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**SCALE**  
*Aphasia Program*  
THE LEAGUE

## Our Mission

- Provide a place to connect
- Communication groups
- Re-engage in community
- Educate, support families
- Raise public awareness and understanding of aphasia

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## RECOVERY PATHWAY & BEYOND



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## LIFE PARTICIPATION APPROACH TO APHASIA (LPAA)

- Choice and personal goals
- All those affected by aphasia are entitled to service
- Participate fully in life
- Maximize communicative potential
- Reduce barriers in the community
- Maximize well-being and quality of life



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**SCALE MEMBERS**

45 individuals receive services  
 Age range: 22-81 years old  
 Average membership: 6 years

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**IN PERSON AND ZOOM**

- 36% Baltimore city
- 38% Surrounding counties
- 18% Outling counties
- 6% Other States
- 2% Other countries



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Difficulty understanding    Difficulty reading  
 Difficulty Speaking    Difficulty writing  
**APHASIA**  
 Language Disability Caused By Brain Injury



**Monday  
Tuesday  
Wednesday  
Thursday**

**In Person and Zoom  
Aphasia Communication Groups  
4 days per week**

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## BENEFITS OF APHASIA GROUPS

- Improve communication
- Connect with others
- Socialize
- Stay positive
- Make friends
- Improve well being

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# GROUPS

## Language Groups

Language

Apraxia

Writing

ToastMasters

Improv

## Topic-Based Groups

Big Game

Poetry

Pop Culture

Bible Study

Travel

## Social Groups

Art

Exercise

Qi Gong

Wellness

Strategies

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# SCALE ADVOCATES



Myrvin Anthony



Dayquan Hayes



Jane Hannon



Brian Cameron

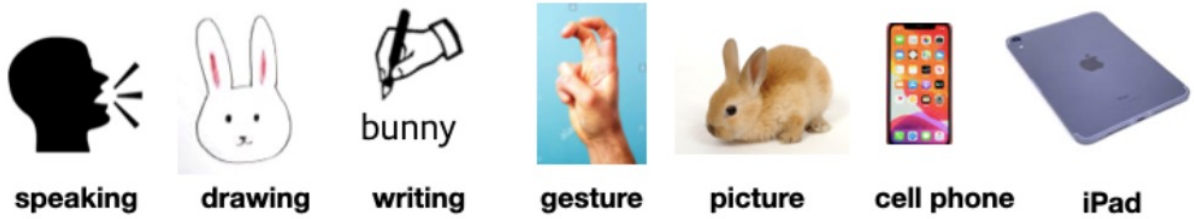


Judy Crane

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## Communication Tips for People with Aphasia and Caregivers

Use a combination of communication strategies:



- BE PATIENT
- Do not yell. Aphasia is not a hearing problem.
- Speak slowly.
- Ask yes/no questions.
- Use photos, pictures, calendars.
- Provide choices or options.
- Encourage pointing and gesturing.
- Allow plenty of time to respond.
- Have pen and paper handy.
- Have communication board/device available.

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### SAMPLE SCHEDULE





Time	Virtual Monday	Tuesday		Wednesday		Thursday
10:00	Brick by Brick Table Topics	Conversation ToastMasters	Qi Gong	Pop Culture Wellness		Improv Conversation
11:00	Language ToastMasters	Improv Apraxia	Conversation	Art Language People's Court	Virtual Exercise	Art Table Topics
12:00 LUNCH						Bible Study
1:00	Writing Book Club	Big Game Pop Culture		Good News Apraxia Exercise		Conversation Language Poetry
2:00	Apraxia	Big Game Aphasia Speak Out				

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<h1>VIRTUAL GROUPS</h1>	<b>Conversation</b> 	<b>Table Topics</b> 	<b>Language</b> 	<b>Toast Masters</b> 	<b>Writing</b> 
	<b>Book Club</b> 	<b>Big Game</b> 	<b>Advocacy: Speak Out Aphasia</b> 	<b>Bible Study</b> 	<b>Apraxia</b> 

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## SCALE MEMBERS TRAIN STUDENTS

<ul style="list-style-type: none"> <li>• <b>Towson University</b> <ul style="list-style-type: none"> <li>• Graduate SLP students</li> <li>• Graduate OT students</li> <li>• Ph.D. OT students</li> </ul> </li>   <li>• <b>Loyola University</b> <ul style="list-style-type: none"> <li>• Graduate SLP students</li> </ul> </li> </ul> <div style="text-align: center; margin-top: 20px;">     </div>	<ul style="list-style-type: none"> <li>• <b>Johns Hopkins University</b> <ul style="list-style-type: none"> <li>• Pre-med students</li> <li>• Cognitive Linguistics students</li> <li>• Ph.D students</li> </ul> </li>   <li>• <b>University of Maryland</b> <ul style="list-style-type: none"> <li>• Graduate Social Work Students</li> </ul> </li> </ul> <div style="text-align: center; margin-top: 20px;">     </div>
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**ANY QUESTIONS?**

**LEARN MORE ABOUT SCALE!**

**Lisa Thornburg**  
**410-323-1777**

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**Aphasia:**

A language disorder which affects the expression and understanding of spoken language, reading and writing. Aphasia does not affect intellect.

**Top 10 Tips**

Speak slowly  
Provide choices  
Ask yes/no questions  
Use shorter sentences  
Allow time to respond  
Do not speak for the person  
Use pictures, gestures, writing  
Verify you have understood  
Do not pretend to understand

**BE PATIENT**