

JULY 20, 2020

HORIZONS' NEWSLETTER

WE'RE "VIRTUALLY" STILL TOGETHER!!

EARLY LEARNING CORNER

MS. CHERYL

(PREK - GRADE 2)

1...2...3...4...5! Five weeks of Horizons! This week with Ms.

Cheryl we are going to use our reading and math skills to make a time capsule. Start thinking about what types of things you would like to include. 2020 has been a crazy year...school closures, social distancing, Horizons at Home...what will help us remember all this craziness? I have some ideas I'm going to share, but you need to watch this week's videos to find out! In the meantime, see if you can find an old shoe box, oatmeal canister, or other type of container to use for your time capsule.

Also, did you check out our pizza sequencing videos from last week? I want to see pictures of you making pizza! Send them to me at cheryl.horizons@gmail.com to get a copy of Ms. Cheryl's secret pizza sauce recipe! Until next week...see you in the videos!

MS. OLIVIA

Howdy Kindergarten Kiddos & Families

Oh. My. Goodness, week 5 already? Time is flying faster than Spiderman. Ms. Olivia here with week 5 of the Kindergarten Korner. And I have a lot in store for you. Beware of the Bossy R, he is coming to town. Bossy R is a silly name for our R-controlled words. Meaning, the bossy R controls the sounds of words as well as the vowel letters. At least he is nice enough to allow the vowels to go before him. Bossy Mr. R, am I right? [Check out Jack Hartman's video, workout with Bossy R.](#) Get up and get moving! I will also provide a video of it on the YouTube channel. Get fit & work hard!

Mrs. Less Than, Mr. Greater Than, and Ms. Equal to, join us as we compare numbers between 10 and 20. Grab some

construction paper and scissors, we will make our own giant symbols (<, >, or =). Mrs. Less Than looks like a giant L.

Mr. Greater Than looks like monster mouth, and Ms. Equal

to is our two lines! I show you how I did mine on the YouTube video. Just follow the "I do, WE do, and YOU do" sequence and BOOM you are a master of comparing! Use those listening ears. Be super strong learners, keep reaching. You are almost there.

Also, TUNE IN as I share one of my healthy go to snacks! Perfect snack for this hot, hot summer!

As always contact me VIA email @olivialewishorizons@gmail.com

With love,
Ms. Olivia

MRS. BREANNA

Week 5 of Horizons is here! Our summer is just flying by as usual, but I hope that you are enjoying it. Have you stopped to watch the sunset, or catch some lightning bugs, or catch some frogs? If you haven't, what are you waiting for? Get outside and enjoy how amazing it is! Maybe you have been able to go to the beach, or visit family, or maybe just go outside but I hope either way you are having a fantastic summer.

Well I have some fun things planned for week 5 in reading and writing. We are going to look at some new ways to recognize words, and have fun doing it. We will work on spelling and maybe even have some fun ideas that you can try at home with your family! I hope you guys are having a blast and just enjoying this beautiful summer!

MR. BRAYDEN

Happy week 5 of Horizons! This week, I will be showing you skip counting songs with 8's and 12's. I will then be showing you how to make a math puzzle using your dice and construction paper. What will it look like?

I will then show you two math games using a deck of cards that could be played by yourself and in a competition with a friend or family member. Make sure you check them out on YouTube and take a picture of your completed projects (I would love to see your math puzzles) to share with our Horizons friends. Have an awesome week!



THIS WEEK'S VIRTUAL FIELD TRIP

SAN DIEGO ZOO

Human Connection: For more than a century, people have flocked to the San Diego Zoo to discover animals. The Zoo connects people with wildlife to inspire a passion for nature. The Zoo and Safari Park are protected havens where breeding and caring for endangered species can help protect against extinction. They provide opportunities for animal behavior and health studies that would be difficult, if not impossible, to conduct in the wild. The results of these studies are shared with other zoos and wildlife parks, and help guide animal conservation efforts in field projects. The expertise of the animal care staff, veterinarians, nutritionists, horticulturists, and conservation scientists who work with our animals at the Zoo and Safari Park is an invaluable asset that can inform challenges animals face in the wild. Please enjoy visiting your favorite zoo animal up close and personal by live web cams through the provided link.

