canada)

March 18, 2027 -Manitoba Human Trafficking Awareness Day

July 30, 2027 - World Day Against Trafficking (in Persons)

“I speak from my heart,’ he answered them, ‘whatever you did for the least important of my fellow human beings who needed help, you did for me.’” Matthew 25:40 FNVNT

Feeling called to ministry with Inner City Women's Ministries International?

Please click the link below to contact our Volunteer Coordinator.

[Request for Ministry info](#)

All glory to our God. ICWMI does not solicit for funds. Those who feel led to support may [contact us](#) or send a cheque.
All finances stay within the country in which they are donated.



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