[Click here for the link to the Virtual Field trip website](#)

[Field Trip Introduction with Mr. Patrick](#)

(link is not active until Thursday)

INTERMEDIATE NEWS

MR. NIVEK

(GRADE 3 - GRADE 5)

MS. MARISA

HELLO!!! MY HORIZONS SCHOLARS!!!

Hopefully you enjoyed our unit on measurement connecting it to real world examples and enjoyed the self exploration using the Kindle and the Measurement Scavenger Hunt. Hopefully you enjoyed learning Some Numbers in Chinese in our Around the Way series! Did you all receive my postcard? Miss all of you!! This week we are approaching my favorite Math topic of all and that is Geometry! We are going to have some fun with Shapes and Figures and will be utilizing the Crayola Math Kit especially the Molding Clay!! Miss you all stay safe!

Hello Horizons!

This week, we will be investigating the wildlife that are native to the eastern shore of Maryland! It is going to be so exciting as we learn about the different species and hopefully see them with our own eyes!



MRS. RONNIE

Hello Horizon Friends at Home~ 🖐️ Keep up the Good Work !
Hope you are enjoying the video tutorials and Virtual Field Trips!

Things to look forward to this week...I will be sharing the following tutorials:

- * Checking for information recall and comprehension of our One School One Book -During (ch. 6 & 7) Question & Answer segment of 'Stone Fox' 🐕
- * Continue to learn Healthful strategies related to the '5 Aspects of Health'...
 - * Physical Health/Activity. 🏃🏃
 - * Different types of Poems for all my Poets.
 - * Storytime...with a surprise guest!

UNTIL NEXT TIME...



MIDDLE SCHOOL MEDIA

(GRADE 6 - GRADE 8)

STEM WITH MR. CARTER

What an incredible fourth week of summer at Horizons! I hope everyone had an INCREDIBLE week. Let's continue to have fun and make the most of this summer! This upcoming week look out for videos about how to track wild sea animals in the ocean, most populated cities in the world, stars you can find in the night sky, the most northern & southern points in the USA, & the smartest animals found on Earth. Let's have a great week!

READING AND WRITING WITH MS. MARY

This week we will be doing another writing activity using a famous work of art. We will also be looking at the poetic devices rhyme and meter and diving into Slam Poetry. Stay safe and continue to be awesome!

MATH WITH MR. MIKE

This week we will explore some math involving a kid's pool, playing basketball, and money. I also have my 2-year-old son motivate you to stay active.

Video 1 – Math in filling up a kid pool

Video 2 – Some Math in Basketball

Video 3 – Math with Money

Video 4 – Stay Active

STONE FOX - THE IDITAROD

The race is about to begin! Are you excited to find out who wins? Little Willy is going to have to work hard to beat Stone Fox, the undefeated champion. Do you think he can do it?

Dog sled races are still popular events to this day. The most popular dog sled race in the world is called the Iditarod. The Iditarod draws dog sled races from all over the world to Anchorage, Alaska in early March. Competitors race from Anchorage to Nome, Alaska on a trail that is cold, wet, and snowy. Depending on the year, the path mushers (racers) take is between 975 and 998 miles long, but can change to about 1,100 miles due to bad weather conditions! This race usually takes more than 10 days to complete, and competitors have to be very strategic about their schedule. Otherwise, they might lose the race! This year, Thomas Waerner won the Iditarod for the very first time. It took him **13 DAYS** to complete the race!

[CLICK HERE TO FIND OUT MORE ABOUT THE IDITAROD](#)



KEEPING IT HEALTHY WITH NURSE CHRISTA

Hi there Horizons at home Family!!!

AHHHH -----CHOOOOOOO!!!!!!!

Seasonal Allergies got you down? YUP me too!!! Millie the dog as well!!!! We have the sneezes, the watery eyes and the runny nose!!

What is an allergy?

The term "allergy" is used many ways, sometimes loosely, as with many people who say they are allergic to something if it makes them feel unwell in any way. The clinical definition of an allergy, however, is hypersensitivity (abnormal sensitivity) to a foreign substance (allergen) that is normally harmless. An allergic reaction is the body's way of trying to get rid of an allergen. Some of the more common allergies include hay fever; allergic asthma; eczema in infants; drug allergies; and food allergies. Hereditary factors are thought to play a role in the development of allergies. An allergy is different from an intolerance. For example, a food intolerance may be caused by a lack of a specific substance in the body, whereas an allergy is caused by an immune response by the body.

What are the symptoms of allergic reactions?

People respond to allergies in different ways and the symptoms vary depending on the type of allergy. Hay fever is a common allergy that causes a variety of symptoms, including a runny or stuffy nose, sneezing, and eye symptoms such as watering, redness, itchiness or a gritty feeling. Allergies can also cause asthma-type wheezing in the chest. Most asthma-type reactions cause narrowing of the airways, which makes breathing more difficult.

An allergic substance may cause a serious, immediate reaction known as anaphylaxis. This can happen in response a drug, bee or wasp stings, or in rare cases to certain foods such as nuts or shellfish. Symptoms of anaphylaxis occur very suddenly and can include the following: generalized swelling; swelling of the throat causing difficulty in breathing; asthma symptoms; itchy rash; and faintness and unconsciousness due to low blood pressure. Anaphylaxis can be life-threatening and requires immediate emergency treatment.

How are allergies treated?

Antihistamines are used to treat allergic reactions. These drugs work by blocking the action of histamine, a substance that is produced by the body in response to an allergen and that causes the allergic reaction. Antihistamines are particularly useful in the treatment of hay fever symptoms. They are also given to relieve itching and irritation of the skin (such as hives) and for mild acute allergic reactions.

Nonsedating antihistamines are also available. These include cetirizine (Zyrtec), desloratadine (Clarinex), fexofenadine (Allegra), levocetirizine (Xyzal), and loratadine (Claritin). Antihistamines are available as tablets and/or liquid. Some antihistamines can be purchased from a pharmacist without a prescription.

Anaphylactic reactions require immediate treatment, usually with a combination of antihistamines and epinephrine given in an injection form. People who have a known allergy that can result in anaphylaxis (such as those with bee-sting or peanut allergies) should carry the drug with them at all times (in the form of a prefilled injector—Auvi-Q/EpiPen). The prescribing doctor can provide a letter describing the allergy and the medical necessity of having the injector available at all times, including on an airplane.

Further Information National Institutes of Health: <http://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0001815/>



NEWS FROM THE "OFFICE"

LET'S TALK "RESPECT"

Hello Horizons friends, this week we will be focused on the character quality of Respect. We will have fun exploring how Respect is incorporated into our everyday lives. You will experience first hand how our lives are affected with and without the character quality of Respect.

By the end of the week my hope is that you will truly understand the power within each and every one of us to promote Respect. Don't forget, you can find out Let's Talk lessons on the **Enrichment Channel!**



READING NOOK WITH MISS DANIELLE AND MISS LAURA

With Miss Danielle we are going to make text to self connections for comprehension as well as practice blending CVC words. Miss Danielle is also going to share two strategies for retelling a story and there will be a new Kiwi Co video!

In Miss Laura's videos this week, we will be having fun with reading! For the younger grades, we will continue to learn about short vowel sounds, and read a book called I Can Do It, which is all about perseverance! For the older grades, we will read about a famous artist named Frida Kahlo and focus on Theme and shades of meaning. Can't wait to share all the fun videos with you!

USEFUL LINKS

["Horizons' at Home" YouTube Channels](#)

[ABCya.com](#) - Educational Games

[Khan Academy](#) - Math Resources

[GoNoodle](#) - Movement/Mindfulness

[PBSkids](#) - Fun and Educational Games and Videos

[NatGeo Kids](#) - STEM fun

[Kent County Public Library](#) - Rent FREE Kindle Books

UPCOMING EVENTS

OSOB CHAPTER EIGHT - "THE DAY"	07/20
OSOB CHAPTER NINE - "THE RACE"	07/22
VIRTUAL FIELD TRIP - SAN DIEGO ZOO	07/23

IT'S YOUR BIRTHDAY!!

THIS WEEK WE CELEBRATE:

ADRIANNA ARNOLD
HONESTI BLAKE
TAVIA JOHNSON



Don't forget to send us pictures of your participation in "Horizons at Home"! See last weeks newsletter for raffle information!

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